



PRAGATI

JÑĀNA | SAMSKARA | UDBHAVANA
2025-26

Poomaprajna Education Centre
www.krishnanagar.ppec.edu.in

PRAGATI

EDITORIAL

The word Pragathi symbolizes growth, change, and continuous improvement. Progress is not always about big achievements; it often begins with small steps, simple ideas, and the courage to try something new.

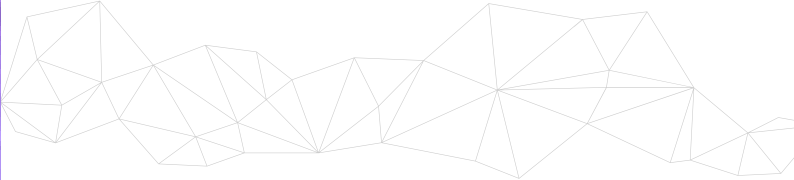
This magazine reflects the creativity, imagination, and hard work of our students and teachers. Every poem, story, drawing, and article is a reminder that learning goes beyond the classroom.

In a world that is constantly changing, it is important for us to remain curious and open to knowledge. When we share ideas and encourage one another, we create an environment where everyone can grow. May Pragathi inspire us to think creatively, work hard, and believe in our ability to make a positive difference. Let this magazine be a celebration of our journey toward knowledge and progress.

We express our heartfelt appreciation to the management, teachers, editors, and students who have worked tirelessly to bring out this magazine. Let this publication inspire us to uphold our values, strive for excellence, and contribute meaningfully to society. We wish our readers an enriching and enjoyable reading experience.

Happy Reading!

अमृतं तु विद्या



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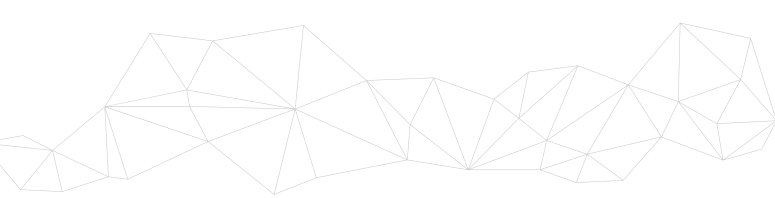


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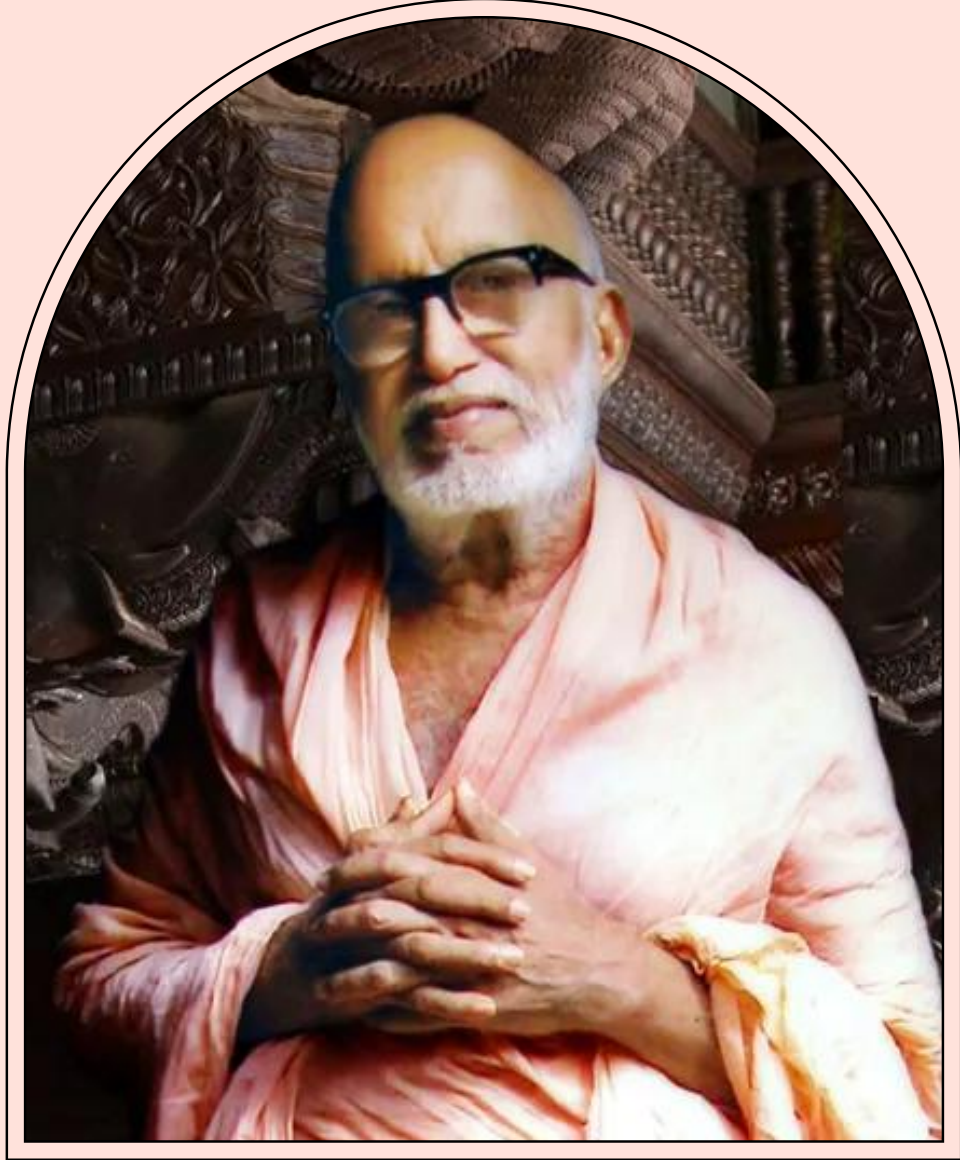
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Primary Section

High School Section

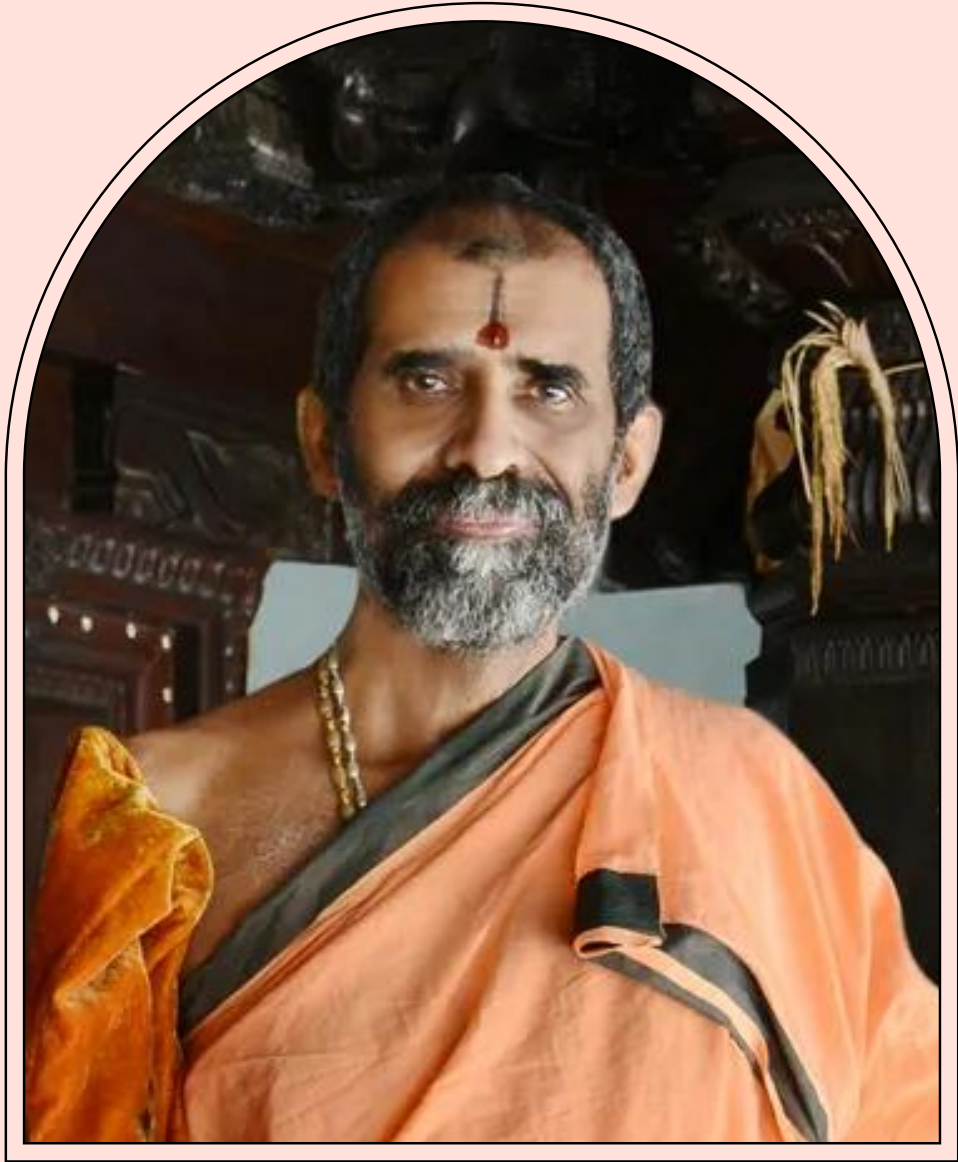
Individual
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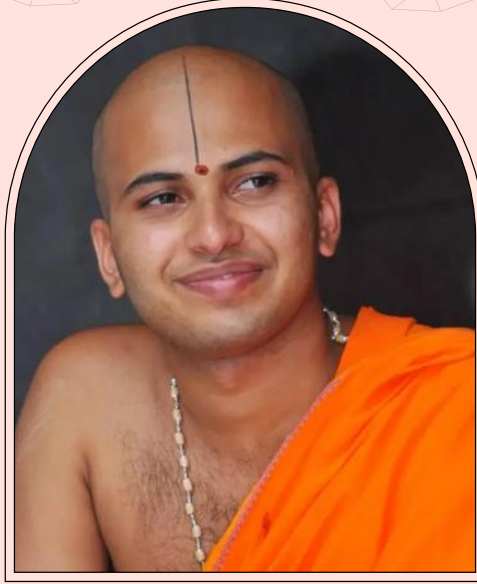
H H Sri Sri Vibhudesha Theertha Swamiji

Founder
Udupi Shree Adamaru Matha Education Council
(USAMEC)



H H Sri Sri Vishwapriya Theertha Swamiji

Former President, USAMEC



H H Sri Sri Eeshapriya Theertha Swamiji

President, USAMEC

॥ Hare Krishna ॥

Why do we get angry? Have we ever paused to reflect on why we get angry? There's a meaningful Sanskrit verse from the Bhagavata Purana that sheds light on this:

क्षुत् तृषा त्रिकालगुणमारुतजैहव्यशैश्न्यात्
अस्मादपारजलधरतितीर्य केचित् ।
क्रोधस्य यान्ति विफलस्य वशं पदे गोः
मज्जन्ति दुष्यचरिताः च वृथोत्सृजन्ति ॥

People can endure hunger and thirst, overcome the influence of the three guṇas (modes of nature), restrain the cravings of the tongue and the body, and even cross the vast ocean of worldly existence through intense penance. Yet, in the end, they may succumb to anger—something as seemingly insignificant as the water collected in a cow's hoof print. Just imagine: having crossed the boundless ocean of worldly desires, some seekers still drown in the tiny puddle of anger. In that single moment, they lose the fruits of years of penance, sacrifice, and spiritual discipline.

Our daily lives are filled with endless wants—hunger, thirst, desires, and cravings. Overcoming them requires tremendous effort and self-control, much like crossing a vast ocean. Wise people undertake this difficult journey and succeed in restraining their desires through discipline and spiritual practice. However, even after attaining such self-mastery, many fall prey to anger. That brief flash of rage is enough to destroy the results of years of spiritual effort. Such is the destructive power of anger. During the rainy season, rainwater gathers in the small impressions left by cattle hoof prints. How much water can a cow's hoof print hold? Only a tiny amount. Yet scriptures and saints tell us that even great sages who are capable of crossing vast oceans can be overwhelmed by the little water held in a cow's footprint. What does this small amount of water symbolize? It represents anger. Even a little anger can destroy the fruits of one's penance, devotion, and spiritual practices. Therefore, anger is never beneficial.

Let us reflect on whom we become angry with. Often, it is our teachers, parents, and elders—those who genuinely care for us. They do not correct us without reason. Their guidance is meant for our welfare and growth. If we wish to prosper in life, we must learn to listen to them and follow their advice.

Instead of giving in to anger, let us use our time wisely. After fulfilling our responsibilities, we can pursue our interests with the encouragement and support of our elders. Let us work calmly and with dedication, study joyfully, and cultivate good habits. Even simple practices such as keeping our surroundings clean, staying organized, and maintaining discipline contribute to our growth. Let us also practice yoga and exercise to remain healthy and balanced.

Finally, let us pray to our beloved deity, Chaturbhuja Kāliyāmardana Shree Krishna, and seek His blessings so that we, along with everyone around us, may live in happiness, harmony, and peace.



Shailesh Gambhir

Honorary Secretary

Continuing Our Journey of Growth

Every academic year presents us with new opportunities to reflect on our progress and strengthen the foundations of our institution. Over the past year, it has been encouraging to see our school continue its journey of development while remaining committed to the values that define quality education.

We have taken meaningful steps to enhance both our infrastructure and the learning environment available to our students. Initiatives aimed at improving facilities and incorporating modern teaching tools have helped make classrooms more interactive and engaging. These developments are part of our ongoing effort to ensure that students receive an education that prepares them for the evolving world around them.

At the same time, the true strength of our institution lies in its people. The dedication of our teachers, the enthusiasm of our students, and the unwavering support of parents and well-wishers together create a positive and vibrant academic community. Their collective efforts play a vital role in shaping an environment where learning flourishes.

As we look ahead, our commitment remains focused on nurturing young minds with knowledge, values, and confidence. With continued collaboration and support from everyone associated with the school, I am confident that we will keep building on our achievements and guide our students toward a bright and promising future.



Ramdas Upadhyaya Karinje

Honorary Joint Secretary

The Strength of Hard Work and Practice

It is a privilege to be part of an institution that constantly works towards shaping the future of its students and providing them with the right environment to learn and grow.

One lesson that holds true in every stage of life is the value of hard work and regular practice. Success rarely comes from talent alone. It is the effort we put in every day, the time we spend practising, and the determination to improve that truly make the difference. For students, this habit becomes especially important. Whether it is studying a subject, learning a sport, or developing any skill, consistent practice builds confidence and strengthens abilities. Even small improvements made each day eventually lead to meaningful progress.

As members of this educational community, it is our collective responsibility to encourage students to value hard work, remain curious, and approach every opportunity with determination. When young minds learn to appreciate the rewards of consistent effort, they develop qualities that will guide them far beyond the classroom.

I encourage our students to approach their learning with dedication and patience, and to remember that steady effort always yields lasting results. With perseverance and sincerity, they will surely achieve great things in the years ahead.





Tejaswi Ballary

Principal

Dear Students,

You are the architects of tomorrow. Embrace learning with curiosity, act with integrity, and carry forward the values that define our culture. Respect for tradition and care for the environment are not separate duties but parts of the same promise—to protect what we inherit and improve what we pass on.

Our school offers more than lessons and sports; it shapes character. Be disciplined in study, generous in friendship, and courageous in trying new things. Small daily habits—listening to others, helping a classmate, reducing waste, planting a sapling—build a life of purpose and influence.

Teachers and parents guide you because they believe in your potential. Listen to their wisdom, accept feedback, and act responsibly. Responsibility is not a burden but a pathway to leadership and trust.

Keep your mind open, your heart kind, and your actions consistent. Let education make you not only knowledgeable but also compassionate, creative, and committed to the common good.

With best wishes for your growth and success.

Warm regards.





Thejeswari Anand

Head Mistress, Pre-Primary

The early years are precious as a child is achieving one growth milestone after another and growing leaps and bounds. The brain of a child is also growing at a very fast pace, which is why it becomes essential to lay a strong foundation in the formative years.

The groundwork for a good social performance and exploring creativity begins long before children enter formal school. Children in the early years need time to play and be physically active, they need to be provided with constructive and a holistic learning environment where their curiosity is lead not just by way of knowledge but also by positive experiences.

Education is the process of facilitating learning, acquisition of knowledge, skills, values, beliefs and habits and Education plays an important role in shaping an individual's life. . A dedicated team of teachers, administrative staff, co-operative parents and management imbued with great vision form a full team making an endeavour to achieve the above. We believe in leaving no stone unturned as "Education is not just preparation for life but Education is life itself".

I sincerely express my gratitude to the parents who have put their faith in us to educate their children. This brings with it tremendous responsibility and assure you that we are doing our best to live up to your trust in us. We aim to still value our children so that they grow up to be good human beings and responsible citizens.

Together, let's teach them the importance and value and attributes like kindness, honesty, generosity, humanity, optimism, perseverance, tolerance, and more. So that they create a beautiful world around them and together so we can make a difference.

SSLC Toppers 2024-25



ATHEETH RAI
KANWATHEERTHA
(617, 98.72%)



DHEERAJ K
(615, 98.40%)



RASHMIKA K R
(615, 98.40%)



PREKSHA P
(615, 98.40%)



NAYANA L YADAV
(615, 98.40%)



HARSHITHA N
(612, 97.92%)



NAYANA S
(607, 97.12%)



JEEVITHA SHREE S
(604, 96.64%)



POOJA J
(597, 95.52%)



PUSHTI
(595, 95.20%)



ANUSHREE
(588, 94.02%)



B A ANANYA
(587, 93.92%)



PREETHAM V
(584, 93.44%)



TANMAYI P D
(581, 92.96%)



VARSHA S
(581, 92.96%)



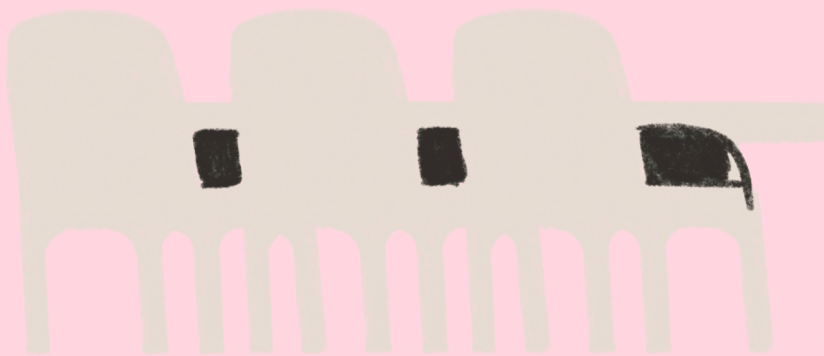
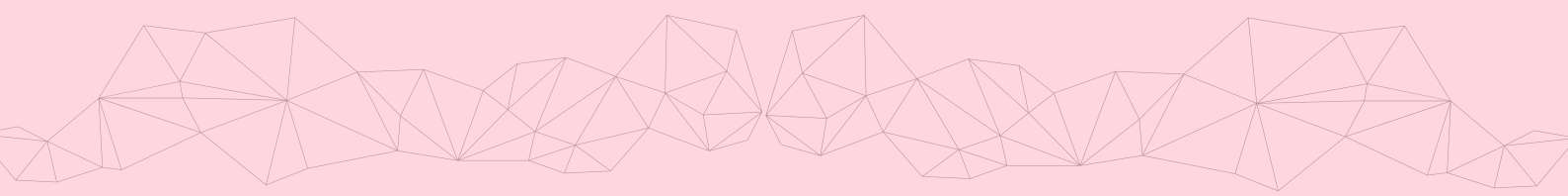
SHRAVYA U
(581, 92.96%)



APEKSHA S
(576, 92.16%)



AYAN M
(568, 90.88%)



pre
primary
section

My Favourite Fruit

My favourite fruit is Apple. I love apples more than any other fruit! They are round, juicy and very tasty. Apples come in different colours like red and green. I like the red ones the most because they are sweet and crunchy. I eat apples every day in the morning, in my lunch box. and sometime after dinner too. Apples Keep me healthy and happy. That's why apple is my most favourite fruit!

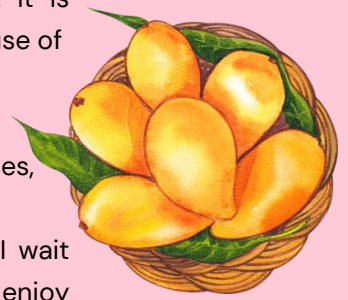
–Sadvin S, Nursery



Mango is my favourite Fruit. It is called the King of Fruits, because of it's sweet taste, bright colour, and wonder full aroma.

Mangoes come in many varieties, such as Alphonso, Badami, Totapuri etc. Every Summer, I wait eagerly for mango season to enjoy this delicious fruit.

Mangoes are juicy and full of flavour. My mother prepares many tasty dishes with mangoes like mango milkshake, ice cream, jam and pickle. I also enjoy fresh mango slices after lunch. Mangoes are rich in Vitamin A and Vitamin C, which keep our eyes and skin healthy. I love mangoes not only for their taste , they make summer more joyful. Truly, mango is the most delicious!



My Favourite Subject

My favourite subject is Kannada because it is my mother tongue. I love to read Kannada books. I am learning to write Kannada at school and I practice at home. Writing and reading Kannada makes me feel happy. Kannada language makes me happy

– Srilakshmi S Kyadiggeri, Prep II B



My Favourite Book

My drawing book is my favourite book because I love to draw and colour. I fill it with my own pictures. I like to draw different things like animals, flowers, and houses. Drawing is my hobby, and I use my drawing book to practice and create my art. When I draw, I feel happy and creative. My drawing book is where all my creations live.

– Abhay S Kyadiggeri, Prep I



My Favourite Book

My favorite book is my Drawing and Colouring book. It is the book I love the most because it has many beautiful pictures that I can colour. Every page has something different like flowers, animals, toys, and fruits. When I open the book, I feel very happy because I know I can make the pictures look bright and nice with my crayons.

I enjoy spending time with my drawing book every day. I like choosing my favorite colors and filling the pictures slowly and neatly.

Sometimes I draw my own small shapes and designs on the sides of the page. My favourite picture in the book is the butterfly because I can colour it with many colors like pink, blue, yellow and purple.

My drawing book helps me learn new things. I learn the names of animals, the shapes of fruits, and many new colors. It also makes me calm and peaceful when I sit and draw. My parents always smile when I show them my drawings, and that makes me feel proud.

I like reading and seeing the pictures in my drawing book again and again. It is the book that makes me creative and happy. That is why my drawing and colouring book is my most favourite book.

–Bms Brahmini Vasundhara, Prep I



The place I want to visit – Udupi

I want to visit Udupi. My parents told me it is a very beautiful place. I want to see the cute little Krishna (idol). I want to see Krishna in Rathotsava. I want to play and have lots of fun in the beach. I enjoy eating yummy Udupi food.

I will be very happy when I go to Udupi!

–Srissha Devanahalli, Prep I

My Favourite Season

My favourite season is the rainy season. I love to see the dark clouds in the sky. When it rains, everything looks fresh and clean. The trees become green and beautiful. I like to wear my colourful raincoat and carry my small umbrella. I enjoy jumping in rain puddles with my friends. The weather becomes cool and it feels very happy. The rainy season gives us water to drink, helps plants grow, and keeps the Earth cool. This is why the rainy season is my favourite season.

– Aarohi Naveen, Prep II A



My Favourite Toy

My favourite toy is a doll. It looks very beautiful. I have a cute doll. It is wearing a pink frock. Its hair is curly and black. Its eyes are black. I love my doll.



–Manasvi Gowda, Prep II



My Favourite Sport

My favourite sport is cricket. It is played with a bat and a ball.

There are four types of players in cricket.

They are known as the batsman, the bowler, and the wicket-keeper and an all rounder. Cricket is a very powerful game it needs to be practiced daily to play well and it is a very interesting game.

Virat Kohli is my favourite cricketer.

–Yeshwin Teja, Prep II

A Fun – Filled Picnic

Last week, I went on picnic with my mom, dad and brother to the Park. My mom packed yummy sandwiches, fruits, and juice which was very tasty and yummy. And we played games like –Hide and Seek and Cricket with my family. We laughed, sang songs and had a blast with my family. It was a wonderful day filled with loads of fun.

– Hansith M, Prep II



I Love Orange

Orange is my favorite fruit.

Orange is orange in colour.

Orange is very yummy in taste.

I eat it every day . It's good for health.

Orange has vitamin C and fibre.

–Dhawal Mittal, Nursery



My Family

I have a wonderful family, and I love all my family members. There are four members in my family. All my family members love, respect, and care for each other. My family helps me become a good person. They always support me. My mother tells me interesting stories. We eat dinner together every night and love spending time with each other. We celebrate all festivals like Diwali and Rakhi with great joy. I love my family. I promise to be a good and loving member of my family.

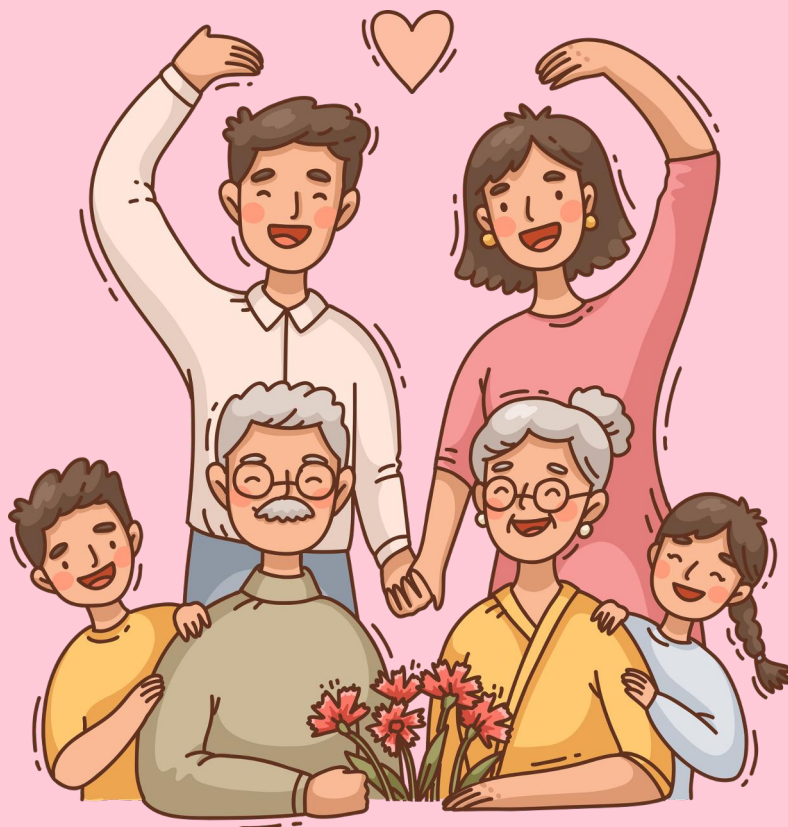
–Sahasra Goka, Prep II B



Parents

My parents are the most important people in my life. They love me unconditionally and always support me. My mother takes care of me and makes delicious food for our family. My father works hard to provide us with everything we need. My father's name is Shekar. My mother's name is Monisha. My parents are the best gift God has given me. They make my life simple and easy. My father is my real hero. They encourage me to do my best in everything I do.

–Dhanvi, Prep I



Why I Love My Family

I love my family because they make me happy and loved. Even though we are different, we always stick together like a team.

–Dhriti S D, Prep 2 II

Brihadeshwara Temple

The 1000-year-old temple defies gravity, sunlight, and time. It's an engineering miracle far ahead of its era. Built in 1010 AD by Raja Raja Chola I, the temple's shine is crowned with a 13-storey pyramid tower called the Vimana, standing 216 feet tall. The topmost part, the Shikara, is made of a single granite block weighing about 80 tons.

The engineers didn't use cranes; instead, they built a massive earthen ramp nearly 6 km long, and elephants pulled the stone up to the Shikara, leveraging the pyramid's shape and precise orientation.

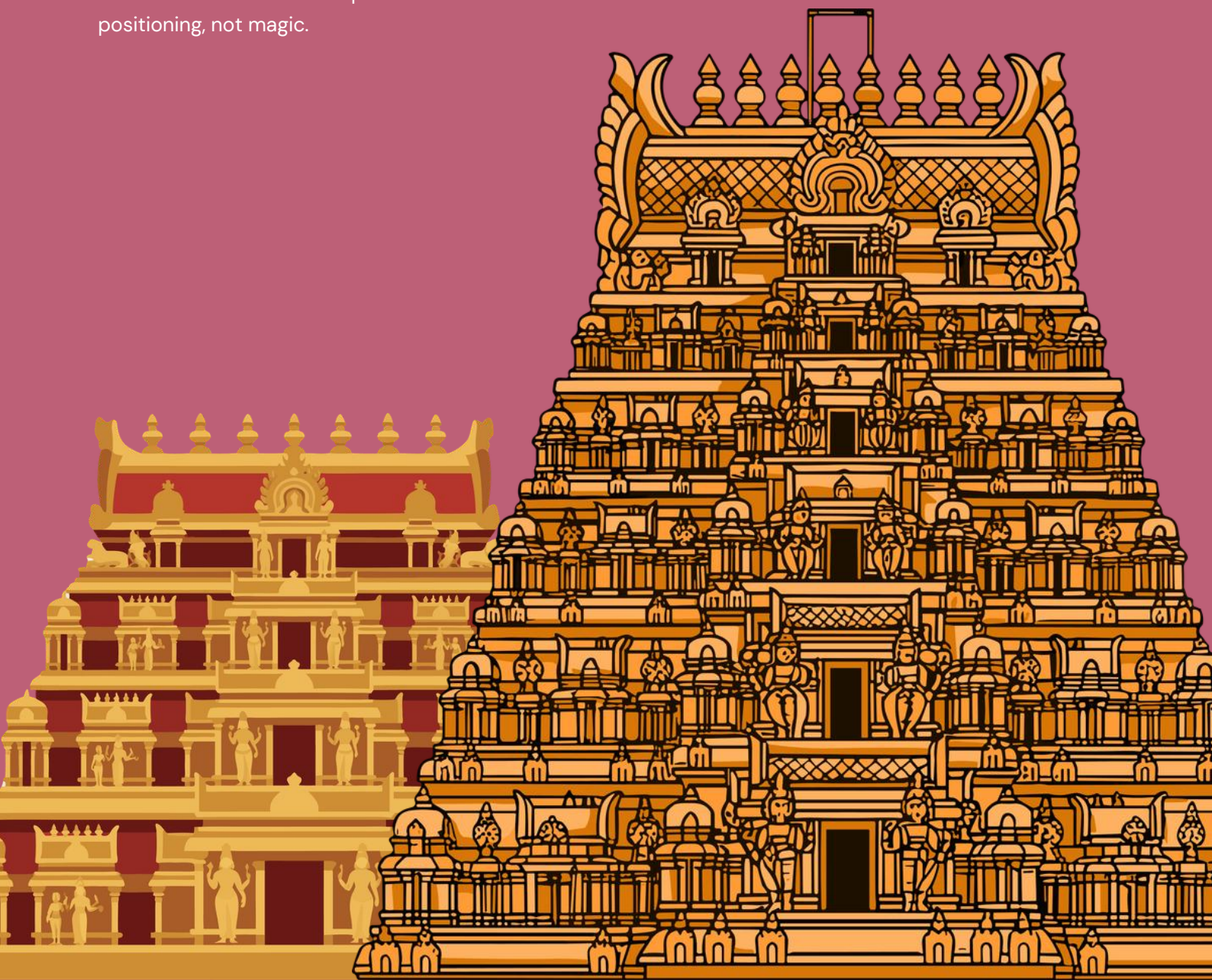
The temple's shadow mostly falls within its base, creating the illusion of a "Floating Shadow" – a result of architectural precision and solar positioning, not magic.

The entire temple is constructed using 130,000 tons of granite, with the Vimana base alone weighing 43,000 tons. These stones were transported from long distances without mechanized transportation – a remarkable feat.

Inside the complex stands a gigantic Nandi bull carved from a single stone weighing over 25 tons. The massive stone Linga is 9 feet high and considered the second-biggest in India.

This is the world's first temple made entirely of granite, surviving 6 massive earthquakes and 1000 years of storms, yet standing perfectly vertical.

–Mrs. Sheela



Where Play Needs Learning

Early childhood is the most important stage in a child's development, where learning should be joyful, meaningful, and engaging. In pre-primary classrooms, Activity Based Teaching has become an effective method to help children understand concepts through hands-on experiences rather than rote learning.

Activity Based Teaching focuses on learning through play, exploration, and participation. Young children are naturally curious and active learners. They enjoy touching, moving, building, drawing, singing, and experimenting with things around them. By involving children in activities such as puzzles, storytelling, role play, clay modelling, colouring, and group games, teachers make learning more interesting and enjoyable.

Through these activities, children develop important skills like observation, problem-solving, creativity, communication, and teamwork. Simple activities such as sorting objects, matching pictures, building blocks, or identifying colors and shapes help in strengthening their cognitive and motor skills. It also encourages children to think independently and express their ideas confidently.

Activity Based Teaching supports social and emotional development as well. When children participate in group activities, they learn how to share, cooperate, wait for their turn, and respect others. This helps in building positive relationships and good classroom behavior from an early age.

Moreover, this method creates a stress-free learning environment where children feel happy and motivated to learn. It allows teachers to understand each child's learning style and provide individual attention whenever needed.

In conclusion, Activity Based Teaching transforms the classroom into a lively learning space where education becomes fun and meaningful. It lays a strong foundation for lifelong learning by nurturing curiosity, creativity, and confidence among pre-primary children.

–Mrs. Gayathri



The Power of Mindful Eating

In today's fast-paced world, meals are often rushed, eaten on-the-go, or multitasked. We're so caught up in our busy lives that we forget to truly nourish our bodies and souls. But sitting down to eat calmly is a simple habit that packs a punch. This age-old tradition, rooted in Indian culture, encourages us to slow down, appreciate our food, and connect with others.

Benefits of Mindful Eating

- Nourishes body & soul
- Strengthens bonds
- Cultivates discipline

The Indian Tradition

In Indian culture, food is considered sacred and is eaten with gratitude. Families traditionally sat together for meals, creating a sense of togetherness and bonding. This tradition teaches children important values like patience, good manners, and respect for others.

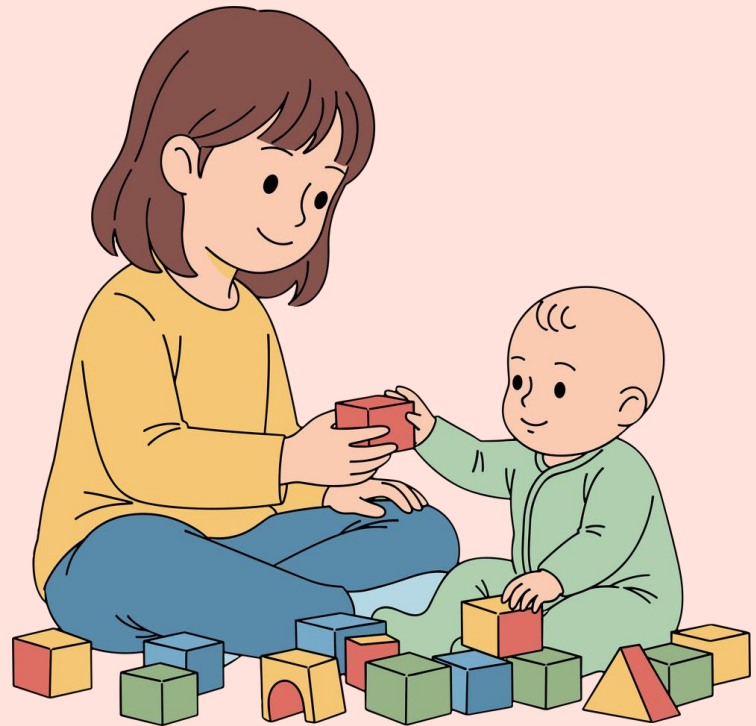
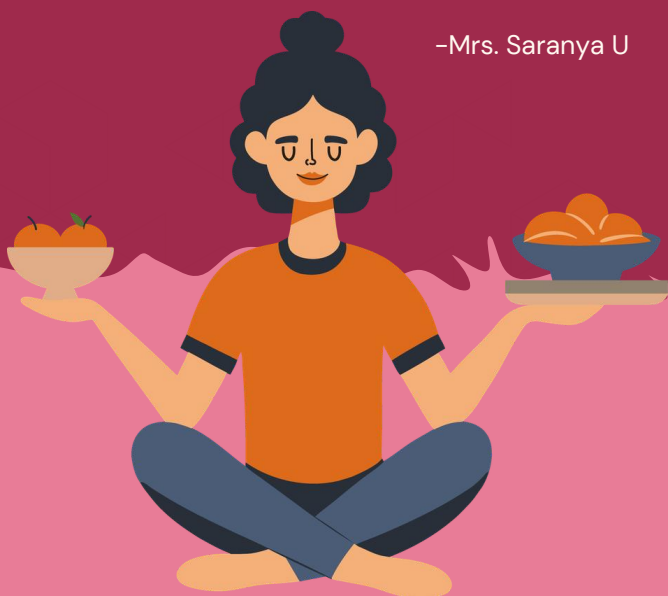
Making Mindful Eating a Habit

So, how can we make mindful eating a part of our daily routine? Start by setting aside dedicated time for meals, free from distractions like TV and phones. Take a few deep breaths before eating, and savor each bite. Chew slowly, and enjoy the flavors and textures of your food. Make mealtime a special occasion, and invite family and friends to join you.

Let's ditch distractions and savor each bite. Make mindful eating a habit and reap the benefits!

By practicing mindful eating, we can lead healthier lives and grow into responsible and mindful individuals. Let us all promise to follow this simple rule and encourage others to do the same.

—Mrs. Saranya U



Importance of Early Childhood Education

Early childhood education is all about nurturing young minds from birth to age six. This phase is super important as it lays the foundation for future learning and development. A child's environment and experiences from birth plays a huge role in shaping their growth, learning, and development. It's like they're sponges soaking up everything!

Early childhood education lays the groundwork for essential life skills like socializing, problem-solving, and creativity. These skills become a strong base for future learning and success. Early exposure to stimulating, enriching activities wires the brain for better learning, focus and resilience later on. It's awesome to see kids grow into capable, happy individuals.

—Mrs. Suma S



Good Manners Make Us Shine

Good manners are the foundation of a child's character. They reflect respect, kindness, and discipline in everyday life. Teaching good manners from an early age helps children grow into responsible and caring individuals.

Simple words like "please," "thank you," and "sorry" are often called magic words because they create a positive impact. When children use these words regularly, they learn to value others' feelings and build healthy relationships with friends, teachers, and family members.

Good manners are not only about words but also about actions. Greeting elders, listening attentively, sharing with others, and helping those in need are all important habits.

These small acts make a big difference in creating a happy and friendly environment both at home and in school.

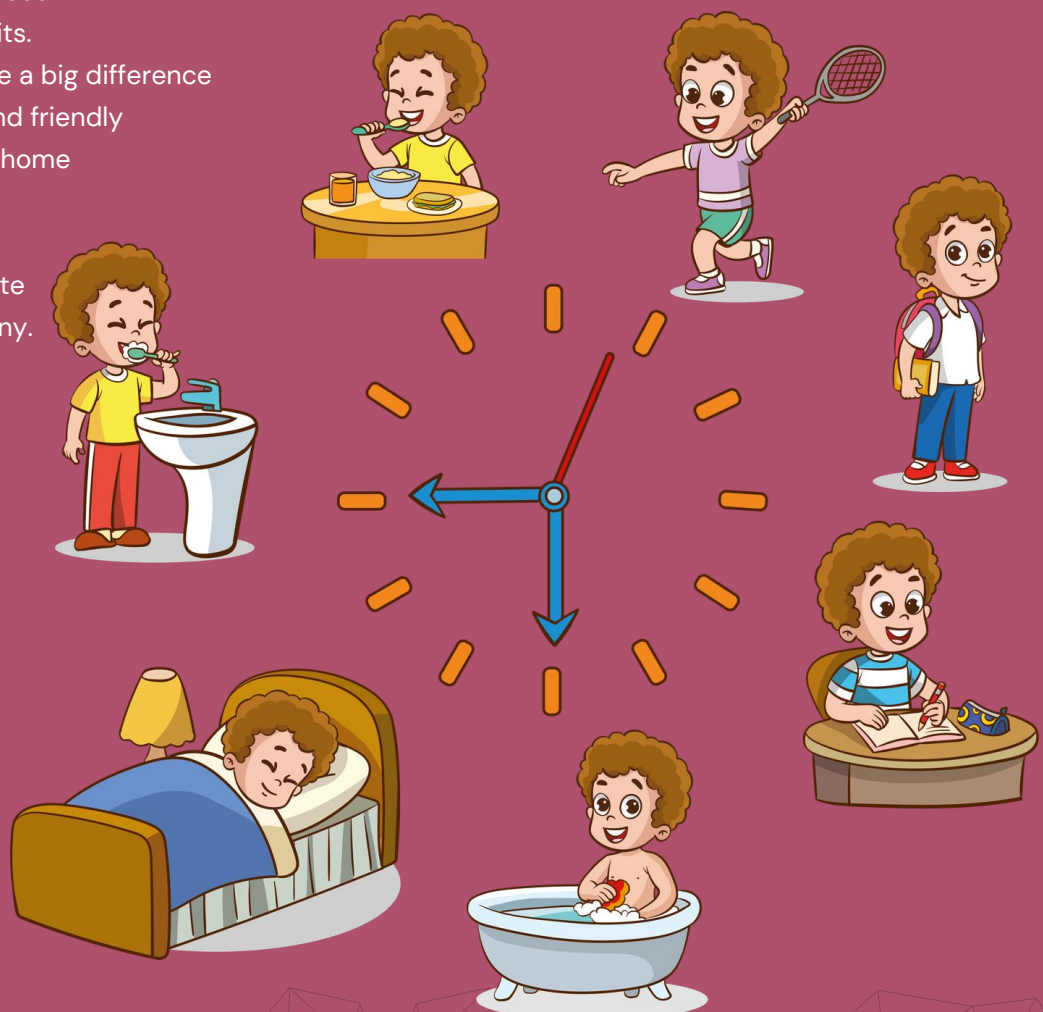
In the classroom, good manners promote discipline and harmony.

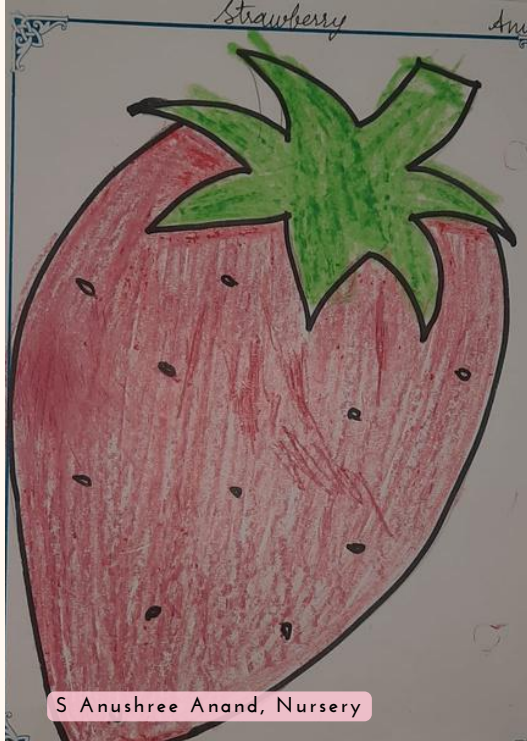
Children who practice patience, wait for their turn, and respect rules contribute to a peaceful and joyful learning space. It also encourages mutual respect among peers.

Parents and teachers play a key role in nurturing these values. By setting a good example and guiding children with love and patience, we can instill lifelong habits of kindness and respect.

In conclusion, good manners truly make a child shine. They not only enhance personality but also spread positivity wherever they go. Let us encourage our children to practice good manners every day and become shining stars of tomorrow

—Mrs. Sindhu B





S Anushree Anand, Nursery



Joshika K, Nursery



Yashwik M, Nursery



Dhawal Mittal, Nursery

Chitrana



Deeksha R, Nursery



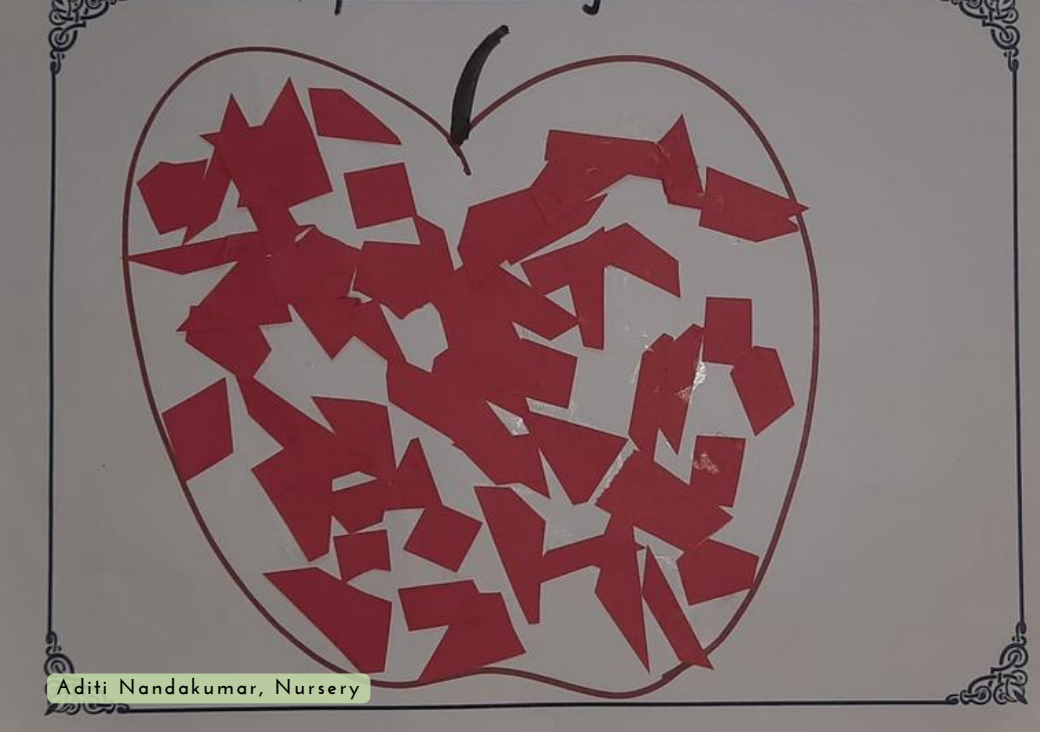
Panav Gowda S, Nursery



Thanav P, Nursery



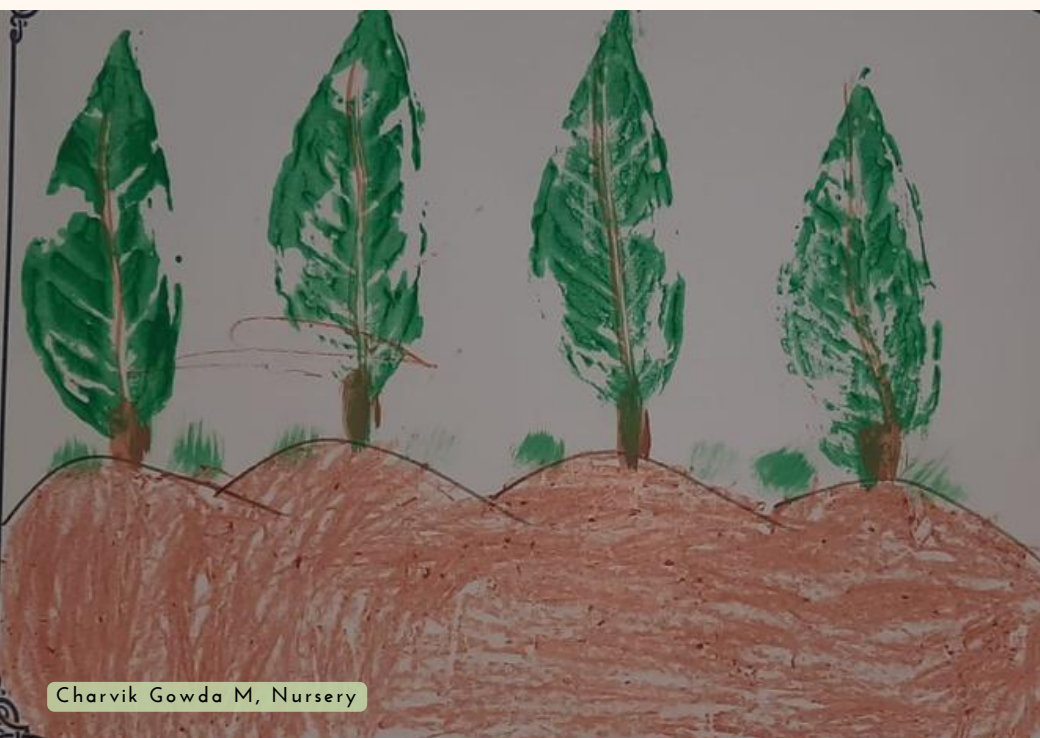
Manasvi Gowda, Prep II A



Aditi Nandakumar, Nursery



Aarohi Kotabagi, Nursery



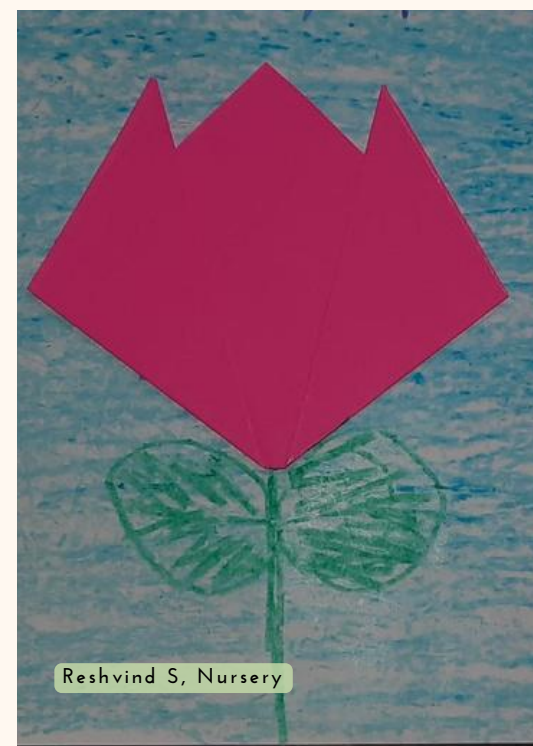
Charvik Gowda M, Nursery



Kashvi Gowda R, Nursery



Sadvin S, Nursery



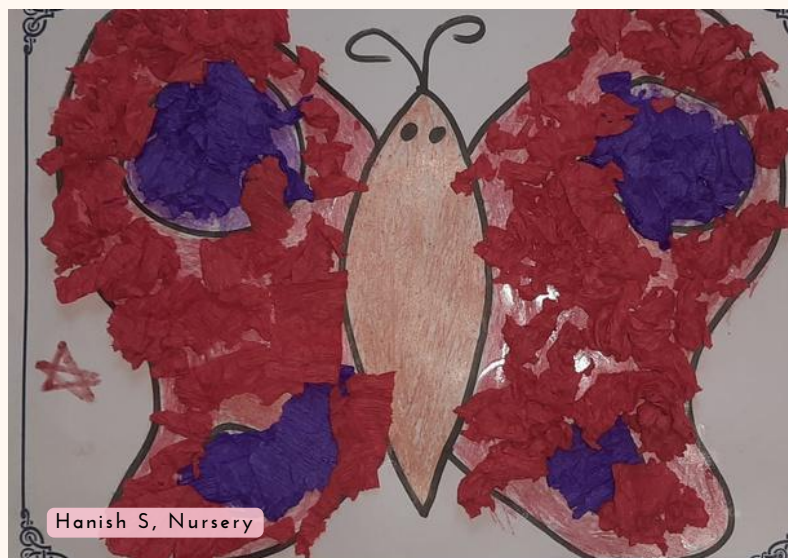
Reshvind S, Nursery



Mahir, Prep II A



Harsha Gowda K, Nursery



Hanish S, Nursery



Dhanvith M , Prep II B



Samata K, Prep I



Srisha Devanahalli, Prep I



Devika Kumawat, Prep II B



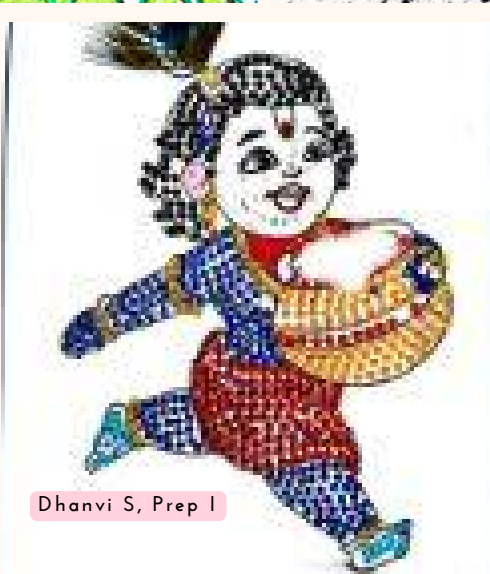
Krishith M, Prep II A



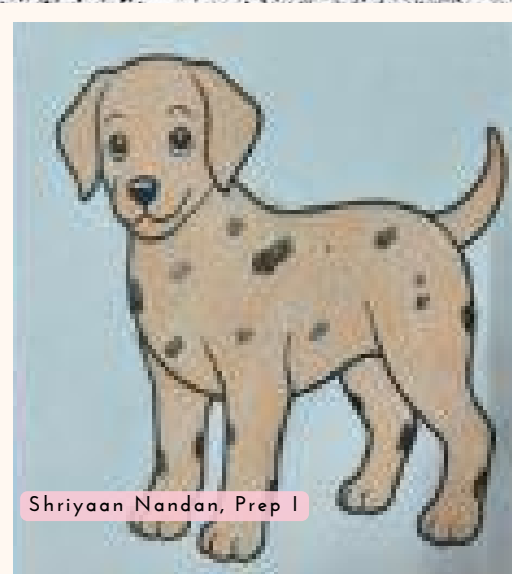
N.S. Varun Raj, Prep II B



BMS Brahmini Vasundhara , Prep I



Dhanvi S, Prep I



Shriyaan Nandan, Prep I



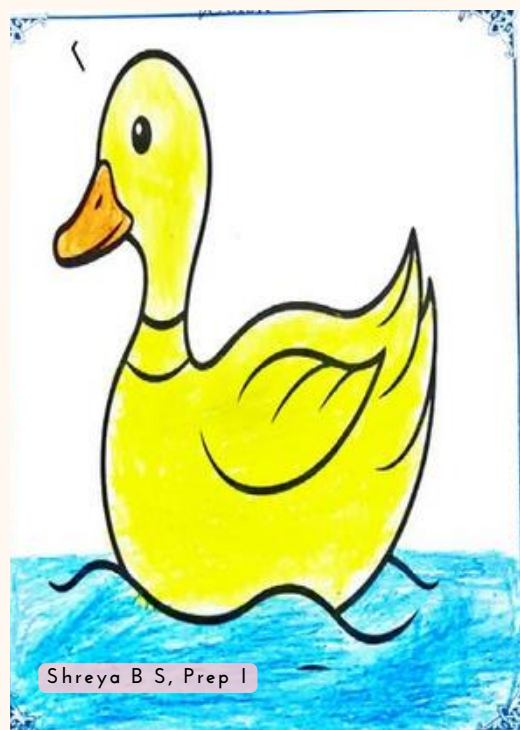
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Sahasra Goka, Prep II B



Baina Nayanika, Prep I



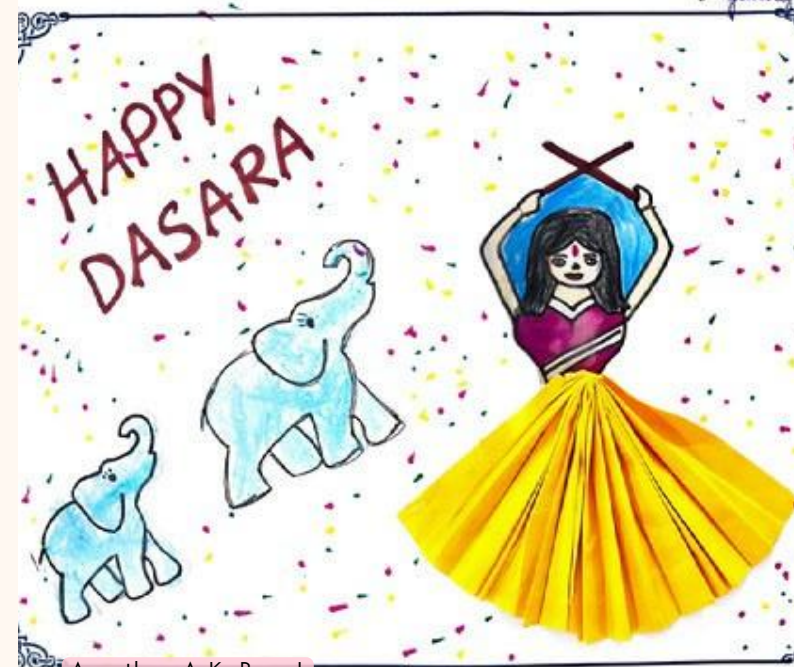
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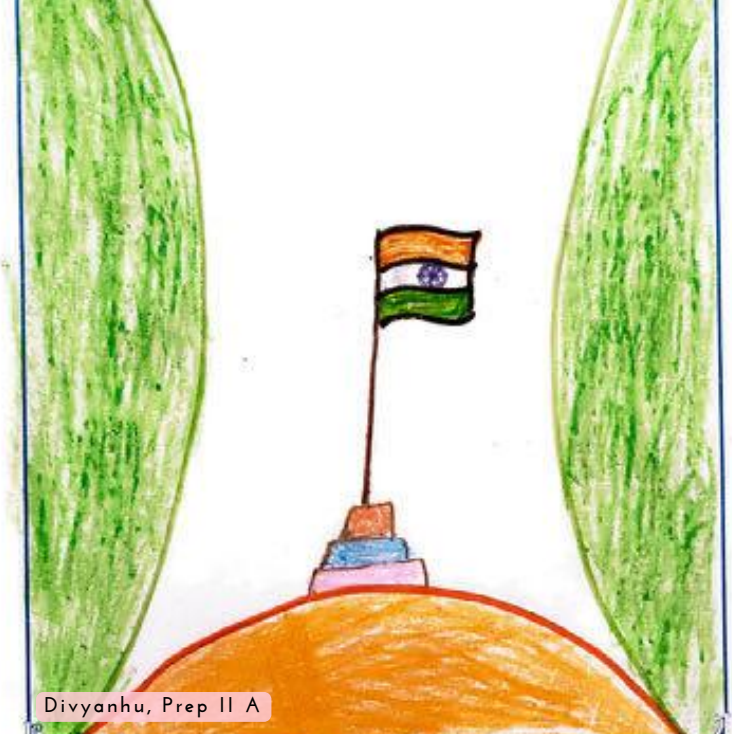
Bhargav C.K, Prep I



Duhita Savar, Prep I



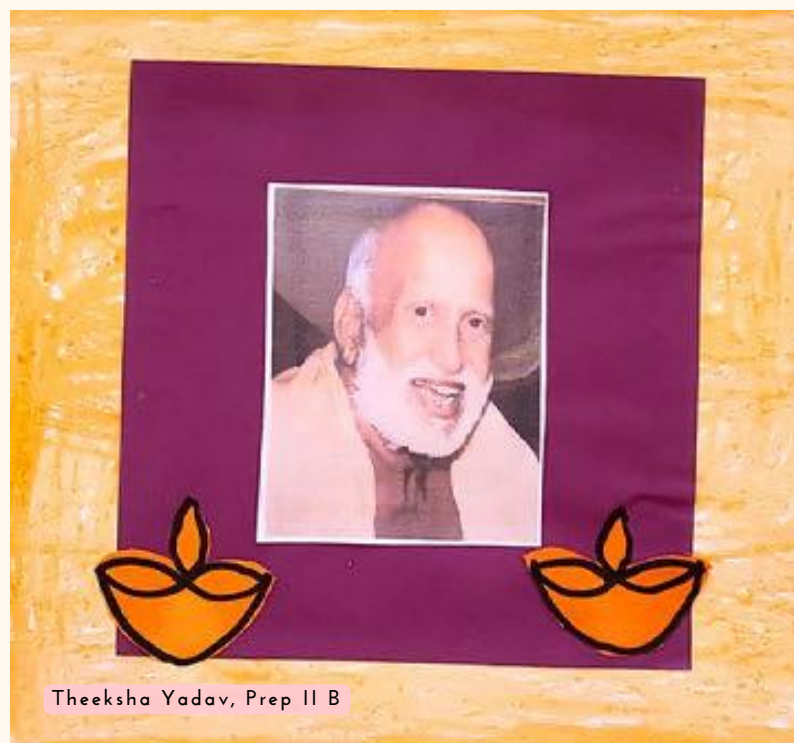
Aarohi Naveen Koppad, Prep II A



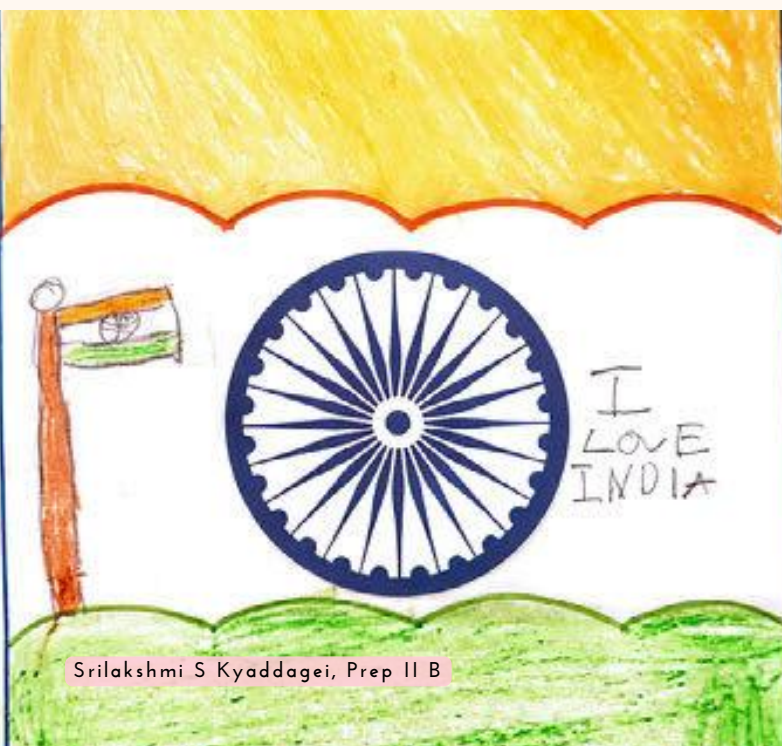
Divyanhu, Prep II A



Ashwin S, Prep II A



Theeksha Yadav, Prep II B



Srilakshmi S Kyaddagei, Prep II B



Yashaswini R, Prep II B

Induction Meeting

Marking a great start to the academic year 2025-26! On June 6th, we hosted a Parent Induction Meeting, sharing insights into our curriculum & exciting co-curricular activities planned for the year.





Aksharabhyasam

"Aksharabhyasam" was celebrated on June 20th! Our tiny tots in nursery rocked wearing ethnic outfits & dived into Pooja with pure devotion
A heartwarming start to their writing journey!





Colours Week

Colours week is celebrated to introduce the basic colours to the nursery children. Each day focused on splashing colours , spreading joy with fun activities, crafts and learning experiences. Both children and teachers dressed in the colour of the day. Teachers conducted different activities based on each colour and also children carry home some crafts of that particular colour as a gift.





Fruits Week

A Colorful Journey of Taste and Nutrition

Our school joyfully celebrated Fruits Week, helping kids dive into the world of fresh, nutritious fruits. Each day, they brought a different fruit, shared fun facts, and learned about health benefits. This hands-on activity made learning tasty and fun!

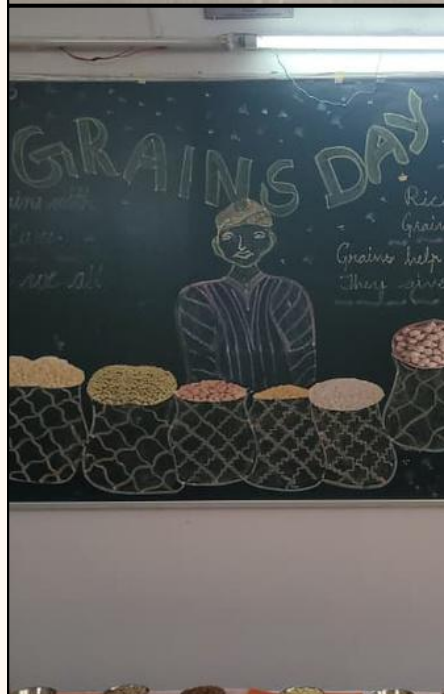




Vegetables Week

Our school celebrated Vegetables Week to create awareness about healthy eating habits among children. Each day, children brought a different raw vegetable and spoke a few sentences about it. They learned to identify various vegetables, understand how they are cooked, and know their health benefits. This activity helped children build confidence, improve speaking skills, and develop healthy food habits in a fun and interactive way





Grains Day

Grains Day raises awareness about the importance of healthy eating and the value of different grains in our daily lives. The day was filled with excitement as children learned about various grains like rice, wheat, millets, and pulses in a fun and interactive way. Two kids were creatively dressed as shopkeepers, setting up a small grain shop and pretending to sell different grains, which made the activity even more lively and engaging. Such activities help young minds understand nutrition, appreciate food, and develop healthy habits from an early age.





Open Crafts Day

Open day was observed on 10/01/2026. This event showcases kids' creativity and hard work throughout the year, boosting their confidence as they see their work appreciated. It encourages creativity and artistic expression. Parents are invited to see their child's progress and talents





Seasons Activity

An activity based on Seasons was conducted on 7th of August 2025 to bring the awareness of the weather . All the six seasons were displayed colorfully, children enjoyed the activity.





Annual Exhibition

Little learners, big discoveries!

Through colorful models and charts, children explore transportation, animals and their homes, and exciting GK. Every display reflects their curiosity, confidence, and joy of learning.





Eye Screening & Medical Checkup

Eye screening was conducted for our children by Sri Sai Eye Hospital in September for early detection of vision problems, reducing the risk of learning difficulties due to uncorrected vision."

A medical check-up was conducted on 12/11/2025 by Ovum Hospital to identify health issues like hearing or dental problems that could impact learning. The check-up ensured kids were up-to-date on required vaccinations and kept parents informed about their child's health and necessary follow-ups.





Janmashtami

Celebrating the joyous occasion of Janmashtami fills hearts with devotion, happiness, and positivity. This beautiful festival reminds us of Lord Krishna's teachings of love, kindness, and righteousness. The cheerful chants, colorful decorations, and playful Dahi Handi celebrations bring everyone together in a spirit of unity and joy. Adding to the charm, children were beautifully dressed as Radha and Krishna, spreading innocence and divine vibes all around.





One Day Trip

Our pre-primary students recently embarked on an exciting one-day trip to Richard's Wonder World, creating memories to cherish forever! This delightful outing was designed to spark curiosity, encourage exploration, and foster a love for learning in our little ones. With games, interactive activities, and playful encounters, the day was filled with laughter and joy. Our tiny tots had a blast discovering new things, making friends, and stepping out of their comfort zones.

At Poornaprajna, we believe learning extends beyond classrooms, and experiences like these shape young minds.





Children's Day

The Children's Day Fancy Dress programme was celebrated with great enthusiasm. Children came dressed in colourful and creative costumes. Each child confidently presented their character on stage.

The event encouraged self-expression and creativity among the children. Smiles, laughter, and excitement filled the atmosphere. It was a memorable celebration of childhood and happiness.





Olympiad

The Olympiad examination, conducted by Little Stars, was a wonderful initiative that encouraged students to showcase their knowledge and academic skills. The children participated with great enthusiasm and confidence, making the event both exciting and meaningful. It provided a platform for young learners to challenge themselves, enhance their thinking abilities, and experience healthy competition. Such opportunities play a vital role in nurturing curiosity and a love for learning, making the Olympiad a truly enriching experience for all.





Mock Sports

Mock Sports is a fun-filled event where little champions showcase their talents and active spirit. The playground comes alive with laughter, cheers, and colorful activities. Through simple games and races, children learn teamwork, patience, and fair play. It promotes physical fitness while boosting confidence and joy.





Talent Show

Talent Show provides a wonderful platform for tiny talents to shine, enabling children to showcase their skills while building confidence. It is a celebration of their growth, self-expression, and unique abilities, fostering a love for performance and creativity. Every year we showcase our tiny talents with great zeal and enthusiasm.





Deepotsav

Deepotsav was celebrated on 17th October 2025, and it was a joyful and colourful event at our school. The children enthusiastically participated in various activities and enjoyed the festive atmosphere. They beautifully decorated diyas through painting activities, which helped enhance their creativity and fine motor skills. The children also formed a human chain in the shape of a diya, spreading the message of unity and togetherness.

During the celebration, the children learned about the importance of Deepotsav. As a special highlight, a potter was invited to the school, and the children observed how clay diyas are made using traditional methods. This experience helped them appreciate our culture, heritage, and the hard work of artisans. The celebration was both educational and memorable for everyone.





KSCCW

Karnataka state council child welfare had organized drawing and painting competition for students aged 5 years and above to bring out the hidden talent among them on 31st October 2025. Our children activity participated.



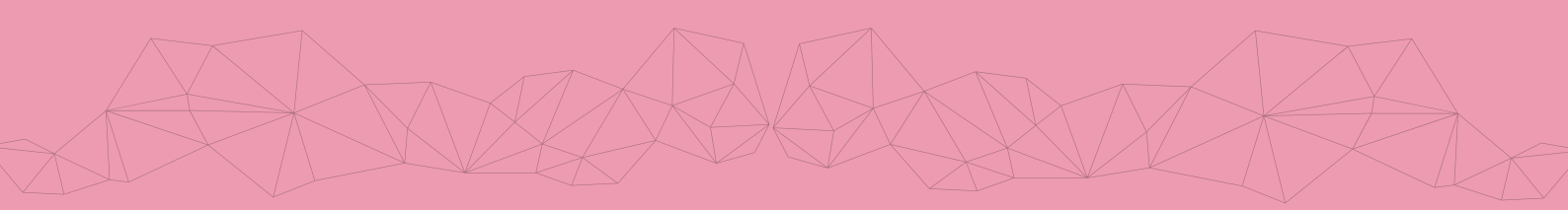


Graduation Day

Pre-Primary Graduation Day is a significant milestone in early education, marking the transition to the next stage of learning. It celebrates children's growth, achievements, and readiness for new challenges. It is a proud and joyful moment as our little learners step forward into a new chapter of their journey.

Every year in the month of March, we honor the achievements of our young graduates, celebrating this special milestone with caps and gowns and welcoming the new beginnings of our little graduates.





primary
section



Shivanasamudra

I went to Shivanasamudra with my family. The place was very beautiful and full of green trees. The two waterfalls, Gaganachukki and Bharachukki, looked amazing. The sound of the water was loud and fun to hear. Many birds and butterflies were flying around. We took so many pictures. The breeze was cool and nice. I was very happy, and I had a lot of fun. I want to visit again!

– Aadhya S A(I)

A Trip to Mysore for Dussehra

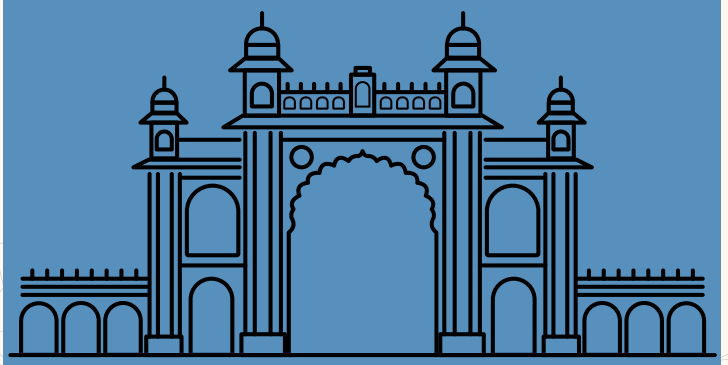
Dussehra is an important Hindu festival celebrated in October. The festival is a celebration of the victory of Lord Ram over the demon Ravana in the Hindu Epic Ramayana.

I was so excited when my dad told me that we were going to Mysore for Dusshera. We travelled to Mysore by bus. I was surprised to see Mysore filled with people. The palace ground was filled with all the preparations for Dussehra. In the evening, we attended a concert at the Palace.

The next day was Dussehra, and we got seated under the shade. It took a long time for other people to settle down. Chamundeshwari prayer started at 1:20 p.m. It was Arjuna who carried the Goddess Chamundeshwari. There were also dance and music programs. We enjoyed the entire event till night. After enjoying everything, it was time to sleep, so we stayed in a hotel.

The next day, we got up late as we were tired and started our travel back to Bangalore. May Goddess Chamundeshwari always bless us with strength, peace, and prosperity.

–Derek(III)



BE KIND TO ALL KIND

The Importance of Kindness

Kindness is one of the best qualities a person can have. Being kind means helping others, speaking politely and caring for everyone around us.

A small act of kindness can make someone's day better and bring a smile to their face. We can show kindness in many ways by sharing our things, helping our friends, feeding animals or saying kind words.

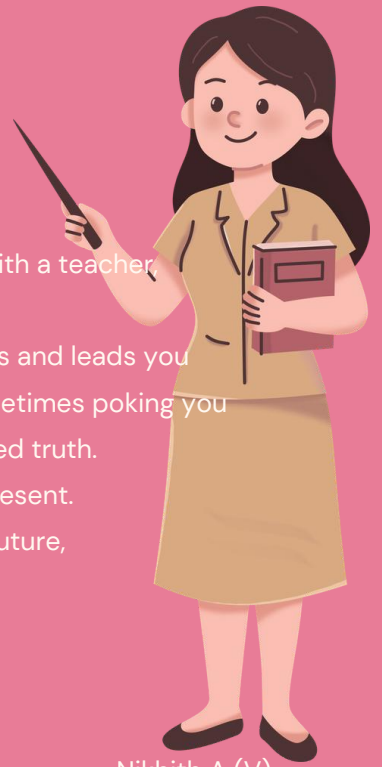
When we are kind, we make the world a happier and more peaceful place. Kindness is like a boomerang — when you give it to others, it comes back to you. So, let's always remember to be kind to people, animals and nature every day.

—Bhavna (IV)

Teacher

The dream begins with a teacher,
who believes in you,
who tags and pushes and leads you
to next plateau, sometimes poking you
with sharp stick called truth.
Live always in the present.
There is no past or future,
except in the mind.
Think simple!
Live humble!

—Nikhith A (V)



My First Train Journey

During holidays, I travelled by train for the first time with my family. We were going to Shimla. When the train started moving, I felt very excited. The sound of the train, the view from the window, and the moving scenery made me very happy.

During the journey, I saw mountains, rivers, and villages. I also enjoyed eating snacks with my family. The train stopped at many stations, and I saw different people getting on and off. This journey was a wonderful experience for me. I learnt that travelling by train is fun and helps us see new places. I will always remember this special journey.

—Thejaswini (IV)



Value of Time

Once in a small village, there lived a young boy named Raju. Raju was known for his playful nature and loved to spend his days playing games. He often avoided studies, thinking there would always be time for them later. His parents would remind him that time is precious and not to waste it. But Raju would just laugh and continue his game. One day, Raju's teacher announced a big competition that would take place in a month. The winner would receive a beautiful trophy and a scholarship to a prestigious school. Raju was excited and decided to participate. However, he still preferred playing outside rather than practicing for the competition. He thought, "I have plenty of time to prepare later". As days passed, Raju spent more time playing and less time preparing. Soon, the competition day arrived. Raju was nervous but confident he could do well. When he arrived at the competition, he saw many of his classmates who had been practicing hard.



They were focused and ready, while Raju felt unprepared when the competition began. Raju struggled to keep up. He realized that he had wasted so much of his time. His friends performed very well, and Raju ended up finishing last. He felt disappointed and embarrassed. After the event, he approached his teacher and said, "I wish I had listened to my parents and used my time wisely". The teacher smiled kindly and replied, "Raju, time is like a river; it flows continuously. Once it's gone, you cannot bring it back. Every moment is an opportunity to learn and grow." From that day on, Raju changed his ways. He started to manage his time better, balancing his studies and play. He learned that by using time wisely, he could both enjoy and work hard. A year later, he entered another painting competition, and this time he was well prepared. He won first place and proudly received the trophy. Raju shared this lesson with his friends, encouraging them to value their time too.

Moral: Time is a valuable resource, and we have to use it wisely.

-Dhanyashree P (III)

The True Story of Hiranyakashyapu

Hiranyakashyapu was a powerful demon king born to the sage Kashyap and his wife Diti. After his brother Hiranyaksha was killed by Lord Vishnu in his Varaha Avatar.

Hiranyakashyapu became filled with anger and hatred towards the gods. He decided to perform severe penance to gain immortality and make himself invincible. Pleased with his devotion, Lord Brahma granted him a boon with special conditions: he could not be killed by any man or animal, inside or outside, during day or night, on earth or in the sky, or by any weapon.

With this boon, Hiranyakashyapu declared himself the supreme god, forcing everyone in his kingdom to worship him. However, his own son Prahalada was a devoted follower of Vishnu.

No matter how much Hiranyakashyapu tried to punish him by throwing him into the fire, water, or dangerous animals, Prahalada remained protected by his faith.

One day in anger, Hiranyakashyapu asked Prahalada whether Vishnu was present in the pillar. Prahalada replied that Lord Vishnu was everywhere, even in the pillar. Furious Hiranyakashyapu struck the pillar, and from it emerged Lord Narasimha, a half-man, half-lion form of Vishnu. Narasimha killed Hiranyakashyapu at Twilight (neither day nor night), on the threshold of the doorway (neither inside nor outside), using his claws (not a weapon), thus fulfilling the conditions of Brahma's boon.

-Prakruthi Mahesh (V)

Moral of the story: The story of Hiranyakashyapu teaches that arrogance and ego lead to destruction, while God always protects devotion, faith, and righteousness.



Art: The Heartbeat of Human Expression

Rabindranath Tagore quotes: "Art is the response of man's creative soul to the call of the Real".

In a small town, there was a school famous for its high exam results. Maths was sharp, science was strong, and history was memorized perfectly. But one day, the art teacher fell ill, and art classes were quietly removed from the timetable. Weeks passed. Students became restless. The classrooms felt dull. Even the brightest students started losing interest.

One afternoon, a boy named Aarav stayed back and began drawing on the blackboard with leftover chalk—tiny houses, trees, smiling faces. Other students gathered around. They smiled, talked, and soon began adding their own ideas. The headmaster walked in, ready to scold—but he stopped. The room was alive with laughter, "creativity and teamwork."

The next day, art was brought back. The headmaster announced, "Book teach us how to think, but art teaches us why to feel." From that day on, the school remained successful, it also added colour.

Art is a fundamental component of human civilization, serving as a medium for expression, communication, and cultural preservation. It reflects social values, historical events, and human emotions, making it an essential part of individual and societal development. Art education shapes minds, touches hearts and prepares students for life beyond thinking.

Art enhances cognitive and emotional development. It fosters creativity, critical thinking, and problem-solving skills. Engagement with art encourages learners to analyze, interpret, and appreciate multiple perspectives, thereby promoting intellectual growth and empathy.

Art also plays a significant role in cultural continuity. Through literature, visual arts, music, and performance, societies preserve traditions, beliefs, and collective memories. Art acts as a bridge between past and present, strengthening cultural identity.

In a wider perspective, art contributes to mental well-being and social cohesion. It provides therapeutic benefits, reduces stress, and promotes emotional balance.

Moreover, art facilitates dialogue and mutual understanding in diverse communities. Art is not merely an aesthetic pursuit but a vital force that shapes education, culture, and human experience.

Art remains indispensable to the holistic development of individuals and societies. "Art is not just what we see— it is how we learn to feel, think and imagine."

—Ms. Christina Frank



ಮರದ ತಾಯಿ - ಸಾಲುಮರದ ತಿಮ್ಮಕ್ಕ

ಮರದ ತಾಯಿ ಸಾಲುಮರದ ತಿಮ್ಮಕ್ಕ ಒಬ್ಬ ಪರಿಸರವಾದಿ. ಹುಲಿಕಲ್ ಮತ್ತು ರಾಮನಗರ ಜಿಲ್ಲೆಯ ಕುದೂರು ನಡುವಿನ 4.5 ಕಿಲೋಮೀಟರ್ ಹೆದ್ದಾರಿಯ ಉದ್ದಕ್ಕೂ 385 ಅಲದ ಮರಗಳನ್ನು ನೆಟ್ಟು ಅವುಗಳನ್ನು ಪೋಷಿಸಿ ಹೆಸರುವಾಸಿಯಾಗಿದ್ದಾರೆ. ಇವರು ಸುಮಾರು 8000 ತರಹದ ಮರಗಳನ್ನು ನೆಟ್ಟರು. ಜೂನ್ 30, 1911ರಲ್ಲಿ ಕರ್ನಾಟಕದ ತುಮಕೂರು ಜಿಲ್ಲೆಯ ಗುಬ್ಬಿ ತಾಲ್ಲೂಕಿನಲ್ಲಿ ಜನಿಸಿದರು. ಅವರ ತಂದೆ ಚಿಕ್ಕರಂಗಯ್ಯ ಮತ್ತು ತಾಯಿ ವಿಜಯಮ್ಮ. ತಿಮ್ಮಕ್ಕನ ಹಳ್ಳಿಯ ಬಳಿ ಅಲದ ಮರಗಳು ಹೇರಳವಾಗಿದ್ದವು. ತಿಮ್ಮಕ್ಕ ಮತ್ತು ಅವರ ಪತಿ ಈ ಮರಗಳಿಂದ ಸಸಿಗಳನ್ನು ಕಸಿ ಮಾಡಲು ಪ್ರಾರಂಭಿಸಿದರು.

ಮೊದಲ ವರ್ಷದಲ್ಲಿ 10 ಸಸಿಗಳನ್ನು ಕಸಿಮಾಡಿ ಪಕ್ಕದ ಕುದೂರು ಗ್ರಾಮದ ಬಳಿ 5 ಕಿ.ಮೀ ದೂರದಲ್ಲಿ ನೆಟ್ಟರು. ಎರಡನೇ ವರ್ಷ 15 ಸಸಿಗಳನ್ನು ಮೂರನೇ ವರ್ಷದಲ್ಲಿ 20 ಸಸಿಗಳನ್ನು ನೆಟ್ಟರು. ದಂಪತಿಗಳು ಸಸಿಗಳಿಗೆ ನೀರುಣಿಸಲು ನಾಲ್ಕು ಕಿಲೋ ಮೀಟರ್ ದೂರದಿಂದ ಬಿಂದಿಗೆಯಿಂದ ನೀರನ್ನು ಹೊತ್ತು ತಂದು ಸಸಿಗಳ ಹಾರೈಕೆ ಮಾಡುತ್ತಿದ್ದರು. ಮುಳ್ಳಿನ ಪೊದೆಗಳಿಂದ ಬೇಲಿ ಹಾಕಿ ಜಾನುವಾರುಗಳಿಂದ ಸಸಿಗಳಿಗೆ ರಕ್ಷಣೆ ನೀಡಿದರು. ಪ್ರಸ್ತುತ ಮರಗಳ ನಿರ್ವಹಣೆಯನ್ನು ಸರ್ಕಾರ ವಹಿಸಿಕೊಂಡಿದೆ.

2016ರಲ್ಲಿ ಸಾಲುಮರದ ತಿಮ್ಮಕ್ಕ ಅವರನ್ನು ಬ್ರಿಟಿಷ್ ಬ್ರಾಡ್ ಕಾಸ್ಟಿಂಗ್ ಕಾರ್ಪೊರೇಷನ್ ವಿಶ್ವದ ಅತ್ಯಂತ ಪ್ರಭಾವಶಾಲಿ ಮತ್ತು ಸ್ಫೂರ್ತಿದಾಯಕ ಮಹಿಳೆಯರ ಪಟ್ಟಿಯಲ್ಲಿ ಸೇರ್ಪಡೆ ಮಾಡಿತು. ಇವರಿಗೆ 2019ರಲ್ಲಿ ಪದ್ಮಶ್ರೀ ಪ್ರಶಸ್ತಿ 2010 ರಲ್ಲಿ ಹಂಪಿ ವಿಶ್ವವಿದ್ಯಾಲಯದಿಂದ ನಾಡೋಜ ಪ್ರಶಸ್ತಿ 1995ರಲ್ಲಿ ರಾಷ್ಟ್ರೀಯ ನಾಗರಿಕ ಪ್ರಶಸ್ತಿ 1997ರಲ್ಲಿ ಇಂದಿರಾ ಪ್ರಿಯದರ್ಶಿನಿ ವೃಕ್ಷಮಿತ್ರ ಪ್ರಶಸ್ತಿ ಮತ್ತು 1997ರಲ್ಲಿ ವೀರಚಕ್ರ ಪ್ರಶಸ್ತಿ ಮೊದಲಾದ ಹಲವು ಪ್ರಶಸ್ತಿಗಳು ದೊರೆತಿವೆ. ಇವರು ನವೆಂಬರ್ 14, 2025 ರಂದು ತಮ್ಮ 114ನೇ ವಯಸ್ಸಿನಲ್ಲಿ ದೈವಾಧೀನರಾದರು.

ಧನ್ಯವಾದಗಳು

-ಲಕ್ಷ್ಮ ರವಿಶಂಕರ್ ಎನ್ (I)



ಅಮ್ಮ

ಅಮ್ಮ ನಮಗೆ ಎದೆ ಹಾಲು ಕುಡಿಸಿದಳು
ಅವಳ ಮಕ್ಕಳು ಪೆದ್ದನಾಗಿರಲಿ
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ಎತ್ತರಕ್ಕೆ ಬೆಳೆದು
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ಅಮ್ಮ ಕಾಳಿಯಂತೆ
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ಹಿಂದೆ ಒಳ್ಳೆಯ ಕಾರಣವಿರುತ್ತದೆ
ತಾಯಿ ಗುರುಕುಲಕ್ಕೆ
ಸೇರಿಸಿ ಓದಿಸುವಳು
ತಾಯಿ ಒಂದು
ಮಾತನು ಹೇಳುವಳು
ಗುರಿ ಮುಟ್ಟುವವರಿಗೆ
ಕಷ್ಟಪಡು ಎಂದು||೨||

-ನಿಶ್ಚಿತ್ ದೀಪ್ ಪಿ (VA)

Is Artificial Intelligence Beneficial or Harmful to the Teaching Profession?

Artificial Intelligence (AI) is rapidly transforming many fields, and education is no exception. From smart learning apps to automated assessments, AI has started influencing how teachers teach and how students learn. This raises an important question: Is artificial intelligence beneficial or harmful to the teaching profession?

Benefits of Artificial Intelligence in Teaching.

One of the greatest advantages of AI is its ability to reduce teachers' workload. Tasks such as grading objective tests, preparing worksheets, and maintaining records can be done quickly with AI tools. This allows teachers to spend more time focusing on students' learning and emotional needs.

AI also supports personalized learning. Every student learns at a different pace, and AI-powered platforms can adapt lessons according to individual learning levels. This is especially helpful for slow learners and students who need extra practice.

Another major benefit is easy access to resources. Teachers can use AI to generate lesson plans, activities, worksheets, and teaching ideas within minutes. This saves time and helps teachers become more creative in their classrooms.

Concerns and Challenges of Artificial Intelligence

Despite its benefits, AI also brings certain challenges. One major concern is overdependence on technology. If teachers rely too much on AI, it may reduce creativity and critical thinking in both teachers and students.

There is also the fear that AI may replace teachers. However, teaching is not just about delivering content—it involves emotional connection, guidance, values, and motivation, which AI cannot fully replace.

Another issue is ethical and data privacy concerns. Student data stored in AI systems must be protected carefully. Misuse of data can lead to serious problems.

The Role of Teachers in the AI Era–

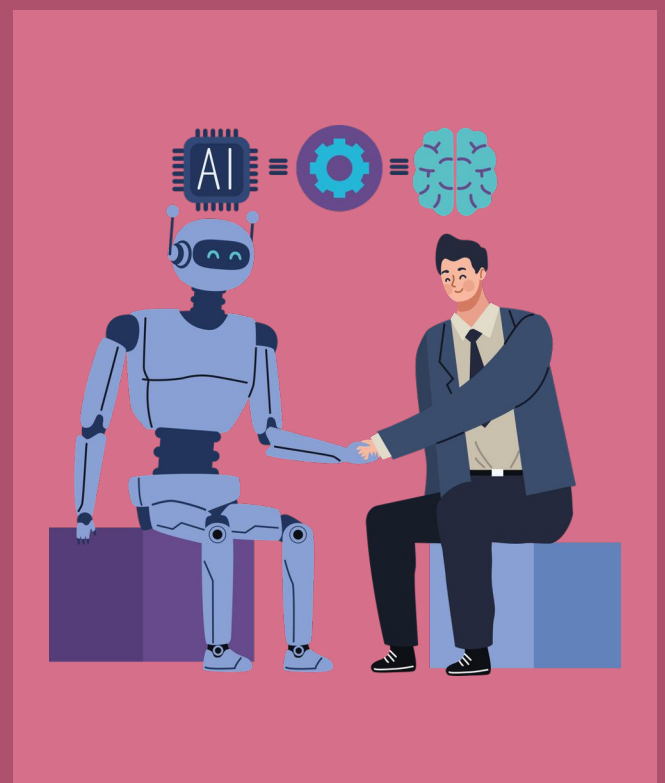
AI should be viewed as a supporting tool, not a replacement for teachers. Teachers play an irreplaceable role in shaping students' character, values, and social skills. Human interaction, empathy, and moral guidance are qualities that only teachers can provide.

With proper training, teachers can use AI effectively to enhance teaching and improve learning outcomes.

Conclusion:

Artificial intelligence is neither completely beneficial nor entirely harmful to the teaching profession. When used wisely, AI can support teachers, save time, and improve learning experiences. However, it should never replace the human touch that lies at the heart of education. The future of teaching lies in a balanced partnership between teachers and technology.

–Ms. Kavya C U



ಸಂಜೀವ್ ಚತುರ್ವೇದಿ

ಭಾರತದ ಆಡಳಿತ ವ್ಯವಸ್ಥೆಯಲ್ಲಿ ಪ್ರಾಮಾಣಿಕತೆ, ಧೈರ್ಯ ಮತ್ತು ನೈತಿಕತೆಯೊಂದಿಗೆ ಸೇವೆ ಸಲ್ಲಿಸುವ ಅಧಿಕಾರಿಗಳು ವಿರಳ. ಅಂಥ ಅಪರೂಪದ ವ್ಯಕ್ತಿಗಳಲ್ಲಿ ಸಂಜೀವ್ ಚತುರ್ವೇದಿ ಪ್ರಮುಖರು. ಇವರು "ಪ್ರಾಮಾಣಿಕತೆ ಸುಲಭ ಮಾರ್ಗವಲ್ಲ, ಆದರೆ ಅದು ಸರಿಯಾದ ಮಾರ್ಗ" ಎಂದು ಯುವಕರಿಗೆ ಮತ್ತು ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಸಂದೇಶ ನೀಡಿದವರು. ನಾಗರಿಕ ಸೇವೆಯ ಆಕಾಂಕ್ಷೆಗಳಿಗೆ ಆದರ್ಶ ವ್ಯಕ್ತಿಯಾಗಿದ್ದಾರೆ. ಹಾಗೂ ಅಧಿಕಾರಕ್ಕಿಂತ ನೈತಿಕತೆ ದೊಡ್ಡದು ಎಂಬುದಕ್ಕೆ ಜೀವಂತ ಉದಾಹರಣೆಯಾಗಿದ್ದಾರೆ. ಇವರು ಭ್ರಷ್ಟಾಚಾರದ ವಿರುದ್ಧ ಹೋರಾಡಿ ಫಿಲಿಪೈನ್ಸ್‌ನ ಮಾಜಿ ಅಧ್ಯಕ್ಷ ರಾಮನ್ ಮ್ಯಾಗ್ಸೆಸೆ ಅವರ ಗೌರವಾರ್ಥವಾಗಿ ನೀಡುವ ಏಷ್ಯಾದ ನೊಬೆಲ್ ಪ್ರಶಸ್ತಿ ಎಂದೇ ಖ್ಯಾತಿ ಪಡೆದಿರುವ 2015ರ 'ರಾಮನ್ ಮ್ಯಾಗ್ಸೆಸೆ' ಪ್ರಶಸ್ತಿಯನ್ನು ಸ್ವಯಂಸೇವಾ ಸಂಸ್ಥೆ 'ಗೂಂಜ್' ನ ಮೂಲಕ ನಿರ್ಗತಿಕರ ಸೇವೆ ಮಾಡಿದ ಅಂಶ ಗುಪ್ತಾರವೊಂದಿಗೆ ಮುಡಿಗೇರಿಸಿಕೊಂಡರು. ಇದು ಇವರ ಅಪ್ರತಿಮ ಸಮಾಜ ಸೇವೆ ಮತ್ತು ಪ್ರಾಮಾಣಿಕತೆಗೆ ದೊರೆತ ಅತ್ಯುನ್ನತ ಗೌರವವಾಗಿದೆ.

ಇವರು ಭಾರತೀಯ ಅರಣ್ಯ ಸೇವೆಯ ೨೦೦೨ರ ಬ್ಯಾಚ್ ನ ಅಧಿಕಾರಿ. ಇವರು ಹಲವು ಒತ್ತಡದ ನಡುವೆ ಅನುಭೂತಿ ಮತ್ತು ನೈತಿಕತೆಗಾಗಿ ಹೋರಾಡಿದ ವಿಸ್ಕಲ್‌ಬ್ಲೋವರ್ (whistleblower) ಅಧಿಕಾರಿಯಾಗಿದ್ದಾರೆ. ಹಾಗೂ ಭ್ರಷ್ಟಾಚಾರ ವಿರೋಧಿ ಹೋರಾಟಗಾರ ಮತ್ತು ಪರಿಸರ ಸಂರಕ್ಷಕ. ಹರಿಯಾಣ ಕೇಡರ್‌ನ ಅಧಿಕಾರಿಯಾದ ಇವರು ಡಿಸೆಂಬರ್ ೨೧, ೧೯೭೪ರಲ್ಲಿ ಲಕ್ನೋದಲ್ಲಿ ಜನಿಸಿದರು. ಬಿ.ಟೆಕ್ ಪದವಿದರರಾದ ಇವರು ಐಎಫ್‌ಎಸ್ ಪರೀಕ್ಷೆಯಲ್ಲಿ ಎರಡನೇ ಸ್ಥಾನ ಮತ್ತು ತರಬೇತಿಯ ವೇಳೆ ಎರಡು ಚಿನ್ನದ ಪದಕಗಳನ್ನು ಪಡೆದಿದ್ದಾರೆ. ಇವರು ತಮ್ಮ ಸೇವಾವಧಿಯಲ್ಲಿ ಭ್ರಷ್ಟಾಚಾರದ ವಿರುದ್ಧ ಸೃಜನಾತ್ಮಕವಾಗಿ ಕಾರ್ಯ ನಿರ್ವಹಿಸುತ್ತಿದ್ದಾರೆ.

ಇವರು ಎಐಐಎಂಎಸ್ ನಲ್ಲಿ ಅಂದರೆ ಅಖಿಲ ಭಾರತ ವೈದ್ಯಕೀಯ ವಿಜ್ಞಾನ ಸಂಸ್ಥೆಯಲ್ಲಿ ಮುಖ್ಯ ಜಾಗೃತಾಧಿಕಾರಿಯಾಗಿದ್ದಾಗ ಇನ್ನೂರಕ್ಕೂ ಹೆಚ್ಚು ಅಕ್ರಮ ಹಣಕಾಸು ಹಗರಣಗಳನ್ನು ತನಿಖೆ ನಡೆಸುವಾಗ ಹಲವಾರು ಕಠಿಣ ಸವಾಲುಗಳನ್ನು ಎದುರಿಸಿದರು.

ಉತ್ತರಾಖಂಡದಲ್ಲಿ ಮುಖ್ಯ ಅರಣ್ಯ ಸಂರಕ್ಷಣಾಧಿಕಾರಿಯಾಗಿ ಕಾರ್ಯ ನಿರ್ವಹಿಸುತ್ತಿರುವಾಗ ಅರಣ್ಯ ಸಂರಕ್ಷಣೆ, ಆವಿಷ್ಕಾರ ಮತ್ತು ಅಪಾಯಕಾರಿ ಸಸ್ಯ ಸಂರಕ್ಷಣೆಗೆ ಮಹತ್ವಪೂರ್ಣವಾದ ಗಮನ ಹರಿಸಿದರು. ಹಾಗೂ ಮರಗಳ ಅಕ್ರಮ ಸಾಗಾಟ, ಭೂ ಕಬಳಿಕೆ ಮತ್ತು ಸರ್ಕಾರಿ ಹಣದ ದುರುಪಯೋಗಗಳನ್ನು ಬಹಿರಂಗಪಡಿಸಿದರು. ಈ ಕಾರ್ಯಗಳಿಂದಾಗಿ ಇವರು ಜನಸಾಮಾನ್ಯರ ಪ್ರಶಂಸೆಗೆ ಪಾತ್ರರಾದರು.

ಇವರ ಸೇವಾ ದಾಖಲೆ ಮತ್ತು ಭ್ರಷ್ಟಾಚಾರ ವಿರುದ್ಧದ ಹೋರಾಟದ ಸುತ್ತಲೂ ಹಲವು ಕಾನೂನಾತ್ಮಕ ಹೋರಾಟಗಳೂ ನಡೆಯುತ್ತಿವೆ. ಇವರ ಸೇವಾ ದಾಖಲೆಯ ವಿಚಾರದಲ್ಲಿ ಮಧ್ಯಸ್ಥಿಕೆ ವಹಿಸಿದ ರಾಷ್ಟ್ರಪತಿ ಪ್ರತಿಭಾ ಪಾಟೀಲ್ ರವರು ಇವರಿಗೆ ಉತ್ತಮ ರೇಟಿಂಗ್ ನೀಡುವ ಮೂಲಕ ಇವರ ನೆರವಿಗೆ ಬಂದರು. ಹಾಗೆಯೇ ಪ್ರಣಬ್ ಮುಖರ್ಜಿಯವರು ಇವರ ಅಮಾನತನ್ನು ರದ್ದುಗೊಳಿಸಿ, ತಡೆಹಿಡಿದ ಮುಂಬಡ್ತಿ ವಿಚಾರದಲ್ಲಿ ಮಧ್ಯಸ್ಥಿಕೆ ವಹಿಸಿ ಇವರಿಗೆ ಮುಂಬಡ್ತಿ ನೀಡುವ ಮೂಲಕ ನೆರವಿಗೆ ಬಂದರು. ಕೆಲವು ಪ್ರಕರಣಗಳಲ್ಲಿ ನ್ಯಾಯಾಲಯಗಳು ಮತ್ತು ನ್ಯಾಯಮಂಡಳಿಗಳು ತೀರ್ಪುಗಳನ್ನು ನೀಡದೆ, ಹದಿನಾರು ನ್ಯಾಯಾಧೀಶರು ಇವರ ಪ್ರಕರಣಗಳಿಂದ ದೂರ ಸರಿದುಕೊಂಡಿದ್ದಾರೆ. ಇದು ದೇಶದ ನ್ಯಾಯಾಂಗ ಇತಿಹಾಸದಲ್ಲೇ ದಾಖಲೆಯಾಗಿದೆ.

ಇವರು ಅನೇಕ ಬಾರಿ ವರ್ಗಾವಣೆ, ಮಾನಸಿಕ ಒತ್ತಡ ಮತ್ತು ಆಡಳಿತಾತ್ಮಕ ಅಡಚಣೆಗಳನ್ನು ಅನುಭವಿಸಿದರೂ ತಮ್ಮ ನೈತಿಕ ನಿಲುವನ್ನು ಬದಲಾಯಿಸಲಿಲ್ಲ. ಇವರು ಸತ್ಯ ಮತ್ತು ನ್ಯಾಯಕ್ಕಾಗಿ ಹೋರಾಟ ಮಾಡುವುದು ಸರ್ಕಾರಿ ಸೇವೆಯ ಮೂಲ ಧರ್ಮವೆಂದು ನಂಬಿದವರು. ಇವರ ಜೀವನ ಚರಿತ್ರೆ ನಮ್ಮ ದೇಶದಲ್ಲಿ ನಿಷ್ಠಾವಂತ ಅಧಿಕಾರಿಗಳು ಬದಲಾವಣೆ ತರಬಲ್ಲರು ಎಂಬ ವಿಶ್ವಾಸವನ್ನು ಮೂಡಿಸಿದೆ. ಇವರು ಕೇವಲ ಒಬ್ಬ ಅಧಿಕಾರಿ ಮಾತ್ರವಲ್ಲ; ಇವರು ಪ್ರಾಮಾಣಿಕತೆ, ಧೈರ್ಯ ಮತ್ತು ನೈತಿಕತೆಯ ಪ್ರತೀಕ. ಇವರ ವೃತ್ತಿ ಜೀವನವು ಭಾರತದ ಆಡಳಿತ ವ್ಯವಸ್ಥೆಗೆ ಬೆಳಕು ನೀಡುವ ದಾರಿದೀಪವಾಗಿದೆ.

-ಪ್ರಿಯಾಂಕ ಕೆ.ಎಸ್





Monisha V (VI)



Saanvi S (VII A)

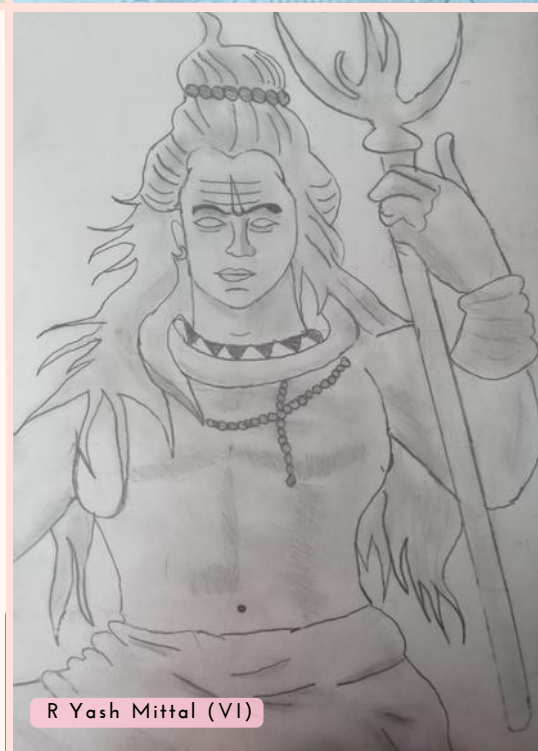


Lakshanya N V (V)



Thejashwini M (IV)

Chitrana



R Yash Mittal (VI)



Santosh (IV)



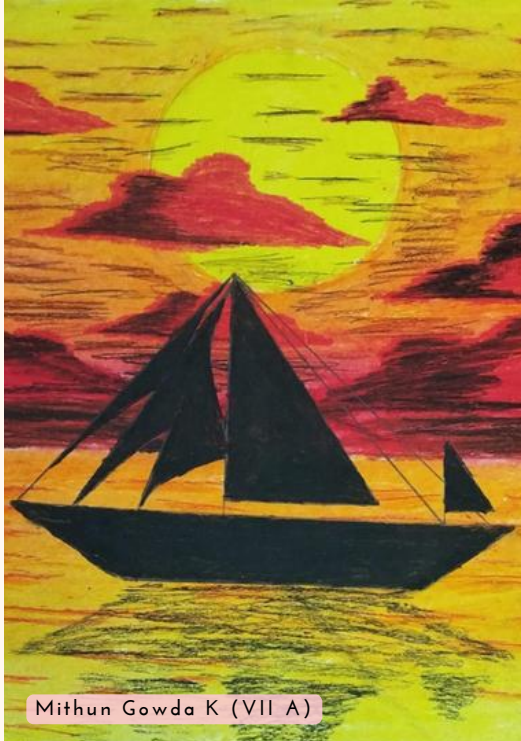
Kishore M (V)



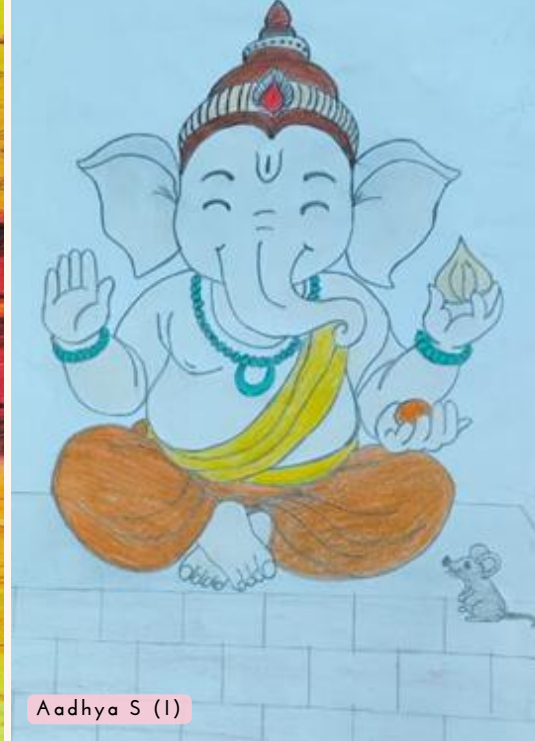
Kiran Gowda P (VI)



Virat Seervi (VII)



Mithun Gowda K (VII A)



Aadhya S (I)



Rachana M (VI)



Nitish Kumaran (VII) & Nitish Kumaras S



Janisha S (V)



Kishan Kumar U (VI)



Gowthami M B (VII B)



Samrat Raval (V)



Mohith Gowda C (V A)



Rakshitha S (V)



Khushi Handibar (V)

-khushi handibar



Akira (V)

AKIRA
★ AKIRA
★



Santosh (IV)



Varadaraju K Surla (VII A)



Gowtham K (III A)



Vandana V (V A)



Arjun (I)



Nlranjan S (V B)



Rakshitha S (V B)



Navaneetha M (VII A)



Guru (II A)



Sahana (IV)

Cultural Celebration

PPEC conducted Cultural activities from class I TO VII std. This day was witnessed by students taking part actively in displaying their talents . It included, different arts like friendship band, jewellery making, tattoo designs, arranging dictionary words, pick and speak, fancy dress etc. Students were very excited to put their hands on work and involved with complete concentration.







Sports Event

PPEC conducted Sports event on 25/7/2025. Students were encouraged to participate in their favourite games and were overjoyed by seeing their names in the winner's list. Classes 1 to VII took part in different games like frog race, hoopla race, running race, crab race, musical chairs, relay, shot-put etc.



KSCCW DRAWING COMPETITION

#ColoursOfCreativity

The event was held at Poornaprajna organised by the KSCCW. All the students participated with full of enthusiasm turning blank canvases into bold visions. Most of the students were awarded for their best art.

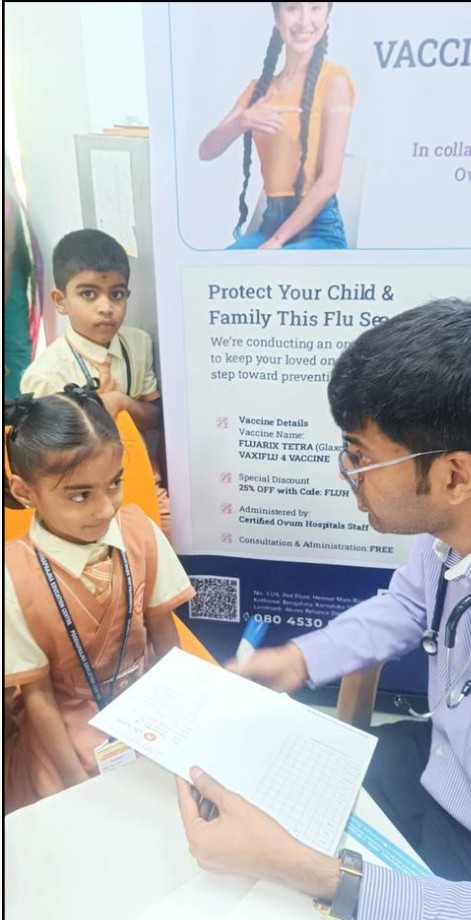




Sports Day

PPEC celebrated Sports Day on 01/11/2025., by inviting our chief guest Col. SUBEDAR BIDDAPPA KN, a former Kargil warrior, who has attained several ranks. The day was celebrated and honored by our chief guest who hoisted the flag along with our respected Principal Tejaswi Ballary and staff members of the school. Several other events include dance and group song. Our students were proud to receive the prize from our honorable chief guest.





Medical Check-Up

1/9/2025- PPEC, welcomed Sri Sai Hospital conducted eye checkup from class 1 to VII. Routine check was done and a prescription was given to students who need to take further medication.

2/9/2025 – PPEC, welcomed OVUM, for a general medical checkup for all the students from class 1 to VII respectively. It includes Height, Weight, Anemia, Skin, Scalp, Tongue, Teeth, Eyes, Ears, Nose, Throat, Glands, C.V.S, and Genitals.





Ganesha Chaturthi

At PPEC, we celebrated this festival on 28th August 2025 on Thursday, by inviting our Principle and the School Secretary to offer their first pooja to Lord Ganesha by offering flowers, followed with chanting of hymns of Lord Ganesha who is also known as the VIGNA NASHAKA. In India the first pooja is titled with the prayers of Ganesha and the teachers distributed the Lord's prasadam to all the students in the school.



MI NOTE 11





One Day Trip

School trip for students means "Finally out of the classroom". With full of energy and excitement to make memories with their dear ones and friends, the school had organised a day trip to "Discovate Resort" for students of Class 1 to 7. Children enjoyed the adventurous games, scary room, 4- D Movie and many more exciting games.





Annual Humanities Exhibition

PPEC celebrated Annual Humanities Exhibition 20-25, which blended the echoes of culture, the humanities and languages showcase. The school exhibited different projects based on culture and languages.





Turning Lessons into Memories

Our classroom turns into a hub of ideas, teamwork, and fun-filled learning activities. Teachers conduct various activities during class to enhance student engagement and learning.



Chess Competition 2025-26
Deepanvitha of class VI won
the Runner-up cup.



Inter PPEC Sports

INTER PPEC was conducted at INDRANAGAR for the year 2025-26. Boys were awarded runner's for Volleyball.



Table Tennis Runner- Ups for
2025-26
Neeraj R Koundinya VII (A)
Loudraj VII(B), Vishoth N VII(B)
Ayush Nath Raval VII(B),
Lokesh K (VI)





Our schoolgirls team had participated in Taluk level Net Ball and won 1st place

Cluster and Taluk Level Achievers of 2025



Under 14 table tennis winners (girls)
Chintana R (VI)
Monisha V (VI)



Mithun Gowda of class VII participated in Karate and Chess
(under 14) won the 1st place

Kushal of class VI secured 3rd place in 600 mts Running Race

Rohit Gowda of class VII secured 3rd place in Shot-put

Our schoolboys' team had participated in Taluk level Hand Ball and won 1st place





Class 1: 2025-2026



Class 2A: 2024-2025



Class 2B: 2025-2026



Class 3A: 2025-2026



Class 3B: 2025-2026



Class 4: 202-2026



Class 5A: 2025-2026



Class 5B: 2025-2026



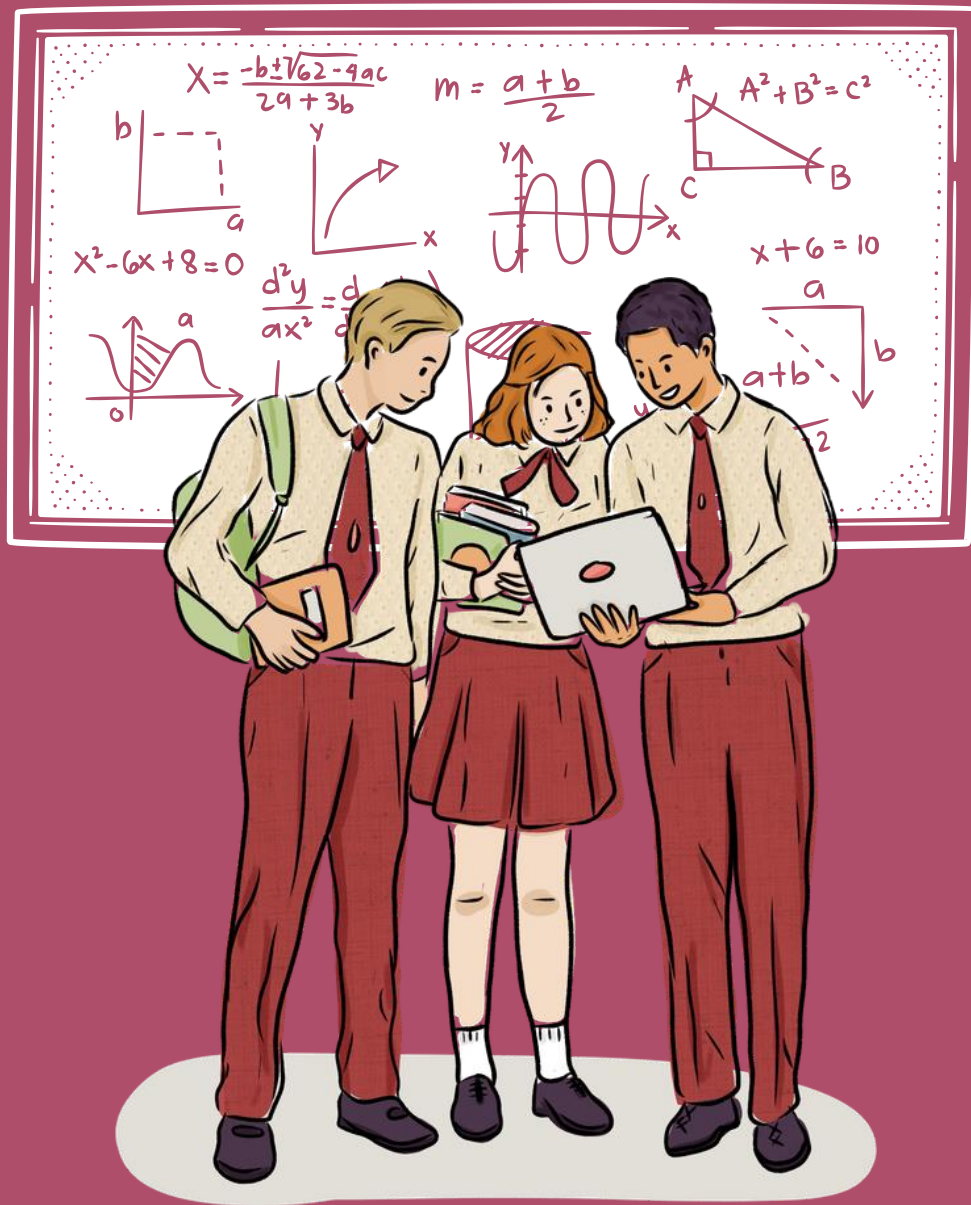
Class 6: 2025-2026



Class 7A: 2025-2026



Class 7B: 20245-2026



high
school

Sanskrit Language

Sanskrit is one of the oldest and most beautiful language in the world. It is known as the mother of many Indian languages and holds a special place in the culture and spiritual heritage of India. The word Sanskrit means “ well-refined” or perfected, which reflects its rich grammar, clarity and elegance. It is often called the language of the gods(Deva bhasha) because most ancient Hindu scriptures and classical texts were written in Sanskrit.

The history of Sanskrit goes back more than 5000 years. It originated in ancient India and was first used by scholars and sages to compose hymns, prayers and philosophical works. The oldest known Sanskrit texts are the vedas, which are considered the earliest literary works in the world. Later great poets and philosophers like Valmiki, Vyasa, Kalidasa, Panini and Chanakya enriched the language with their timeless writings.

Panini, a famous grammarian, wrote the “ A Shtadyayi”, which is a scientific and systematic grammar of Sanskrit and still admired by linguists across the globe.

Sanskrit is not just a language; it is a treasure of knowledge. Many ancient texts on science, mathematics, astronomy, medicine and philosophy were written in Sanskrit. It has influenced several languages like Hindi, Marathi, Bengali, Kannada and even some European language. The structure of Sanskrit is highly logical and precise, which makes it ideal for computer programming and Artificial Intelligence researchers around the world study Sanskrit for its linguistic perfection and clarity.

Although Sanskrit is an ancient language, it is still taught in many schools and universities in India and abroad. There are villages in India, such as Mattur in Karnataka and Jhiri in Madhya Pradesh where people speak Sanskrit in daily life. The Indian constitution recognises Sanskrit as one of the official languages in India. In recent years, interest of learning Sanskrit has grown again because of its cultural scientific and spiritual value- many modern scholars and students are working to preserve and promote our great language- Sanskrit.

Sanskrit is not only the foundation of India's linguistic tradition but also a key to understanding its ancient wisdom.

It connects the past with the present and inspires future generations to value knowledge, culture and harmony. Every student should take pride in this classical language that continues to shine as a symbol of India's glorious heritage.

-Chiranjeevi Rao M S (IX A)

Small Steps, Big Dreams

Dreams are like stars—Bright, inspiring and sometimes distant. But even the highest star can be reached if we take one small step at a time. Often, we think that only huge efforts bring results, but real success is built on tiny actions repeated consistently. Every great achievement starts with a simple decision. Learning new skill, helping someone or practicing everyday may seem small but over time, these small steps accumulate into something extraordinary. Even failure along the way is a part of Journey. They teach lesson that no short cut ever can.

The keynote is patience and perseverance. Just like a river carves canyon slowly over year, our dreams are achieved step by step, day by day. Celebrate every little progress, because each step brings you closer to your dreams.

Remember no dream is too big if you have the courage to take the first small step.

—Namana L Yadav (VIII A)

Chase
Your
Dreams

Unity is Strength

Long ago in a gurukul, there lived a wise guru with many disciples. The disciples were good at studies but they often argued. One would say “I am the cleverest”, while another claim, “I am the strongest”. Soon, they began to fight and after a few days, fights became common in gurukul.

The guru thought, my students must learn the power of unity. The next morning, the guru called the disciples, “Come with me, my children”, he said with a gentle smile. They walked in a garden.

Suddenly, the guru stopped and pointed to the ground. “Look carefully, what do you see?”. The disciples bent down. They saw a group of ants. They were carrying a heavy grain of rice together. One disciple said in surprise, “these tiny ants are carrying such a big grain. The guru asked, “Could one ant carry it alone?”. The disciples quickly answered, “No, guruji”.

The guru smiled and said, alone each ant is weak but together they are strong. He looked at the disciples and added, you too must be like the ants. If you fight, you will fail but if you stay together you will win. The disciples look at one another. They understood the words of guru. From that day they were together, helped each other, and finally peace returned to the gurukul. The guru was happy and said always remember my children unity is strength.

When we work together even the hardest task becomes easy. United we stand, divided we fall.

—Kavyashree P (VIII A)



Places On Earth That Feel Unreal

1 Salar De Uyini, Bolivia: Spanning over 10,000 square km, Salar De Uyini is a large salt flat. Basically, it offers a variety of landscapes which differ from season to season. It was formed as a result of evaporation of the prehistoric lakes in Bolivia, thousands of years ago. In the Rainy Season, it looks like a large mirror, very clear and transparent. In the other seasons the salts are visible and a semi-crystalized form can be viewed.

2 Fly Geyser, USA: This place is actually man-made. It looks truly unbelievable! Unlike most geysers, the fly geyser at USA has unique mounds and terraced pools. But the major fact is that these were the result of accidental drilling rather than natural formation!



3 Waitomo Glowworm caves, New Zealand: This cave is a ride in itself. A peaceful, incredible one. The cave has a lake in it. This cave -as the name suggests- has glowworms on its roof. When they glow in the dark, they give a stary effect!



4 Pamukkale Thermal Pools, Turkey: Mineral Rich Hot Springs turned into these Pools. It is combined with the ancient ruins of the Roman City of Hierapolis. The thermal pools are believed to have healing powers!



5 Chocolate Hills, Philippines: There are simply hills but with a unique appearance. During the dry season, the grass on these hills turns brownish. This gives them a chocolate like look and that is why they are known as 'chocolate' hills! There are about 1260 hills here!

6 Underwater waterfall, Mauritius: This is not a real waterfall. In fact, it is just an optical illusion. What it means is that, it is not water going down a slope to form a natural waterfall. It is actually caused by sand and silt that is pulled by the ocean floor beneath. This phenomenon can be viewed clearly only from a raised platform. The most common and recommended way of viewing it is by a helicopter or a seaplane tour. It is truly amazing that sand seems to look like water.



- Sindhu Gururaj Bhat (IX A)

Operation Sindoor

On 22 April, Pakistan based terrorist group "The Resistance Front" (TRF) perpetrated a devastating attack in Pahalgam, India. In this attack 26 innocent tourists were killed in cold blood after segregating them based on their religion. TRF is an offshoot of the well-known Pakistan backed terrorist organization Lashkar-e-Taiba. Post the attack, TRF claimed the responsibility for this attack not once but twice within hours. Pakistan's subsequent refusal to acknowledge or curb these terrorist networks few compelled India to take a responsible but resolute action. In response, on the night of 7-8 May 2025, the Government of India executed "Operation Sindoor". The response was non escalatory, precise, and, targeted terrorist training camps at nine different locations within Pakistan and Pakistan Occupied Kashmir. No military targets were engaged. However, in the early hours of 8 May, Pakistan, in an escalated response launched coordinated drone and missile strikes targeting over a dozen Indian military installations across the Northern and Western theatres, including Srinagar, Jammu, Pathankot, Amritsar, Ludhiana, Bathinda and Bhuj.

India's robust Integrated Counter- drone Grid and layered Air Defense systems intercepted these attacks, recovering debris conclusively traced to Pakistani origin. Following these provocations, India conducted precision strikes against Pakistani Air Defense systems at a number of locations in Pakistan.

These strikes were deliberately confined to the neutralization of systems that had facilitated the earlier Pakistani assault and were executed under the guiding principle of "equal intensity in the same domain." By targeting only those installations directly involved in the aggression, India balanced the imperative of deterrence with its overarching commitment to de-escalation. Concurrently, along the Line of Control in Jammu & Kashmir, Pakistan escalated to unprovoked mortar and heavy-caliber artillery fire into civilian areas in which sixteen innocent lives were lost, including three women and five children. Here too, India was compelled to respond in equal proportion with mortar and artillery fire. Indian Armed forces reiterate their commitment to non-escalation, however, any attempts by Pakistan to escalate will be responded firmly

-Vaishnavi Handibar (VIII A)



The Secret of Udupi's Caterers

During the Mahabharatha battle, there was not a single region that did not take sides and fought the battle depending on their proximity. However, the king of Udupi was depressed with the war, decided not to take sides on the issue, and wanted to remain neutral. Hence, he approached Shri Krishna and briefed him about his views. And made Shri Krishna agree. Since day one, king of Udupi served the warriors with nutritious meals.

Everyday there were innumerable casualties on both the side. Each day thousands of warriors perished so the number of soldiers to be fed was constantly changing. The king and his army of cooks were faced with the impossible task of preparing the exact amount of food needed for the survivors without wasting a single grain. The king was very calculative while cooking and not a soldier went hungry to bed and the food prepared was not wasted. The onlookers like Pandavas and others were astonished with his impeccable calculations and approached to know the secret behind his strategy.

One day, the Pandavas went into the kitchen and asked the cooks how much food was in excess or shortage. The cook replied, "Each day the Udupi King fixes the amount of food to be prepared for feeding the exact number of surviving soldiers. Our king knows how many soldiers are going to die each day. So, deducting that number, he orders food to be prepared for the surviving soldiers".

Pandavas went to the King of Udupi and asked him, "How do you know exactly how many soldiers will die each day"? The king replied, "It is I who serve pudding to Shri Krishna. I attentively observe how many peanuts he eats out of the pudding. From that I calculate how many soldiers are going to die the next day. Each peanut stands for so many thousand soldiers fated to die. Shri Krishna will inform me by eating peanuts. In this way I know how much food I must prepare, considering the number of soldiers who would die the next day".

Pandavas then went and prayed to Krishna, "You will decide how many are supposed to die each day in the battle. Our fight is only a show". And said about the calculations of the Udupi king. Shri Krishna after hearing this felt happy and blessed the Udupi king that his descendants will have legendary cooking skills after the king acted as a neutral cook/ caterer.

The story is said to be the origin of why people from Udupi are known for their catering skills. This incident tells us that everything happens by the arrangement of Krishna. Without his will, not even a blade of grass will move. In order to make us understand, he gives us so many lessons. He is the controller of everything – When we start thinking proudly that "I am doing everything, I am the controller", then Shri Krishna gives us these experiences, so that we understand that he is doing everything and nothing stands in our hand. So, we must have gratitude for what we have.

–Bhavani. D.R (IX B)



The World in 2050: A Future Between Hope and Challenge

Imagine the future: The year 2050 could be unlike anything we know today. Picture cities covered in greenery, skyscrapers powered entirely by Solar and Wind energy and streets filled with electric or even flying cars. Smart homes will anticipate our needs, while artificial intelligence could help in schools, hospitals and workplaces. Medicine might cure diseases that seem impossible to treat now and humans may live longer, healthier lives. The possibilities are endless– a world where technology and comfort blend seamlessly.

The Dark Side: Yet, the future isn't guaranteed to be perfect. If we continue the habits of today–overconsumption, pollution, deforestation and Garbage management, 2050 may face serious problems. Rising temperatures could melt ice caps, raise sea levels and flood coastal cities. Air and water pollution may worsen making life harder for millions. Over population could strain resources like food, water and housing. Many species of Plants and animals might vanish, and social inequalities could deeper creating a world of stark contrasts.

The power of choice: The future of 2050 is a mirror of what we do today. It will be shaped by our decisions, innovations and care for the planet. By adopting sustainable practices, protecting forests and oceans and using technology responsibly, we can create a world that is both advanced and environmentally safe.

Hope on the Horizon: Despite the challenges there is a reason for optimism. Young minds around the world are already developing solutions for clean energy, climate change and education for all. Communities are planting trees, cleaning rivers and promoting awareness. Every small effort today can contribute to a brighter and more balanced future.

A future worth building.

2050 is not just a date on the calendar – It is the result of our actions now. A world of Innovation, Sustainability and opportunity is possible, but only if humans take responsibility. Let's dream big, act wisely and ensure that the world of 2050 is one where both people and the Plants thrive together.

–Nikitha D (IX A)



Deekshith G S (VIII B)

India's First Female Doctor

Dr Anandi Gopal Joshi was India's first woman doctor and a true pioneer in the field of medicine.

She was born on March 31, 1865, in Kalyan, Maharashtra. At a time when women's education was rare, she showed great courage and was determined to study and serve society. Married at a young age of 9 years to Gopal Joshi, she was encouraged by her husband to pursue her education. The loss of her child due to a lack of medical care inspired her to become a doctor.

With her husband's support, she went to the United States and studied at the Women's Medical College of Pennsylvania. In 1886, she earned her degree, becoming the first Indian woman to graduate in western medicine. Sadly, she died of tuberculosis at the age of 21. Though her life was short, Dr Anandi Gopal Joshi remains a symbol of courage and inspiration, proving that determination can overcome any obstacle.

—Trishna S (VIII B)

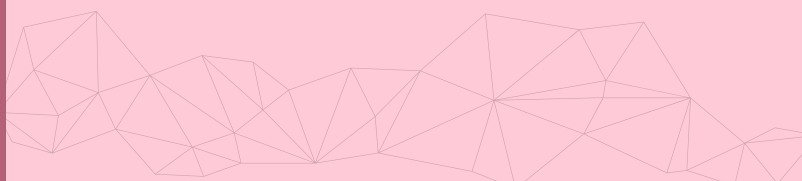


Social Issues

In today's digital age, social media has become an inseparable part of young people's lives. Platforms like Instagram and TikTok connect millions of users, every second allowing them to share thoughts, pictures and experiences instantly while social media has made the world smaller and communication easier, it has also brought about several social and psychological challenges that deeply affect today's youth.

One of the major concerns is the **decline in face to face communication**. Young people now spend more time online than interacting in person, which often leads to feelings of **isolation and loneliness**. The **constant need for validation** through likes, comments and followers creates unrealistic expectations and can harm self esteem. Many teenagers begin to compare their lives with seemingly perfect lives of others media forgetting that what they see online is often filtered and curated.

—Lathisha (IX A)



Importance of trees in Human life

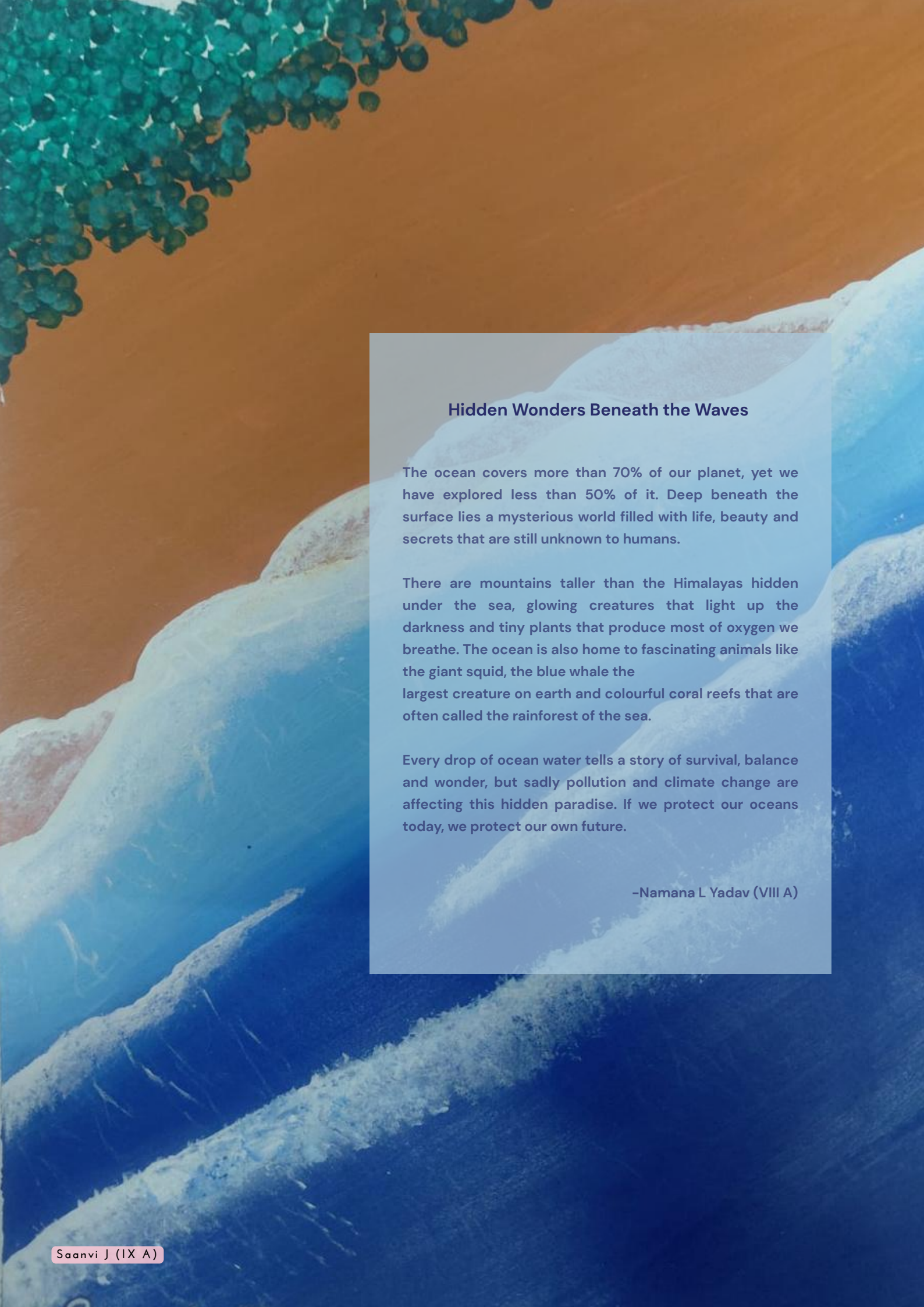
Trees are not just a part of nature; they are silent guardians of our planet and the backbone of Human life. From the air we breathe to the food we eat, trees play a vital role and this cannot be replaced by anything. Every leaf on a tree takes in carbon di oxide and releases oxygen so that all living organisms breathe. But trees do much more than provide oxygen. They are homes for countless birds, insects and animals creating a delicate balance in nature. Shade of a tree provides comfort, and its roots protect the soil from erosion, keeping our lands fertile. Imagine a world without trees – the extremely hot sun would be unbearable, floods would become more frequent, and the songs of birds would Silenced.

They provide fruits, nuts, and medicines that heal our bodies. They inspire poets, painters and dreamers with their beauty and serenity. Sitting under a tree can calm our minds and bring peace in moments of chaos. Every tree we plant is a gift to the future and also gift to our next generation—a promise of cleaner air, cooler streets and a healthier planet. Protecting trees is not just an environmental act; it is a way of protecting ourselves. By valuing and caring for trees, we ensure that the beauty and life they bring remain for generations to come.

–Ganesha R (IX A)



Deepthi M (X B)



Hidden Wonders Beneath the Waves

The ocean covers more than 70% of our planet, yet we have explored less than 50% of it. Deep beneath the surface lies a mysterious world filled with life, beauty and secrets that are still unknown to humans.

There are mountains taller than the Himalayas hidden under the sea, glowing creatures that light up the darkness and tiny plants that produce most of oxygen we breathe. The ocean is also home to fascinating animals like the giant squid, the blue whale the largest creature on earth and colourful coral reefs that are often called the rainforest of the sea.

Every drop of ocean water tells a story of survival, balance and wonder, but sadly pollution and climate change are affecting this hidden paradise. If we protect our oceans today, we protect our own future.

–Namana L Yadav (VIII A)

अद्यतन-शिक्षणव्यवस्थायां सनातनमूल्यानां प्रासङ्गिकता

अद्यतने वैज्ञानिके युगे यदा वयं प्रविधि-क्षेत्रे गगनचम्बिनः सफलताः प्राप्तवन्तः, तदा अस्माकं शिक्षणव्यवस्थायां एका महती रिक्तिः दृश्यते। सा रिक्तिः अस्ति— 'नैतिकमूल्यानां रिक्तिः'। अद्यतनशिक्षा केवलं सूचनानां सङ्ग्रहः, जीविकोपार्जनस्य साधनं च भूत्वा अवशिष्टा अस्ति। अस्मिन् सन्दर्भे सनातनमूल्यानां पुनः प्रतिष्ठापनं न केवलं गौरवास्पदं, अपि तु अनिवार्यं वर्तते।

"सा विद्या या विमुक्तये" इति अस्माकं ऋषीणां उद्घोषः अस्ति, यस्य तात्पर्यं भवति यत् विद्या सा या अस्मान् बन्धनेभ्यः (अज्ञानात्, स्वार्थात्, विकारेभ्यः च) मुक्त्वा मानवतायाः परमपदं प्रापयति। अद्यतन-शिक्षायां यदि केवलं ज्ञानं दीयते परन्तु सदाचारः न भवति, तर्हि तत् ज्ञानं विनाशकारी भवति। रामायणे वयं पश्यामः यत् रावणः परमविद्वान्, वैदज्ञः च आसीत्, परन्तु सनातनमूल्यानां (विनयस्य, सदाचारस्य च) अभावात् तस्य सर्वं ज्ञानं व्यर्थं जातम्। तस्य विपरीतं मर्यादापुरुषोत्तमः श्रीरामः ज्ञान-विज्ञान-शस्त्रास्त्रेषु निपुणः सन् अपि 'विनयस्य' प्रतिमूर्तिः आसीत्। अस्माकं शिक्षणव्यवस्थायां रामस्य इव मूल्यानां समावेशः छात्रान् एकं श्रेष्ठं नागरिकं निर्मातुं शक्नोति। सम्प्रति लोके बालाः हिंसायाः, असन्तोषस्य च गर्तं प्रविशन्ति। छात्राः अल्पे अपि विफले सति आत्महत्यां कुर्वन्ति। अत्र भगवद्गीतायाः निष्कामकर्मयोगस्य शिक्षा अतीव आवश्यकी अस्ति— "कर्मण्येवाधिकारस्ते मा फलेषु कदाचन।" यदि छात्राः फलं विहाय स्वकर्तव्ये ध्यानं दद्युः, तर्हि समाजः व्याधिमुक्तः भविष्यति।

महाभारते विदुरनीतिः कथयति यत्— "न कश्चित् कस्यचिन्मित्रं न कश्चित् कस्यचिद्विपुः। व्यवहारेण जायन्ते मित्राणि रिपवस्तथा॥" अद्यतनशिक्षायां व्यवहारकुशलतायाः एषः पाठः सनातनमूल्यैः एव प्राप्तुं शक्यते। यदा वयं प्रामुख्यतायाः चर्चां कुर्मः, तदा 'वसुधैव कुटुम्बकम्' इति भावना अस्माकं शिक्षायाः प्राणः भवेत्। अद्य जगति युद्धस्य वातवरणं वर्तते। यदि बाल्यकालादेव छात्राः "सर्वे भवन्तु सुखिनः" इति मन्त्रं पठेयुः, तर्हि भविष्ये विश्वशान्तिः असम्भवा नास्ति। रामायणे भरतस्य त्यागः, लक्ष्मस्य सेवाभावः, महाभारते युधिष्ठिरस्य सत्यनिष्ठा च अस्मान् शिक्षयन्ति यत् सम्पदः अपेक्षया सम्बन्धः, सत्यं च अधिकं मूल्यवत् भवति। एतदिदिशि अस्माकं शालायाः प्रयत्नानि।

अस्माकं शालायाः गुरवः विषयेस्मिन् छात्रान् प्रेरयितुं सदा उद्युक्ताः, तत्पराः च। गीतायाः विषयान्, रामायण-भारत विषयान्, पुराणकथाः बोधयन्तः प्रेरयन्ति। छात्राः विद्याभ्यासे उत्तमाः भवेयुः, तेन साकं सद्गुण सम्पन्नाः अपि भवेयुः। लोके कीर्तिं च सम्पादयन्ताम् इत्याशयः। अन्ते वक्तुं शक्यते यत् आधुनिकशिक्षायाः भौतिकवादः (Materialism) तथा सनातनसंस्कृतेः आध्यात्मवादः (Spiritualism) इत्यनयोः समन्वयः एव अद्यतन-आवश्यकता अस्ति। यतः— "विद्यया अमृतमश्नुते"। विना संस्कारैः विद्या केवलं भारः अस्ति। अतः अद्यतन-शिक्षणव्यवस्थायां वैज्ञानिकदृष्टिकोणेन सह सनातनमूल्यानां मिश्रणं कृत्वा एव वयं पुनः 'विश्वगुरु' पदं प्राप्तुं समर्थाः भविष्यामः। एषा एव अस्माकं राष्ट्रस्य मानवतायाः च परमं कल्याणं साधयिष्यति।

ॐ स्वस्ति।

— चिन्मय भट्टः, संस्कृतशिक्षकः।



Nandi– The Devoted Companion of Lord Shiva.

In Hindu Mythology, Nandi, the sacred bull, as known as Lord Shiva's Vahana (Vehicle) and a devoted companion. His story is one of faith, devotion and loyalty that teaches us the true meaning of surrender to God. Long ago, a sage named Shilada prayed to Lord Shiva for a divine child. Pleased with his devotion, Shiva blessed him and a radiant boy emerged from sacred fire. The boy was named Nandi meaning– Joyful one. As Nandi grew up his love and devotion to Lord Shiva was unmatched. When he was told that his life would be short, Nandi prayed deeply to Shiva. Impressed by faith, Lord Shiva appeared and granted him immortality making him his mount (Vahana) and guardian In every temple of Lord Shiva.



Nandi sits facing Lord Shiva symbolizing complete devotion and focus. Devotees often whisper their prayers believing he will pass them on to the Lord.

–Vaishnavi M S (IX B)



An Unplanned Trip

This dussehra vacation, me and my family went to Rameshwaram. It was an astonishing trip with a lot of beautiful sights of nature and more. We also went to Dhanushkodi as an unplanned visit since we had some time left. This particular place made me curious about its history and past. I decided to research about it and here are my findings.

Dhanushkodi is a small town in Rameswaram, Tamil Nadu, India. It has a rich and fascinating history. The town is located at the southernmost tip of the Indian mainland, where the Bay of Bengal and the Indian Ocean meet.

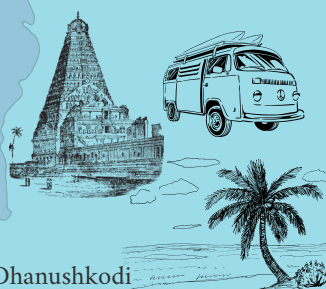
According to Hindu mythology, Dhanushkodi is believed to be where Lord Rama, the hero of the epic Ramayana, built a bridge known as Rama Setu. He constructed this bridge to cross the sea to Lanka and rescue his wife Sita from the demon king Ravana. The monkey god Hanuman and his army helped in this effort.

Dhanushkodi has served as an important port and centre of trade since ancient times. The town was a major hub of maritime trade between India and Sri Lanka. It also attracted many Hindu pilgrims.

Dhanushkodi was a thriving town until a massive cyclone devastated it in 1964. The cyclone struck on December 22, 1964, causing widespread destruction and taking thousands of lives. After the cyclone, the town was abandoned and remained a ghost town for many years.

In recent years, Dhanushkodi has become a tourist destination. Efforts have been made to restore the town's historical significance. It is now a popular spot for pilgrims and tourists who visit the ancient temples (one of them being the Kothandaramaswamy temple) beaches, and scenic landscapes.

—Arjun Manoj (VIII B)



The Accidental Invention That Changed Our Kitchens Forever

I want to share with you a story that is fascinating, unexpected, and delicious — quite literally! It's the story of how one of the most common appliances in our homes — the microwave oven — was invented completely by accident.

We often think inventions come from years of careful planning and research. But sometimes, the greatest discoveries happen when we least expect them. And this is one such story — a story that starts not in a kitchen, but in a radar laboratory during World War II. Let's go back in time to the year 1945. The world was still recovering from war, and scientists and engineers were working on new technologies for defense. One of them was an American engineer named Percy Spencer. He worked for a company called Raytheon, and his job was to improve a device called the magnetron. Now, the magnetron was a powerful piece of equipment that could generate microwaves — a type of invisible electromagnetic wave. These waves were used in radar systems to detect enemy ships and planes. Percy Spencer was testing one of these magnetrons in the lab, when something unusual happened. While standing close to the device, Percy felt a strange sensation. He reached into his pocket and found that his chocolate bar had melted! It wasn't hot in the room. There was no stove nearby. So what had caused it? Most people might have just shrugged it off. But Percy Spencer was no ordinary man — he was curious. Instead of ignoring what happened, he decided to experiment.

The next day, he brought some popcorn kernels and placed them near the magnetron. And guess what? They popped! Right there on the lab table. This was no coincidence. Percy had discovered that the microwaves from the magnetron were heating the food — quickly and efficiently.

That day marked the birth of a revolutionary idea — using microwaves to cook food.

Soon after, Percy and his team began developing the first microwave oven. The early versions were large and expensive — some were as big as a refrigerator and cost thousands of dollars. But over time, they became smaller, cheaper, and entered our homes. Today, microwaves are everywhere — in kitchens, offices, even in restaurants.

But here's what makes this story so special. Percy Spencer was not trying to invent a microwave oven. He wasn't following a recipe or a plan. He simply paid attention to something unusual and followed his curiosity. He asked, "Why did this happen?" and in doing so, he discovered something that changed the world.

Friends, this story teaches us an important lesson. Some of the greatest discoveries in science, technology, and even in life, happen when we least expect them. All we need to do is stay curious, observe carefully, and ask questions.

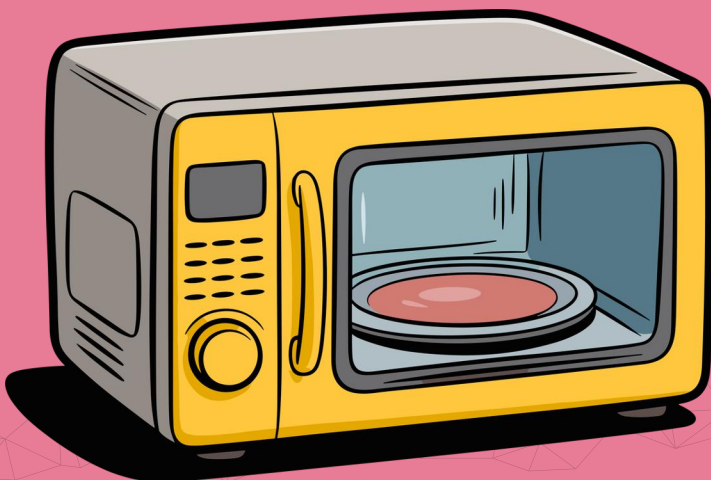
Also, it teaches us that mistakes or accidents are not always bad. In fact, many important inventions have happened by accident — penicillin, X-rays, even potato chips! What matters is how we respond to those moments.

So, the next time something strange or unexpected happens, don't just walk away. Don't just laugh it off. Stop and ask, "Why?" Who knows — you might be on the path to discovering the next big thing.

To conclude, remember this:

- ✔ **Always be curious.**
- ✔ **Never stop asking questions.**
- ✔ **Mistakes can be powerful teachers.**
- ✔ **And sometimes, even a melted chocolate bar can change the world!**

—Ms. Sunitha M



सालुमरदा तिम्मक्का : एक महान व्यक्तित्व

श्रद्धा सुमन अपित,
उस दिव्य महान विभूति को,
जो कर्नाटक का शृंगार बनी।
‘धरती की मौँ’ कहलाकर,
पेड़ों का पालनहार बनी।।

हजारों पेड़ लगाकर,
भावी पीढ़ी को उपहार दिया।
इन्की निष्ठा और त्याग ने,
‘सालुमरदा तिम्मक्का’ नाम दिया।

दरिद्रता के गमले में पनपकर ,
संघर्ष की मिट्टी में पली,
खेतों में पसीना बहा-बहाकर,
दो जून की शेट्टी मिली।

न स्कूल गई,
न कोई शब्द पढ़े,
अपने उदात्त व्यक्तित्व से,
मिसाल कायम करती रही।

खुद का आँचल खाली रहा,
पेड़ों को लगाती रहीं,
बच्चों की तरह पाला पोसा,
हरियाली का स्वप्न सजाती रहीं।

मिली न कभी सरकारी छौँव,
रहा साधनों का हरदम अभाव,
पर हिम्मत नहीं हारी कभी,
बढ़ती रही, धरती हरी करती रही।

धर्म कार्य का आह्वान कर,
पशु पक्षियों का सम्मान किया।
सुंदर आश्रय धाम बनाकर
उनको भी जीवन दान दिया।

पैसों की कमी न बाधा बनी,
प्रशस्ति का व्यवहार किया।
दीन-दुखियों की सेवा कर,
समाज का कल्याण किया।

समाज की इस मिसाल को,
पद्मविभूषण , वीर चक्र,
आदि से अलंकृत किया,
सम्मान दिया, गौरव किया।

आज सो गई है वो
अनाथ हो गए हैं पेड़,
बस इंतज़ार है तो
एक नई “सालुमरदा तिम्मक्का” का -.....

हिंदी अध्यापिका
डॉ. प्रीति स्तुंगी



ಸ್ನೇಹವೆಂಬ ಅಪ್ಪ ನಿಧಿ

ಶ್ರೀ ಮಂಜುನಾಥೇಶ್ವರ ದೇವಸ್ಥಾನ, ಕದ್ರಿ



ಮಂಗಳೂರು ಬಳಿ ಇರುವ ಕದ್ರಿ ಮಂಜುನಾಥೇಶ್ವರ ದೇವಸ್ಥಾನವು ಸುಮಾರು ಕ್ರಿ.ಶ. 1068 ರ ಹಿಂದಿನ ಪ್ರಾಚೀನ ಐತಿಹಾಸಿಕ ದೇವಾಲಯಗಳಲ್ಲಿ ಒಂದಾಗಿದೆ. ಕದ್ರಿ ಮಂಜುನಾಥ ದೇವಸ್ಥಾನವು ವಿಜಯನಗರ ಶೈಲಿಯ ರಚನೆಗೆ ಸೇರಿದೆ. ಇದಕ್ಕೆ ಕದ್ರಿ ಎಂಬ ಹೆಸರಿನ ಬಗ್ಗೆ ಸಾಕಷ್ಟು ಅರ್ಥವಿದೆ. ಇದು ಕದರಿಯಿಂದ ಬಂದಿದೆ, ಅಂದರೆ ಬಾಳೆ ಎಂದರ್ಥ ಮತ್ತು ಕದ್ರಿ ಬಾಳೆ ಮರಗಳಿಂದ ತುಂಬಿತ್ತು ಎಂದು ತಿಳಿದುಬಂದಿದೆ. ಆದರೆ ಇದು ತುಂಬಾ ಸಾಮಾನ್ಯವಾದ ಅರ್ಥವಾಗಿರಬಹುದು. ಬೌದ್ಧ ಗಣತಿದಾರ ಕದರಿಕ ಎಂದರೆ ಬೆಟ್ಟದ ಪಕ್ಕದ ಹುಲ್ಲುಗಾವಲು ಭೂಮಿ ಎಂದರ್ಥ.

ಪುರಾಣ:

ಕದ್ರಿಯು ಪುರಾಣಗಳಿಂದ (ಹಿಂದೂ ಪುರಾಣ) ಅದರ ಪಾವಿತ್ರ್ಯ ಮತ್ತು ಭಗವಾನ್ ಮಂಜುನಾಥನ ವಾಸಸ್ಥಾನದ ಬಗ್ಗೆ ತನ್ನದೇ ಆದ ಕಥೆಯನ್ನು ಹೊಂದಿದೆ. ಈ ಕಥೆ ಸಂಸ್ಕೃತದಲ್ಲಿ ಮತ್ತು "ಭರದ್ವಾಜ ಸಂಹಿತೆ" ದಲ್ಲಿ ಲಭ್ಯವಿದೆ. ಪ್ರಾಚೀನ ದಿನಗಳಲ್ಲಿ ಕದರಿಕ ಸಿದ್ಧಾಶ್ರಮದ ಭಾಗವಾಗಿತ್ತು, ಅನೇಕ ಮುಷಿಗಳು, ಸಂತರು ಆಗಾಗ್ಗೆ ಧ್ಯಾನ ಮತ್ತು ತಪಸ್ಸು ಮಾಡುತ್ತಿದ್ದರು. ಪಾಪ ಅಥವಾ ತಪ್ಪು ಕಾರ್ಯದ ಭಯವಿರಲಿಲ್ಲ. ಒಮ್ಮೆ ಮಂಜುನಾಥನ ಪಾವಿತ್ರ್ಯ ಮತ್ತು ಶ್ರೇಷ್ಠತೆಯ ಬಗ್ಗೆ ಇಬ್ಬರು ಮಹಾನ್ ಮುಷಿಗಳಾದ ಬ್ಬುರು ಮುಷಿ ಮತ್ತು ಕವಿಲ ಮುಷಿಗಳ ನಡುವೆ ಚರ್ಚೆ ನಡೆಯಿತು. ಈ ಚರ್ಚೆಯನ್ನು ಕೇಳಿದ ಭಾರದ್ವಾಜ ಮುಷಿ ತಮ್ಮ ಅನುಯಾಯಿಗಳಲ್ಲಿ ಒಬ್ಬರಾದ ಸುಮಂತುನಿಗೆ ಹೇಳಿದರು. ಆದ್ದರಿಂದ ಇದನ್ನು ಭಾರದ್ವಾಜ ಸಂಹಿತೆ ಎಂದು ಕರೆಯಲಾಯಿತು.

ಕಥೆ ಹೀಗಿದೆ:

ವಿಷ್ಣುವಿನ ಅವತಾರವಾದ ಪರಶುರಾಮನು ಅಹಂಕಾರಿ ಕ್ಷತ್ರಿಯ ರಾಜರನ್ನು ನಾಶಮಾಡಿ, ವಶಪಡಿಸಿಕೊಂಡ ಭೂಮಿಯನ್ನು ಕಶ್ಯಪ ಮುಷಿಗೆ ದಾನ ಮಾಡಿದನು. ದಾನ ಮಾಡಿದ ಭೂಮಿಯಲ್ಲಿ ಆಶ್ರಯ ಪಡೆಯುವವರು ಪುಣ್ಯವಲ್ಲ ಎಂದು ಭಾವಿಸಿ, ಪರಶುರಾಮನು ಸಹ್ಯಾದ್ರಿ ಪರ್ವತ ಪ್ರದೇಶದಲ್ಲಿ ಶಿವನ ಕಠಿಣ ತಪಸ್ಸು ಮತ್ತು ಧ್ಯಾನ ಮಾಡಿ, ಆಶ್ರಯಕ್ಕಾಗಿ ಹೊಸ ಭೂಮಿಯನ್ನು ಹುಡುಕಿದನು. ಭಗವಾನ್ ಅವನ ಮುಂದೆ ಕಾಣಿಸಿಕೊಂಡು ಮಾನವಕುಲದ ಒಳಿತಿಗಾಗಿ ಮಂಜುನಾಥನಾಗಿ ಅವತರಿಸುತ್ತೇನೆ ಎಂದು ಹೇಳಿದನು ಮತ್ತು ಕದಲಿವನದಲ್ಲಿ (ಇಂದಿನ ಕದ್ರಿ) ತನ್ನನ್ನು ಧ್ಯಾನಿಸಲು ಸೂಚಿಸಿದನು. ಪರಶುರಾಮನು

ಕದಲಿವನವನ್ನು ನೋಡಿದನು, ಅದು ಸಹ್ಯಾದ್ರಿ ಪರ್ವತದಿಂದ ಹತ್ತು ಯೋಜನೆ ದೂರದಲ್ಲಿದೆ ಮತ್ತು ಸಾಗರದಿಂದ ಕೂಡಿದೆ. ಅವನು ಸಾಗರ ರಾಜನನ್ನು ಆ ಕದಲಿವನವನ್ನು ತನಗಾಗಿ ಬಿಡಲು ಕೇಳಿದನು. ಆದರೆ ಸಾಗರ ರಾಜನು ತನ್ನ ಆಸೆಯನ್ನು ಪೂರೈಸಲಿಲ್ಲ. ಸಾಗರ ರಾಜನ ಈ ಕೃತ್ಯದಿಂದ ಕೋಪಗೊಂಡ ಪರಶುರಾಮನು ತನ್ನ ಕೊಡಲಿಯನ್ನು (ಆಯುಧ) ತೆಗೆದುಕೊಂಡು ಸಾಗರ ರಾಜನ ಮೇಲೆ ಗರ್ಜಿಸಿದನು. ಭೂಮಿಯನ್ನು ದಾನ ಮಾಡುವ ಮೂಲಕ ಭಯಭೀತನಾದ ರಾಜನು ತನ್ನ ಆಶ್ರಯವನ್ನು ಪಡೆದನು. ಶಿವನ ಆದೇಶದಂತೆ ಪರಶುರಾಮರು ಹೊಸ ಭೂಮಿಗೆ ಭೇಟಿ ನೀಡಿದಾಗ ಅಲ್ಲಿ ಒಂದು ಕದಲಿವನ (ಬಾಳೆ ಗದ್ದೆ) ಮತ್ತು ಒಂದು ರಸಕೂಪ (ಬಾವಿ) ಕಂಡುಬಂದವು. ಆ ರಸಕೂಪದಲ್ಲಿ ಶಿವನು ಪರಶುರಾಮನ ಮುಂದೆ ಪ್ರತ್ಯಕ್ಷನಾಗಿ ವಿಶ್ವಕರ್ಮನ (ದೈವಿಕ ಶಿಲ್ಪಿ) ಸಹಾಯದಿಂದ ಅಲ್ಲಿ ದೇವಾಲಯವನ್ನು ನಿರ್ಮಿಸಲು ಆದೇಶಿಸಿದನು. ಅದರಂತೆ ವಿಶ್ವಕರ್ಮನು ಒಂದು ದೇವಾಲಯ ಮತ್ತು ಪಟ್ಟಣವನ್ನು ನಿರ್ಮಿಸಿದನು. ಕಾಲಾನಂತರದಲ್ಲಿ ವಿವಿಧ ವಿದ್ವಾಂಸರು, ಮುಷಿಗಳು, ಸಂತರು, ತತ್ವಜ್ಞಾನಿಗಳು ಇಲ್ಲಿಗೆ ಬಂದು ಆಶ್ರಯ ಪಡೆದರು. ನಂತರ ಶಿವನ ಪತ್ನಿ ಪಾರ್ವತಿ ದೇವಿಯು ಇಲ್ಲಿ ನೆಲೆಸಲು ನಿರ್ಧರಿಸಿದಳು. ಶಿವನ ಆದೇಶದಂತೆ, ಸಪ್ತಕೋಟಿ ಮಂತ್ರಗಳು (ಎಳು ಕೋಟಿ ಪವಿತ್ರ ಮಾಟಗಾರರು) ಇಲ್ಲಿ ಸಪ್ತ ತೀರ್ಥಗಳಾಗಿ (ಎಳು ಕೊಳೆಗಳು) ನೆಲೆಸಿದವು.

ಅಶಿಕಾ
9ನೇ ತರಗತಿ 'ಎ' ವಿಭಾಗ

ಒಂದು ಮಗು ಹುಟ್ಟಿ ಶಾಲೆಗೆ ಹೋಗಲು ಆರಂಭಿಸಿದಾಗ ನಿಗುವ ಪಾಠಕ್ಕಿಂತ ಅಮೂಲ್ಯ ಬಂಧನವೇ ಗಳಿತನ. ಅದು ನಿಜವೇ ಆಗಿದ್ದರೆ ಯಾರಿಂದಲೂ ಅದನ್ನು ಮುರಿಯಲು ಸಾಧ್ಯವಿಲ್ಲ. ಹಾಗೆಂದು ಗಳಿತನ ಯಾವಾಗ ಹೇಗೆ ಆರಂಭವಾಗುತ್ತದೆ ಎಂದು ಯಾರಿಗೂ ತಿಳಿಯದು. ಅದರ ಅದಕ್ಕಿರುವ ಕತ್ತಿ ಅಪೂರ್ವ. ಅನೇಕ ಬಾರಿ ನಾವು ಸಂತಪ್ತದಲ್ಲಿ ನಿಲುಕಿ ಕೊಂಡಾಗ ತಂದೆ ತಾಯಿಗಿಂತ ಮೊದಲು ಸ್ನೇಹಿತರ ಬಳಿ ಮುಖಗರವಿಲ್ಲದೆ ಹೇಳಿಕೊಳ್ಳುತ್ತೇವೆ. ಹಿರಿಯರು ಅಪ್ಪೇ, ತಮ್ಮ ಮಕ್ಕಳ ಜೊತೆ ಒಳ್ಳೆಯ ಸ್ನೇಹಿತರು ಇದ್ದಾರೆ ಎಂದರೆ ನಮ್ಮದಿಯ ನಿಟ್ಟುಸರು ಬಿಡುತ್ತಾರೆ.

ನಿಜವಾದ ಸ್ನೇಹಿತರು ಹಣ, ಸಂಪತ್ತು, ಆಸ್ತಿ ಇದ್ದಾಗ ಅಥವಾ ನಾವು ಸಂತೋಷದಲ್ಲಿದ್ದಾಗ ಮಾತ್ರ ಬರುವವರಲ್ಲ. ಬದರಿಗೆ ದುಃಖದಲ್ಲಿರುವಾಗ, ನಮ್ಮ ಪರಿಸ್ಥಿತಿಯನ್ನು ಅರ್ಥ ಮಾಡಿಕೊಂಡು ತನ್ನ ಕೈಯಲ್ಲಾದಷ್ಟು ನೆರವಾಗುವವರೇ ನಿಜವಾದ ಸ್ನೇಹಿತರು. ಇಂತಹ ಸ್ನೇಹಿತರು ನಮಗೆ ಸಿಕ್ಕಿದರೆ ನಾವು ಪುಣ್ಯವಂತರು ಚಿಂತಿಸಿ ನೋಡಿ, ನೀವು ಸಂತೋಷದಿಂದ ಇದ್ದೀರಿ ಎಂದಾದರೆ ಹೆಚ್ಚಿನ ಬಾರಿ ಅದಕ್ಕೆ ನಿಮ್ಮ ಸ್ನೇಹಿತರೇ ಕಾರಣರಾಗಿರುತ್ತದೆ.

ಅದೃಷ್ಟದಶಾಂತ, ನನಗೂ ಜೀವನದಲ್ಲಿ ಅದ್ಭುತ ಸ್ನೇಹಿತರು ಸಿಕ್ಕಿದ್ದಾರೆ. ಆದರ್ಯಾರು ಕಷ್ಟದ ಸಮಯದಲ್ಲಿ ನನ್ನನ್ನು ಒಂಟಿಯಾಗಿ ಬಿಟ್ಟು ಹೋದವರಲ್ಲ. ವೈಯಕ್ತಿಕವಾಗಿಲ್ಲದೇ, ನನ್ನ ಸಂತೋಷದಲ್ಲಿ ಬಹುದೊಡ್ಡ ಪಾತ್ರ ವಹಿಸಿರುವ ನನ್ನ ಸ್ನೇಹಿತರು ನನಗೆ ಅನೇಕ ಪಾಠಗಳನ್ನು ಹೇಳಿಕೊಟ್ಟಿದ್ದಾರೆ, ಹೊಸ ವಿಚಾರಗಳನ್ನು ಕಳಿಸಿದ್ದಾರೆ.

ಸ್ವಾಮಿ ವಿವೇಕಾನಂದರು ತಮಗೆ ಬಾಲ್ಯದಲ್ಲಿ ಕಷ್ಟಗಳು ಎದುರಾದಾಗ ಮನಸ್ಸನ್ನು ಅರ್ಥ ಮಾಡಿಕೊಂಡು ಸಹಾಯ ಮಾಡಿದ ಸ್ನೇಹಿತರನ್ನು ನೆನಪಿಸಿಕೊಳ್ಳುತ್ತಾರೆ. ಸ್ನೇಹ ಎನ್ನುವುದು ಬದವ ಬದ್ಧ. ಜಾತಿ ಧರ್ಮ, ವಯಸ್ಸಿನ ಹಿಂಗಿಲ್ಲದೆ ಎಲ್ಲೆಡೆ ಬೆಳೆಯುತ್ತದೆ. ಪ್ರತಿ ವ್ಯಕ್ತಿಯು ತನಗೆ ದೈರ್ಯ ತುಂಬುವ ಕಷ್ಟ ಸುಖಗಳನ್ನು ಹಂಚಿಕೊಳ್ಳಬಲ್ಲ ಕೆಟ್ಟ ಪರಿಸ್ಥಿತಿಯಲ್ಲಿ ನೈತಿಕ ಸ್ವರ್ಯ ತುಂಬುವ ಸ್ನೇಹಿತರ ಬಳಗವನ್ನು ಸೃಷ್ಟಿಸಿಕೊಂಡಿರುತ್ತಾರೆ. ನೀವು ಅಪ್ಪೇ ನಿಮ್ಮ ಸ್ನೇಹಿತರು ನಿಜವಾಗಿದ್ದರೆ ಎಂದಿಗೂ ಅವರನ್ನು ಕಳೆದುಕೊಳ್ಳಬೇಡಿ.

ಕಾವ್ಯ ಶ್ರೀ. ಎಸ್

9ನೇ ತರಗತಿ

'ಎ' ವಿಭಾಗ



ಗಣೇಶನ ಕಳೆದುಹೋದ ಸಹೋದರಿ - ಅಶೋಕಸುಂದರಿ

ಭಾರತೀಯ ಪುರಾಣಗಳಲ್ಲಿ ಗಣೇಶ ಮತ್ತು ಕಾರ್ತಿಕೇಯರನ್ನು ಎಲ್ಲರೂ ಪರಿಚಿತರಾಗಿ ತಿಳಿದಿದ್ದಾರೆ. ಆದರೆ ಅವರಿಗೆ ಇನ್ನೊಂದು ಸಹೋದರಿಯೂ ಇದ್ದಾಳೆ ಎಂಬುದನ್ನು ಕೆಲವೊಮ್ಮೆ ಮಾತ್ರ ಕೇಳಿರಬಹುದು. ಆಕೆ **ಅಶೋಕಸುಂದರಿ**. ಶಿವ ಮತ್ತು ಪಾರ್ವತಿಯ ಪುತ್ರಿಯಾಗಿ, ಅಶೋಕ ಸುಂದರಿಯ ಕಥೆ ಶಿವಪುರಾಣದಲ್ಲಿ ಮತ್ತು ಕೆಲವು ದೈಶಿಕ ಜನಪದ ಕಥೆಗಳಲ್ಲಿ ವಿವರವಾಗಿ ಬರುತ್ತದೆ.

ಜನ್ಮ ಮತ್ತು ಹೆಸರು

ಪಾರ್ವತಿ ತಮ್ಮ ಕೈಯಿಂದಲೇ ಮಣ್ಣಿನಿಂದ ಗಣೇಶನನ್ನು ರಚಿಸಿದಂತೆ, ಅಶೋಕಸುಂದರಿಯನ್ನು ಆಕೆ **ನಂದನವನದಲ್ಲಿರುವ ಅಶೋಕವೃಕ್ಷಕೊಳಗಿಂದ ಸೃಷ್ಟಿಸಿದಳು**. ಪಾರ್ವತಿಯು ಏಕಾಂಗಿ ಜೀವನದಿಂದ ದುಃಖಿತರಾಗಿದ್ದಾಗ, ಆಕೆಗೆ **ಸಂತೋಷ (ಅಶೋಕ) ಮತ್ತು ಸೌಂದರ್ಯ (ಸುಂದರಿ)** ದೊರಕಲಿ ಎಂದು “ಅಶೋಕಸುಂದರಿ” ಎಂಬ ಹೆಸರನ್ನು ನೀಡಿದಳು. ಅಶೋಕಸುಂದರಿ ಪಾರ್ವತಿಯ ಮಮತೆಯ ನೆರಳಿನಲ್ಲಿ ಬೆಳೆದಳು ಮತ್ತು ನಂದನವನದ ಅಪಾರ ಸೌಂದರ್ಯದಲ್ಲಿ ಬಾಲ್ಯ ಕಳೆದಳು.

ಕಥೆಯ ಮುಂದುವರಿಕೆ

ಶಿವ ಮತ್ತು ಪಾರ್ವತಿ ತಮ್ಮ ಮಗಳು ಭವಿಷ್ಯದಲ್ಲಿ **ನಹುಷ** ಎಂಬ ರಾಜಕುಮಾರನನ್ನು ವರನಾಗಿ ಪಡೆಯುವಳು ಎಂದು ಹೇಳುತ್ತಾರೆ. ನಹುಷನು ದೇವರುಗಳ ಐಶ್ವರ್ಯ ಮತ್ತು ಶೌರ್ಯ ಹೊಂದಿದ ಮಹಾಪ್ರತಾಪಿ ರಾಜನಾಗಬೇಕಾಗಿತ್ತು. ಈ ಭವಿಷ್ಯವನ್ನು ಕೇಳಿ, **ಶುಂಭ ಮತ್ತು ನಿಶುಂಭ** ಎಂಬ ದೈತ್ಯರು ಅಶೋಕಸುಂದರಿಯನ್ನು ಅಪಹರಿಸಲು ಯತ್ನಿಸಿದರೆಂದು ಪುರಾಣ ಹೇಳುತ್ತದೆ. ಆದರೆ ದೇವತೆಗಳ ಆಶೀರ್ವಾದದಿಂದ ಮತ್ತು ಭಕ್ತಿಯಿಂದ, ಅಶೋಕಸುಂದರಿ ಸರ್ವಾಂಶಗಳಲ್ಲಿ ರಕ್ಷಿತಳಾಗುತ್ತಾಳೆ.

ನಹುಷ ಮತ್ತು ಅಶೋಕಸುಂದರಿಯ ಸಂಯೋಗ

ನಂತರ ನಹುಷನು ಮಹಾಪ್ರತಾಪಿ ರಾಜನಾಗಿ ಬೆಳೆಯುತ್ತಾನೆ ಮತ್ತು ದೇವರಾಜ ಇಂದ್ರನ ಸ್ಥಾನವನ್ನೂ ಸಹ ಒಂದು ಕಾಲದಲ್ಲಿ ಪಡೆದುಕೊಳ್ಳುತ್ತಾನೆ. ಬಳಿಕ, ಅಶೋಕಸುಂದರಿಯೊಂದಿಗೆ ವಿವಾಹವಾದ ನಂತರ ಆ ಇಬ್ಬರ ಸಂಗಮದಿಂದ ಸಂತೋಷ ಮತ್ತು ಸಮೃದ್ಧಿಯ ಜೀವನ ಮುಂದುವರಿಯುತ್ತದೆ ಎಂದು ಕಥೆ ವಿವರಿಸುತ್ತದೆ. ಇವರ ದಾಂಪತ್ಯದಿಂದ **ಯಯಾತಿ** ಮತ್ತು ಇತರ ಮಹಾಪುಷ್ಪಿ ಸಂತತಿ ಉಂಟಾದರೆಂಬುದು ಮಹಾಭಾರತದಲ್ಲೂ ಉಲ್ಲೇಖವಾಗಿದೆ.

ಅಶೋಕಸುಂದರಿಯ ಮಹತ್ವ

ಅಶೋಕಸುಂದರಿ ಕುರಿತ ಕಥೆಗಳು ಸಾಮಾನ್ಯ ಜನರಿಗೆ ಬಹಳವಾಗಿ ಪರಿಚಿತರಾಗಿಲ್ಲದಿದ್ದರೂ, ಆಕೆ **ದೇವಿ ಪಾರ್ವತಿಯ ಕರುಣೆ, ಪ್ರೀತಿ ಮತ್ತು ಸೃಜನಶೀಲತೆಯ ಸಂಕೇತವಾಗಿದ್ದಾರೆ**. ಅಶೋಕಸುಂದರಿಯ ಕಥೆಯು ಶಿವಕುಟುಂಬದ ಆರಾಧನೆಯಲ್ಲಿನ ಮೌನವಾಗಿದ್ದ, ಮರೆಯಾಗಿದ್ದ ಅಧ್ಯಾಯವನ್ನು ಬೆಳಗಿಸುತ್ತದೆ. ಆಕೆಯ ರೂಪ ಗೌರವ, ಪವಿತ್ರತೆ ಮತ್ತು ಧರ್ಮಪಾಲನೆಯ ಸಂಕೇತವಾಗಿದೆ.



ಅನನ್ಯ ಮಹೇಶ್

9ನೇ ತರಗತಿ 'ಎ' ವಿಭಾಗ



ಭಾರತೀಯ ಸಂಸ್ಕೃತಿಯ ವೈಶಿಷ್ಟ್ಯತೆ

ಭಾರತವು ವಿಶ್ವದ ಅತ್ಯಂತ ಪುರಾತನ ಮತ್ತು ವೈವಿಧ್ಯಮಯ ಸಂಸ್ಕೃತಿಯನ್ನು ಹೊಂದಿದ ದೇಶವಾಗಿದೆ. ಸಾವಿರಾರು ವರ್ಷಗಳ ಇತಿಹಾಸದಲ್ಲಿ ಬೆಳೆದು ಬಂದ ಈ ಸಂಸ್ಕೃತಿ ಮಾನವೀಯತೆ, ಸಹಿಷ್ಣುತೆ ಮತ್ತು ಏಕತೆಯ ಮೌಲ್ಯಗಳ ಮೇಲೆ ನಿರ್ಮಿತವಾಗಿದೆ. ಭಾರತೀಯ ಸಂಸ್ಕೃತಿ ನಮ್ಮ ಮಾತು, ವೇಷಭೂಷೆ, ಆಹಾರ, ನೃತ್ಯ, ಸಂಗೀತ ಮತ್ತು ನಂಬಿಕೆಗಳಲ್ಲಿ ವ್ಯಕ್ತವಾಗುತ್ತದೆ. ಭಾರತದ ಸಂಸ್ಕೃತಿಯ ಪ್ರಮುಖ ಲಕ್ಷಣವೇ “ವೈವಿಧ್ಯದಲ್ಲಿಯೇ ಏಕತೆ.” ಬೇರೆ ಬೇರೆ ಭಾಷೆ, ಧರ್ಮ ಮತ್ತು ಸಂಪ್ರದಾಯಗಳಿದ್ದರೂ ಸಹ ಭಾರತೀಯರು ಒಟ್ಟಾಗಿ ಬದುಕುತ್ತಾರೆ. ಈ ಸಹಬಾಳ್ವೆ ಮತ್ತು ಪರಸ್ಪರ ಗೌರವ ಭಾರತೀಯ ಸಂಸ್ಕೃತಿಯ ನಿಜವಾದ ಶಕ್ತಿ. ಭಾರತೀಯ ಸಂಸ್ಕೃತಿ ಆಧ್ಯಾತ್ಮಿಕತೆಯ ಮೇಲೆ ಆಧಾರಿತವಾಗಿದೆ. ಪ್ರಾಚೀನ ಋಷಿ-ಮುನಿಗಳು “ಸರ್ವಜನ ಹಿತಾಯ, ಸರ್ವಜನ ಸುಖಾಯ” ಎಂಬ ಮೌಲ್ಯಗಳನ್ನು ಬೋಧಿಸಿದರು. ಇದರಿಂದ ಮಾನವತೆಯ ಮತ್ತು ದಯೆಯ ಬೋಧನೆ ಹರಡಿತು. ಪರಂಪರೆಯ ನೃತ್ಯ, ಸಂಗೀತ ಮತ್ತು ಹಬ್ಬಗಳು ಭಾರತೀಯ ಸಂಸ್ಕೃತಿಯನ್ನು ಶ್ರೀಮಂತಗೊಳಿಸುತ್ತವೆ. ದೀಪಾವಳಿ, ಉಗಾದಿ, ಪೂಂಗಲ್, ನವರಾತ್ರಿ ಮತ್ತು ದಸರಾ ಹಬ್ಬಗಳು ಏಕತೆ ಮತ್ತು ಸಂತೋಷದ ಸಂಕೇತಗಳಾಗಿವೆ. ಭಾರತೀಯ ಸಂಸ್ಕೃತಿ ಹಿರಿಯರಿಗೆ ಗೌರವ, ಪ್ರೀತಿ ಮತ್ತು ಕೃತಜ್ಞತೆಯನ್ನು ಕಲಿಸುತ್ತದೆ. “ಮಾತೃ ದೇವೋ ಭವ, ಪಿತೃ ದೇವೋ ಭವ” ಎಂಬ ಮೌಲ್ಯಗಳು ಕುಟುಂಬದ ಬಂಧವನ್ನು ಗಟ್ಟಿಗೊಳಿಸುತ್ತವೆ. ಭಾರತೀಯ ಸಂಸ್ಕೃತಿ ಕೇವಲ ಹಳೆಯ ಪರಂಪರೆಗಳ ಸಂಗ್ರಹವಲ್ಲ — ಅದು ಜೀವನವನ್ನು ಸಾರ್ಥಕವಾಗಿ ಬದುಕುವ ಮಾರ್ಗವಾಗಿದೆ. ಮೌಲ್ಯಗಳನ್ನು ಕಾಪಾಡಿಕೊಂಡು ಬದಲಾವಣೆಯನ್ನು ಸ್ವೀಕರಿಸುವುದೇ ಇದರ ನಿಜವಾದ ವೈಶಿಷ್ಟ್ಯ.

Harshith J S

9th A

ನಿಮಗೆ ಇದುತ್ತಿರಬಹುದೇ?

೧. ಕೃಷಿ - ವರ್ಣದ ಸಮುದ್ರ: ಹಿಂದೂ ಗ್ರಂಥಗಳಾದ ಭಗವತ ಪುರಾಣ, ಶ್ರೀ ವಿಷ್ಣು ಪುರಾಣ ಹಾಗೂ ಮಗ್ಗೋದಗಳಲ್ಲಿ, ಈ ನಮ್ಮ ಸೃಷ್ಟಿಯು ನಿರ್ಮಿತಗೊಳ್ಳುವ ಮುನ್ನ ಒಂದು ದೊಡ್ಡ ಮತ್ತು ವಿಶಾಲವಾದ ಕೃಷಿ - ವರ್ಣದ ಸಮುದ್ರವಾಗಿತ್ತು ಎಂದು ಹೇಳಲಾಗಿದೆ. ಇದನ್ನು ಈಗ ವಿಜ್ಞಾನದ ದೃಷ್ಟಿಯಲ್ಲಿ ಪರಿಗಣಿಸಿದರೆ ಕೃಷಿ ಸಮುದ್ರವು ಗ್ಯಾಲಕ್ಸಿ ಆಗಿದೆ.

೨. ಮೋಹಿನಿ ಅವತಾರ: ಶ್ರೀವಿಷ್ಣುವು ಪುಣ್ಯದ ವಿಜಯ ಹಾಗೂ ಪಾಪದ ಅಂತ್ಯಕ್ಕಾಗಿ ೯ ಅವತಾರಗಳನ್ನು ತಾಳಿದ್ದರು. ಈ ಯುಗದ ಅಂತ್ಯದಲ್ಲಿ ೧೦ನೇ ಅವತಾರವಾದ, ಕಲಿ ಅವತಾರವನ್ನು ತಾಳುವರು ಎಂಬುದು ನಂಬಿಕೆ. ಆದರೆ ಶ್ರೀವಿಷ್ಣುವು ಇನ್ನೊಂದು ಅವತಾರವನ್ನೂ ತಾಳಿದ್ದರು. ಸಮುದ್ರ ಮಂಥನದ ಸಂದರ್ಭದಲ್ಲಿ, ರಾಕ್ಷಸರಿಂದ ಅಮೃತ ಸೇವೆಯನ್ನು ನಿಲ್ಲಿಸಲು, ಶ್ರೀ ವಿಷ್ಣುವು ಮೋಹಿನಿ ಎಂಬ ಅವತಾರವನ್ನು ತಾಳಿದ್ದರು. ಇದು ಅವರ ಏಕೈಕ ಸ್ತ್ರೀ ಅವತಾರವಾಗಿತ್ತು.

೩. ಸೂರ್ಯ ಗ್ರಹಣದ ಮುನ್ನೂಚನೆಗಳು: ಬುಷಿ ಅತ್ತಿ, ತುರ್ಯ ಯಂತ್ರ ಎನ್ನುವ ಒಂದು ಬಗೆಯ ಯಂತ್ರವನ್ನು ಬಳಸಿ ಸೂರ್ಯ ಗ್ರಹಣದ ಮುನ್ನೂಚನೆಗಳನ್ನು ನೀಡುತ್ತಿದ್ದರಂತೆ. ಈ ಯಂತ್ರದಿಂದ, ಬುಷಿ ಅತ್ತಿಯು ಆಕಾಶದಲ್ಲಿರುವ ಕೋನಗಳನ್ನು ಅಳೆದು, ಮುನ್ನೂಚನೆಗಳನ್ನು ನೀಡುತ್ತಿದ್ದರಂತೆ.

೪. ಯಾವ ದೇವರಿಗೆ ೧೦೦೦ ಹೆಸರುಗಳಿವೆ? ಮಹಾನ್ಯಾಸವೆಂಬ ಗ್ರಂಥದಲ್ಲಿ ಮಹಾದೇವನನ್ನು ೧೦೦೦ ಹೆಸರುಗಳಿಂದ ಬೋಧಿಸಲಾಗಿದೆ. ಶ್ರೀ ರುದ್ರ ಚಮಕದಲ್ಲಿಯೂ ಶಿವನನ್ನು ಹಲವಾರು ಹೆಸರುಗಳಿಂದ ಬೋಧಿಸಲಾಗಿದೆ. ಇದನ್ನು ಶತರುದ್ರಿಯ ಎಂದೂ ಕರೆಯಲಾಗುತ್ತದೆ.

೫. ಭೂಮಿಯ ನೂರು ವರ್ಷ ಬ್ರಹ್ಮ ಲೋಕದಲ್ಲಿ ಒಂದು ನಿಮಿಷ: ಬ್ರಹ್ಮ ಲೋಕದಲ್ಲಿ ಒಂದು ದಿನ - ಒಂದು ಕಲ್ಪ - ಪೃಥ್ವಿಯ ೪.೩೨ ಶತಕೋಟಿ ವರ್ಷಗಳಿಗೆ ಸಮಾನ.

ಮಹಾಭಾರತದಲ್ಲಿ ಒಂದು ಕಥೆ ಪ್ರಸಿದ್ಧವಾಗಿದೆ. ರಾಜ ಕಕುದ್ವಿ ತನ್ನ ಪುತ್ರಿ ರಾಜಕುಮಾರಿ ರೇವತಿಗಾಗಿ ಸೂಕ್ತ ವರನನ್ನು ಹುಡುಕಲು ಬ್ರಹ್ಮ ಲೋಕಕ್ಕೆ ತನ್ನ ಪುತ್ರಿಯೊಂದಿಗೆ ಹೋದನು. ಆದರೆ ಬ್ರಹ್ಮನು ಗೀತೆಯಲ್ಲಿ ಮಗ್ನನಾಗಿದ್ದನು. ಆದ್ದರಿಂದ ಅವರಿಬ್ಬರೂ ಅಲ್ಲಿಯೇ ಕಾಯುತ್ತಿದ್ದರು. ಗೀತೆಯು ಮುಗಿದ ನಂತರ ಸುಮಾರು ಒಂದು ದಿನ ಕಳೆದಿತ್ತು. ಆದರೆ ಅದು ಬ್ರಹ್ಮ ಲೋಕದ ಒಂದು ದಿನವಾಗಿತ್ತು. ಇಲ್ಲಿ ಶತಕೋಟಿ ವರುಷಗಳು ಮೊದಲೇ ಕಳೆದು ಹೋಗಿದ್ದವು. ಆದ್ದರಿಂದ ರೇವತಿಗೆ ಸೂಕ್ತವಾದ ವರ ಸಿಗಲೇ ಇಲ್ಲ.

- ಸಿಂಧು ಗುರುರಾಜ್ ಭಟ್

೨ನೇ ತರಗತಿ 'ಎ' ವಿಭಾಗ

ಬದುಕುವುದನ್ನು ಕಲಿ

ತಾಮ್ರದ ಕೂಡ ಬಾವಿಯಲ್ಲಿ ಇಳಿದಾಗ ನೀರಿನಲ್ಲಿ ಸಂಪೂರ್ಣವಾಗಿ ಬಾಗಿ ತನ್ನೊಳಗೆ ಪೂರ್ಣ ನೀರು ತುಂಬಿಕೊಂಡು ಮೇಲೆ ಬರುತ್ತದೆ. ಅದರ ಪ್ಲಾಸ್ಟಿಕ್ ಕೂಡ ಹಾಗಲ್ಲ. ಅದಕ್ಕೆ ನೀರು ತುಂಬಿಸಲು ಬಹಳ ಪ್ರಯಾಸಪಡಬೇಕು. ಕಷ್ಟವಟ್ಟು ನೀರು ತುಂಬಿಸಿದರೂ ಚೂರು ಕಡಿಮೆಯಾಗಿಯೇ ಮೇಲೆ ಬರುತ್ತದೆ. ಅಂದರೆ ಅರ್ಧ ಯಾವುದು ಬಾಕಿಬಿಡಬೇಕು... ಅದು ಪೂರ್ಣ ತುಂಬಿಕೊಳ್ಳುತ್ತದೆ. ಯಾವುದು ಹೆಚ್ಚು ಬಾಕಿಬಿಡಬೇಕು... ಅದು ಎಂದೆಂದಿಗೂ ಅಪೂರ್ಣವೇ... ಇದೆಬದುಕಿನ ಸತ್ಯವೂ ಕೂಡ.

ನಾವು ಭತ್ತದ ಅಕ್ಕಿಯ ಅನ್ನವನ್ನೇ ಶೇಷವನ್ನು ತೇವೆ. ಜೋಳದ ರೊಟ್ಟಿ ನೈವೇದ್ಯ ಮಾಡುವುದಿಲ್ಲ. ಕಾರಣ... ಭತ್ತದ ತೆನೆಗಳು ತೆನೆಗೆ ಜನ್ನಿನೀಡಿದ ಭೂತಾಯಿಗೆ ತಲೆಬಾಗಿಸುತ್ತವೆ. ಆದರೆ ಜೋಳದ ತೆನೆ ಕಾಳು ತುಂಬಿಕೊಂಡರೂ ಸಹ ಯಾವ ಕಾರಣಕ್ಕೂ ಭೂಮಿಗೆ ತಲೆ ಬಾಗಿ, ಸದೇ ಆಕಾಶ ನೋಡುತ್ತಾ ನಿಲ್ಲುತ್ತವೆ. ಇದರರ್ಥ ಇಷ್ಟೇ- ಸಂಸ್ಕೃತಿಗೆ, ಸಂಪ್ರದಾಯಕ್ಕೆ, ಗುರುಹಿರಿಯರಿಗೆ, ಆ ಭಗವಂತನಿಗೆ, ಭೂತಾಯಿಗೆ, ದೇಶಕ್ಕೆ ಹಾಗೂ ಹಲವು ಪೂಜ್ಯರಿಗೆ ತಲೆಬಾಗುವುದನ್ನು ನಾವು ಕಲಿಯಬೇಕು. ಆಗಲೇ ಮನುಷ್ಯನ ವ್ಯಕ್ತಿತ್ವ ಬೆಳೆಯುವುದು.

ಅಹಂಕಾರ, ಅಧಿಕಾರ ಯಾರಿಗೂ ಎಂದಿಗೂ ಶಾಶ್ವತವಲ್ಲ. ನಾನು ಎಂಬ ಗರ್ವ ತನ್ನೊಡಲನ್ನೇ ಸುಡುತ್ತದೆ. ಕೋಪ, ಅವಹಾಸ್ಯ, ಅವಮಾನ, ದರ್ಪ ಹಾಗೂ ಭ್ರಷ್ಟತೆ ಮನುಷ್ಯನ ಸರ್ವನಾಶಕ್ಕೆ ಕಾರಣವಾಗುತ್ತವೆ. ಎಲ್ಲವನ್ನೂ ನೋಡುತ್ತಿರುವ ಆ ಭಗವಂತ ಆಲಿ ಕುಳಿತು ನಮ್ಮೊಳಗಿನ ನೋಡುತ್ತಿರುತ್ತಾನೆ. ಇದು ಅವನ ಮೈದಾನ, ನಾವಿಲ್ಲಿ ಆಟಗಾರರಷ್ಟೆ... ಎಂಬ ಸತ್ಯದ ಅರಿವಿರಬೇಕು ನಮಗೆ.

ಜಾಸ್ತಿ ಓದಿದ್ದೀನಿ ಎನ್ನುವ ಗರ್ವ ಬೇಡ. ಓದಲು ಸಾಗರದಷ್ಟಿದೆ ಇನ್ನೂ. ನಾನಲ್ಲವನ್ನೂ ಬರೆಯುತ್ತೇನೆ ಎನ್ನುವ ಅಹಂ ಬೇಡ. ದಿನದಿಂದ ದಿನಕ್ಕೆ ಸಾವಿರಾರು ಪುಸ್ತಕಗಳು ಮುದ್ರಣವಾಗುತ್ತಲೇ ಇವೆ. ಎಲ್ಲವನ್ನೂ ಬಲ್ಲವರಿಲ್ಲ! ಬಲ್ಲವರು ಬಹಳಿಲ್ಲ! ಮಗುವಿನಿಂದ ಗುರು - ಹಿರಿಯರವರೆಗೂ ನಾವಿನ್ನೂ ಕಲಿಯುವುದು ತುಂಬಾ ಇದೆ. ಇಷ್ಟೇ ಮುಗಿಯಿತು, ರಾತ್ರಿಯಾಯ್ತು ಅಂತ ತಿಳಿದರೆ ಇನ್ನೆಲ್ಲೋ ಬೆಳಕಿನ ಆರಂಭವಾಗಿರುತ್ತದೆ. ನೀ ಸಾಗುವ ಪಥ ಹೊಸ ಹೊಸ ಪಾಠಗಳನ್ನು ಕಲಿಸುತ್ತಾ ಅನುಭವಗಳನ್ನು ನೀಡುತ್ತಾ ಸಾಗುತ್ತದೆ. ಕಡುಕನ್ನು ಅಥವಾ ಒಳಿತನ್ನು ಆಯ್ಕೆ ಮಾಡಿಕೊಳ್ಳುವುದು ನಿನಗೆ ಬಿಟ್ಟದ್ದು. ಏಕೆಂದರೆ ಪ್ರತಿಯೊಂದಕ್ಕೂ ಫಲಾಫಲ ಅನ್ನುವುದು ನಮಗಿದೆ. ಹೀಗಾಗಿ ಯೋಚಿಸಿ ನಡೆಯಬೇಕು. ಆಲೋಚಿಸಿ ನುಡಿಯಬೇಕು.

ಗುರು ಕಲಿಸಿದ ಎದ್ದೆ, ತಾಯಿ ನೀಡಿದ ಮಮತೆ, ತಂದೆ ಹೇಳಿದ ಸಲಹೆ, ಹಿರಿ-ಕಿರಿಯರು ತೋರಿದ ಪ್ರೀತಿ, ರೈತ ಕೊಟ್ಟ ಅನ್ನ ಯೋಧ ನೀಡಿದ ರಕ್ಷಣೆ, ನಿನಗೆ ಹೊತ್ತ ಭೂಮಿತಾಯಿ, ನಿನಗೆ ಭಾಷೆ ಸಂಸ್ಕೃತಿ ಕಲಿಸಿದ ನಾಡು, ಕಷ್ಟಕಾಲದಲ್ಲಿ ಜೊತೆಯಾದ ಸ್ನೇಹ ಬಾಂಧವ್ಯಗಳನ್ನು ಎಂದಿಗೂ ಮರೆಯದಿರು..... ಬದುಕಿನಲ್ಲಿ ಬಾಕಿವಿಡುವುದನ್ನು ಕಲಿ, ಬದುಕುವುದನ್ನು ಕಲಿ.....

ಪ್ರೊಫೆಸರ್ ಕೆ. ಎಂ.
(ಸಹ ಶಿಕ್ಷಕ)

DID YOU KNOW?





Manya U (VIII B)



Dhanshika U (IX B)



Bhagawathi V (VIII B)

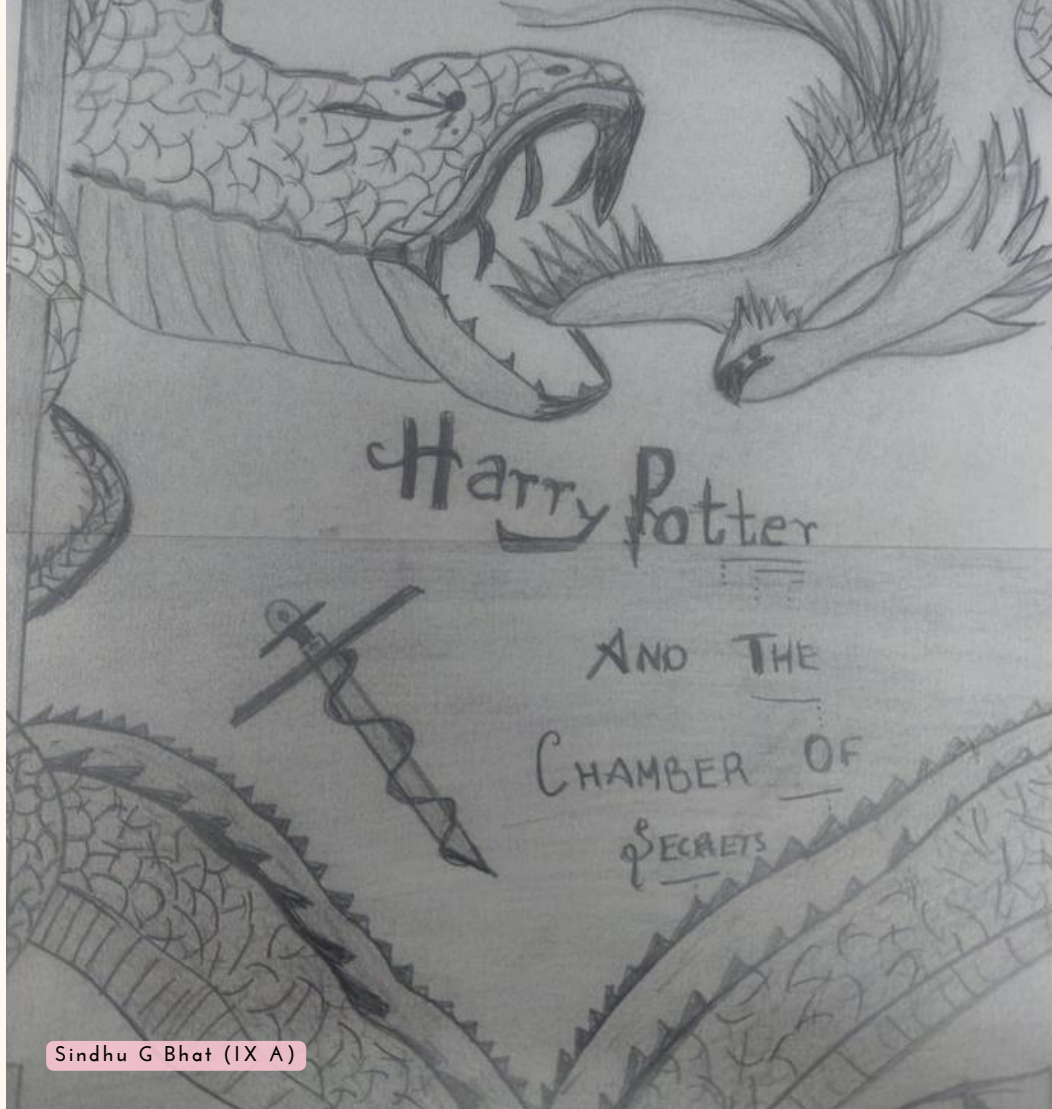


Varun Yadav (IX A)

Chitrana



Deekshith G S (VIII B)



Sindhu G Bhat (IX A)



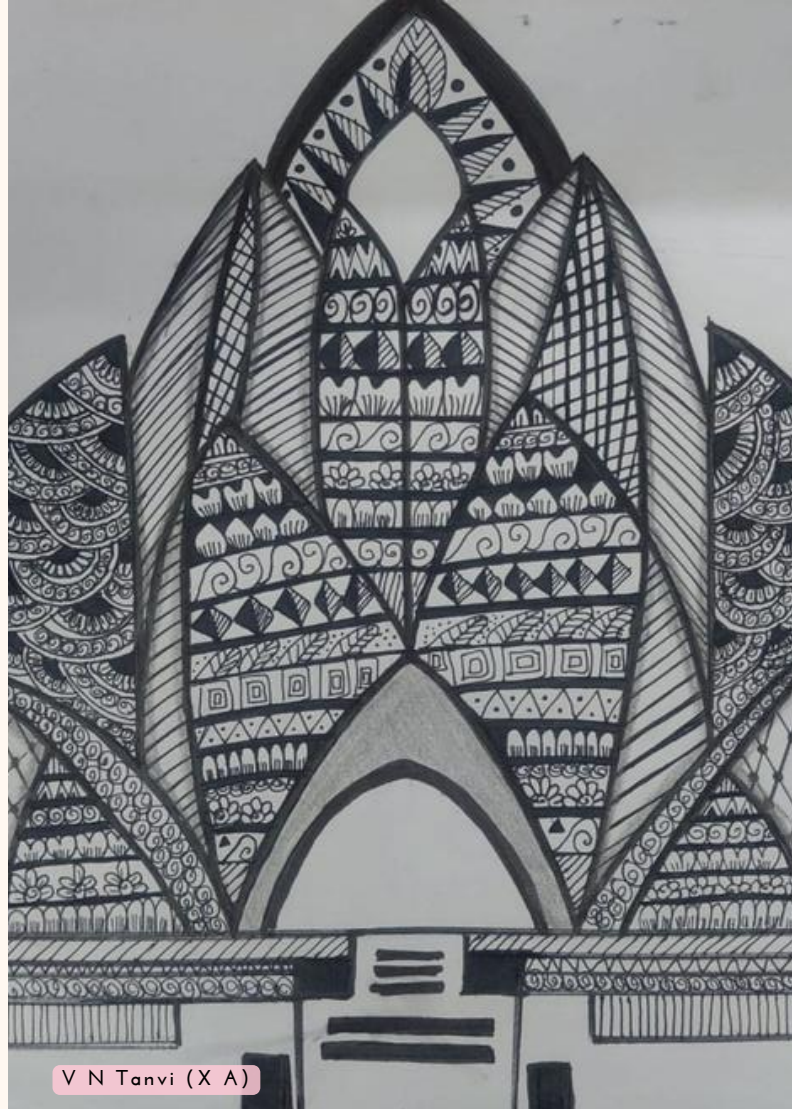
Antony R (VIII B)



Lakshmi Manoj (IX B)



Lalith M (IX B)



V N Tanvi (X A)



K S Gagan (IX B)



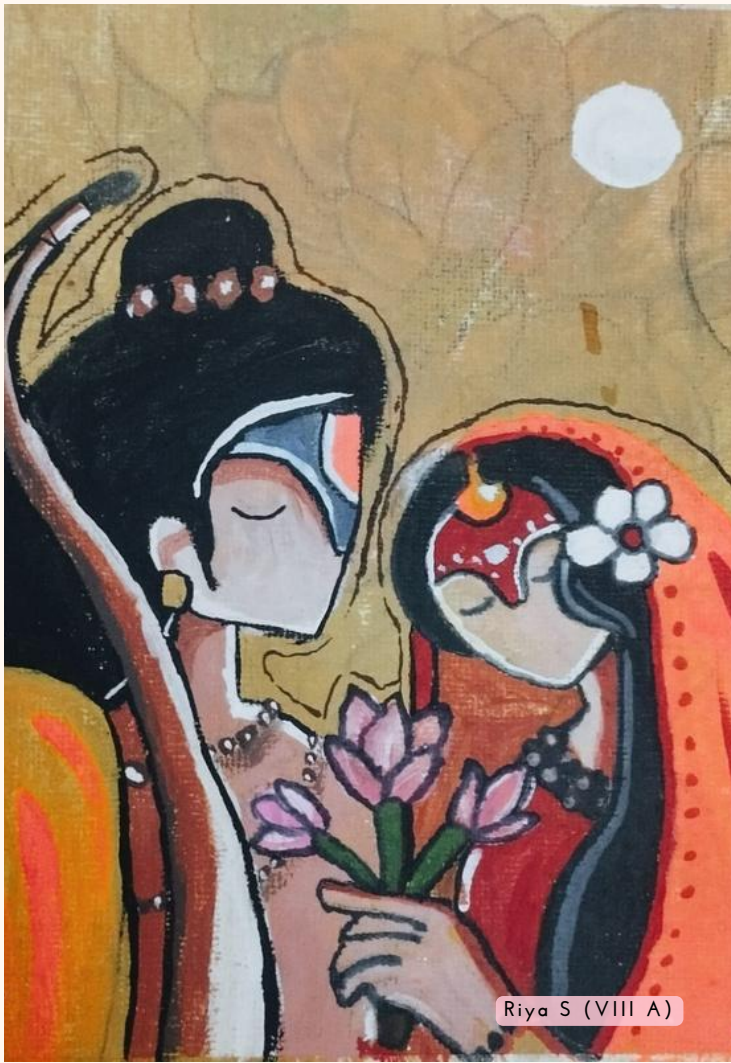
Kavyaashree S (IX A)



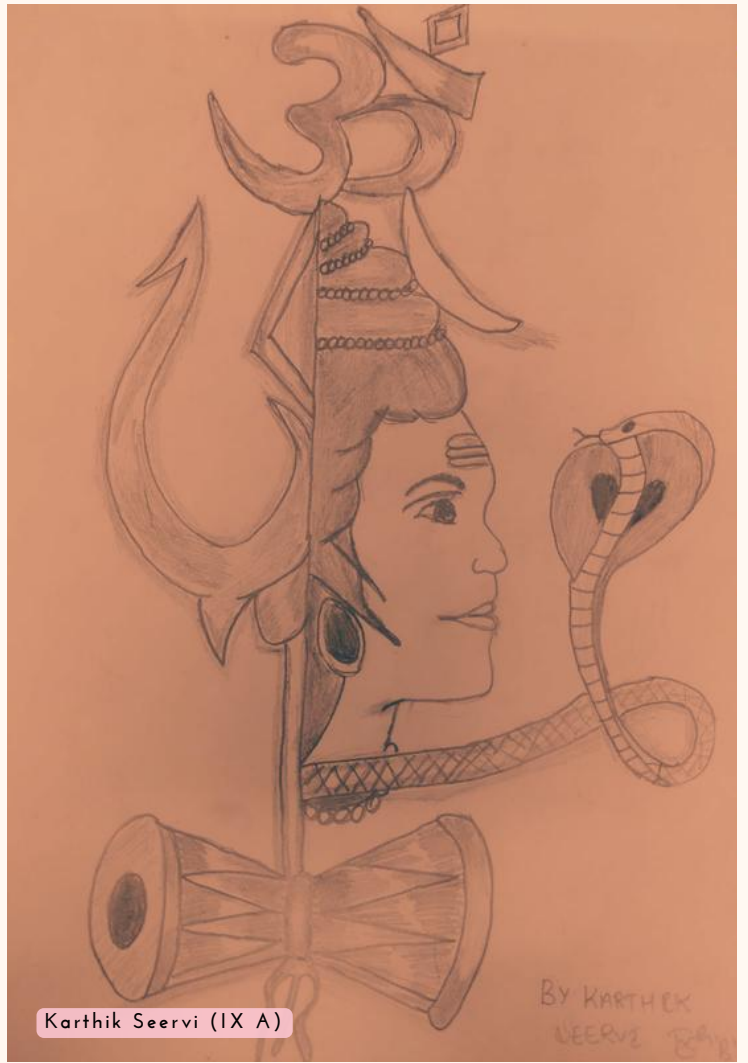
Ananya Mahesh (IX A)







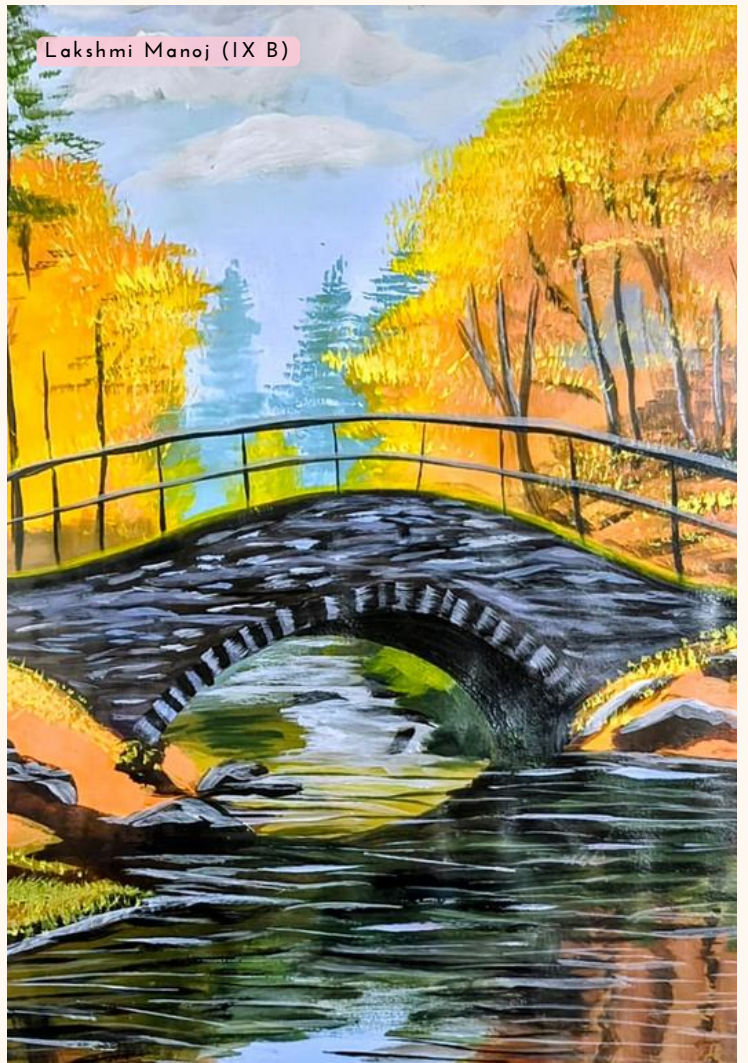
Riya S (VIII A)



Karthik Seervi (IX A)



Maya U (VIII B)



Lakshmi Manoj (IX B)



Investiture Ceremony

Celebrated on the 19th of July, the Investiture Ceremony was not just a celebration of positions, but a reminder that every student has the potential to lead by example.

A team of young leaders were entrusted with responsibilities by our chief guest Narasimha Murthy, Police Inspector, Kothanur Police Station.





Club Inauguration

The inauguration of club activities for the academic year 2025-26 was held with great enthusiasm and anticipation at on 17th of July 2025.

The event witnessed the formal launch of various clubs including the Literary Club, Science Club, Eco Club, Math Club, Heritage Club, and Performing Arts Club by our alumni Mr. Bharath.





Sports Competitions

Winners are not those who never fail, but those who never quit. At our school, sports are not just about winning medals- they're about building strength, character and a never-quit attitude.





Sports Day

Victory comes to those who give their best. Sports Day – where effort matters more than medals.





Mock Parliament

A 'Mock Parliament' session was conducted on 31/08/2025 to nurture democratic values and promote active citizenship among students. The event aimed to provide students with a hands-on experience of how the parliamentary system works, fostering critical thinking, public speaking, and collaborative decision-making.

The highlight of the event was the Question Hour, where MPs from both sides questioned the ministers on various issues, sharpening their analytical and communication skills.



Kargil Vijay Diwas

Kargil Vijay Diwas is observed on 26th July to commemorate India's victory over Pakistan in the Kargil War of 1999. It is a day to remember the unmatched bravery, unwavering patriotism, and ultimate sacrifices made by our soldiers who fought valiantly in the harshest conditions to protect our nation's sovereignty.



Cultural Competitions

The vibrant performances and colourful presentations create a festive atmosphere in the school not only entertaining but educating students about our rich cultural heritage and the importance of unity in diversity. Talent shines brightest when given the right stage to perform.







CULTURAL PRIZE DISTRIBUTION



HUMANITIES EXHIBITION

ECHOES OF CULTURE AND



Humanities Exhibition

A Journey Through Culture and Creativity.

"The past is not dead; it lives in the lessons we learn and the stories we tell."





KSCCW Drawing Competition

The painting competition held this year on 31st October, was a vibrant celebration of creativity, imagination, and artistic expression. Students from classes I to X participated with great enthusiasm, turning plain sheets of paper into colourful works of art.

Winners: Ashika (9th A), Daksha S(9th A) , Manya U(8th B), Anagha A R (8th A), Deepthi M (10th B) Roshini P S(10th A)



PPISR Outreach Program

Students of 9th standard visited PPISR as part of an educational initiative aimed at bridging classroom learning with hands-on exposure to advanced research. The visit proved to be both inspiring and informative.



Rotary Club Inauguration

The Rotary Club Inauguration laid a strong foundation for meaningful service activities and leadership opportunities. It inspired everyone to believe in the Rotary motto, "Service Above Self," and to work collectively for a better and brighter future.



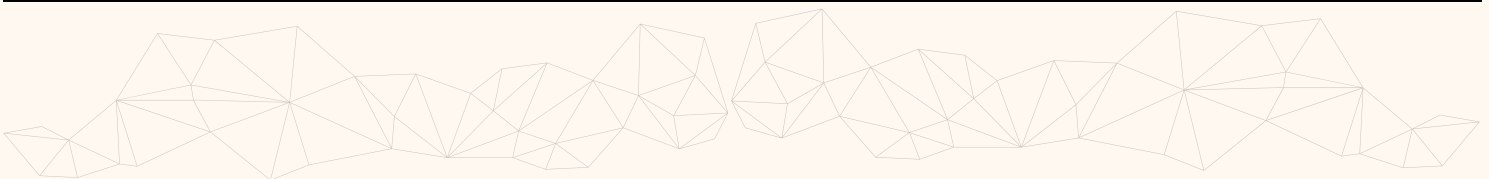
Health Check-Up

Health is the greatest gift, contentment the greatest wealth, faithfulness and the best relationship.



Constitution Day

Constitution Day is not just a celebration of a historical document but a reminder of our commitment to democracy, unity, and the rule of law.



Saraswathi Pooja

With folded hands and pure hearts, we celebrate Saraswathi Puja. May the goddess of learning bless every mind with wisdom. With devotion and faith, the SSLC Batch 2025–26 seeks the blessings of Maa Saraswathi.



Gita Samstuti

An Inter-School Competition





National Mathematics Day

As Galileo Galilei said, "Mathematics is the language in which God has written the universe." Mathematics Day was celebrated with great enthusiasm, emphasizing the role of mathematics in developing logical thinking and problem-solving skills





One Day Trip

An adventure that sparked curiosity, creativity, and lifelong memories.





Voters' Day

It was observed with enthusiasm at our school, highlighting the importance of every citizen's right and responsibility to vote. This day aimed to educate students about democracy, the electoral process, and the role of informed citizens in shaping the future of the nation.





Madhwa Navami

It is a special day celebrated to honor Saint Madhvacharya, the great philosopher and proponent of the Dvaita (dualism) school of Vedanta. Observed with devotion and enthusiasm, this day reminds us of his teachings on spirituality, devotion, and the importance of righteous living.



Victory at Chakravyuha A Proud Moment

Our students emerged victorious in Chakravyuha, a prestigious event hosted by Widia Poornaprajna Pre-University College. This remarkable achievement reflects their talent, teamwork, and determination to excel beyond the classroom.



Inter PPEC

Inter-school competitions are the playground where talent meets opportunity and determination turns into achievement."

"It is not just about defeating others, but about discovering your own strength."



Art and Craft Exhibition

Hands that create, minds that innovate
Simple materials, stunning creations!

Art and Craft Exhibition

Hands that create, minds that innovate
Simple materials, stunning creations!



National Science Day

Women in Science: Catalysing Viksit Bharat"
highlighting the pivotal role of women researchers in building a developed, self-reliant India.





Class 8A: 2025-2026



Class 8B: 2025-2026



Class 9A: 2025-2026



Class 9B: 2025-2026

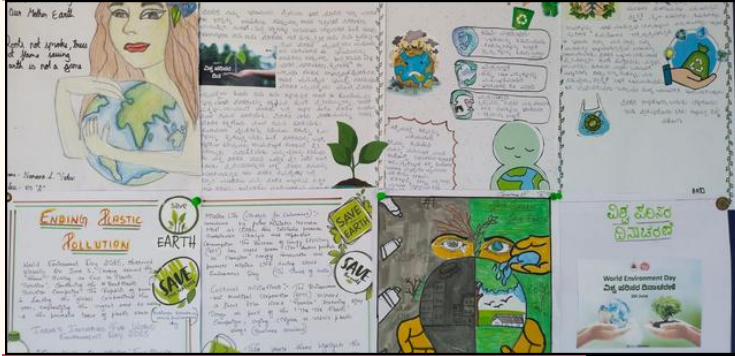


Class 10A: 2025-2026



Class 10B: 2025-2026

when
the
school
comes
together



Environment Day

"Nurture Nature, Save Our Future"!

PPEC celebrated Environment Day, by introducing a new topic called **"SEED BANKING"**. Students were encouraged to collect different seeds for a better future.





International Yoga Day

On International yoga day, celebrated on 21st June, students were trained to embrace yoga not just as a physical exercise, but as a lifestyle of mindfulness and inner strength. "Yoga adds years to your life, and life to your years".





Founder's Day

Founder's day is not just about looking back- its about moving forward with pride. It reminds of our founder, who believed that every child deserves the light of education. This year, founders' day was celebrated on 3rd of July, not just by remembering, but by becoming the best versions of ourselves.

Chief Guest: Mr. Krishnarjun C N, CSR Director, Former President Rotaract club of Swarna Bengaluru



Karnataka Rajyotsava

Karnataka Rajyotsava Day, was celebrated at PPEC, by inviting our chief guest Col. SUBEDAR BIDDAPPA KN, a former Cargill warrior, who has attained several ranks.

The day was celebrated and honored by our chief guest who hoisted the flag along with our respected Principal Tejaswi Ballary and staff members of the school.

The event began by singing the Karnataka National Anthem written by our National poet Kuvempu. Several other events include dances and groups songs displayed by the students.



Independence Day

"Freedom is our birth right, let's cherish it."

The 79th Independence Day was celebrated in our school with great pride and patriotic fervor. The entire campus was beautifully decorated with tricolour flags, ribbons, and balloons, reflecting the spirit of freedom and unity.

"The event was honored by the presence of Dr. C. K. Manjunath – Director for Academics and Training, Poornaprajna CBSE Schools."



Sanskrit Day Celebration

Sanskrit Diwas was celebrated on 12th of August with great enthusiasm and reverence which aimed to highlight the significance of the Sanskrit language — the mother of many Indian languages and the treasure house of ancient wisdom.





Annual Day

Raaga, Thala, Bhava

In notes of Raaga, soft and deep,
In beats of Thala, steady we keep,
In shades of Bhava, hearts that feel—
A world of art, alive and real.

Steps that speak, and eyes that sing,
Emotions flow in everything,
A rhythm, a melody, a story to say—
All come alive on Annual Day.









Republic Day

Republic Day is a reminder that freedom and democracy come with responsibilities. As young citizens, students are inspired to uphold the principles of the Constitution and contribute positively to society. It is a day of reflection, pride, and renewed commitment to building a better, stronger India.



Achievers



KAIVALYA UDUPA (UNDER 14) AND MANASWINI UDUPA (UNDER-10) HAVE BEEN AWARDED THE FIRST PLACE (GOLD MEDAL) IN KICK BOXING AT STATE LEVEL KARATE CHAMPIONSHIP



KAVIRAJ OF VII(A) PARTICIPATED IN KRSA HOCKEY LEAGUE SEASON -3 -2025 AND BROUGHT VICTORY TO PPEC BY WINNING A BRONZE MEDAL.



CHIRANTH B C OF V STD HAS SECURED DISTINCTION IN THE INTER SCHOOL EXAMINATION (RAMAYANA)

Achievers



Our student Dheeman Pramanick of class 9 , represented our school in the **Annual Vajrotsava Bharati Rolling Shield**, a prestigious event organized by Sringeri Sharada Peetha. Competing among 125 schools and nearly 8000 students, he achieved an **outstanding 5th rank**.

As a recognition of his excellent performance, he has been awarded a cash prize of ₹10,000, silver coin and an exclusive complimentary trip to Sringeri . He received the award from Poojya Sringeri Swamiji in the month of January. His success is a matter of pride for our school.

Achievements in SOF Olympiad



SUCCESS IN OLYMPIADS IS NOT JUST ABOUT KNOWLEDGE, BUT ABOUT THE CURIOSITY TO LEARN AND THE COURAGE TO CHALLENGE ONESELF."

THIS YEAR, THE NUMBER OF STUDENTS WHO BAGGED GOLD MEDALS IN OLYMPIAD EXAMINATIONS ARE AS FOLLOWS:

MATHEMATICS: 14

SCIENCE: 15

ENGLISH: 2

PRAGATI

कर्मण्येवाधिकारस्ते मा फलेषु कदाचन।
मा कर्मफलहेतुर्भूर्मा ते सङ्गोऽस्त्वकर्मणि॥

